

“Be at war with your vices, at peace with your neighbors, and let every new year find you a better man”- Benjamin Franklin

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Parma Heights Mayor Michael P. Byrne Elected To RTA Board

by Dale Powell

On December 10, 2018 Parma Heights Mayor Michael P. Byrne was elected by the Cuyahoga Mayors and City Managers to a 3 year term on the Greater Cleveland Regional Transit Authority (RTA) Board of Trustees. He replaced Newburgh Heights Mayor Trevor Elkins. This is welcome news to many people in our community that rely on RTA for their major if not only form of transportation. There is a strong hope that having someone from this area



Parma Heights Mayor Micheal P. Byrne

serve on the board will improve conditions experienced by riders here which have worsened over the past several years. **continued on page 10**



Pitt Ohio recently installed eight vertical wind turbines to make its new trucking terminal on Chevrolet Boulevard energy efficient. The new complex is expected to be completed in June.

Pitt Ohio And Midtown Plaza Projects Have Positive Economic Impact On Parma

by Carolyn Kovach

Two major projects will be beneficial to Parma's economic development and will offer more job opportunities for residents. Pitt Ohio, a transportation and logistics company headquartered in Pittsburgh, is building a new complex in Parma that will bring nearly 200 jobs to the city. The 100,000-square-foot trucking terminal on Chevrolet Boulevard will rely heavily on wind energy produced from its eight newly constructed vertical wind turbines. The trucking company's \$3.3 million complex will also include solar panels in an effort to make the facility independent of the energy grid. Pitt Ohio prides itself on sustainability. "Anytime you have a great company like Pitt Ohio wanting to locate in your city, you want to partner with them on projects of this magnitude, and that's what we've done," Parma Mayor Tim DeGeeter said.

The 100-dock facility is expected to be completed in June and will move from its current Cleveland location. Parma Planning Commission worked three years to approve the plan. Construction began in late 2018 and will continue in 2019. In addition to promoting job growth, Pitt Ohio has also spoken with some city officials about the company supporting educational initiatives. "They're talking about partnering with the schools regarding STEM education. So we're ready to finally get them going; get them to Parma. It has taken longer than anticipated, but it's a project that's finally coming around," DeGeeter said.

The multimillion-dollar renovation of the 54,000-square-foot Mid-



The 54,000-square-foot Midtown Plaza will have a new look by the end of 2019. Aldi and Planet Fitness are expected to move into the redesigned shopping center.

town Plaza is the other major development in the works for the new year. Parma Planning Commission approved

the redevelopment plan in late November for the retail space, now owned by LRC Realty. The **continued on page 10**



Parma Area Celebrates Its Pizza Shops With Bake-Off January 24

by Kathie Zipp

Did you know that the Parma area has more than 20 pizza shops, not even counting chains or bars that serve slices of everybody's favorite pie? With that many shops, The Young Professionals of Parma thought if smaller areas like Lakewood and West Park hold bake-offs, why shouldn't Parma? The non-profit organization is proud to announce it has partnered with the City of Parma, City of Parma Heights and the City of Seven Hills to host a pizza bake-off Thursday, January 24, 2019. The event will take place from 5:30 p.m to 8:30 p.m. at German Central at 7863 York Rd. Attendees will be able to sample pizza slices from various vendors and vote for their favorite.

The event is open to all ages. Tickets are available for purchase online in advance at parmapizza.org. Adults are \$10; children ages 6-12 are \$5; children ages five and under are free. Tickets will also be available at the door for \$12. Tickets include all-you-can-eat pizza

samples (pepperoni and cheese) and one pop or water. There will also be a cash bar (credit cards not accepted) serving alcohol.

A 50/50 raffle and baskets will also be available for a chance to win cash and a variety of prizes. The event will also feature live music from local bands.

All local pizza shops in the Tri-City area are invited to participate. The group currently has confirmations from shops including Fratello's Pizza, Napoleon's Pizza, Antonio's Pizza, State Road Pizza, Tony's Pizza, Giovanni's Pizza and more.

The Young Professionals of Parma is a 501(c)(3) non-profit organization striving toward the enhancement of the Greater Parma area. The group provides civic, philanthropic and social opportunities, while supporting and fostering local businesses. Its goal is to promote positivity and city pride. In line with its philanthropic mission, a portion of the event's proceeds will go to the Parma Hunger Center

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Naf Naf Now Open In Parma



Naf Naf opened its doors in December at The Shoppes at Parma. Wonderful Middle Eastern food at good prices. 39 locations in the USA, now one here. People were lined up out the door on the first day of business.

Parma Area Chamber Of Commerce Christmas Holiday Party



The Parma Area Chamber Of Commerce held their annual Christmas Holiday Party at the Ridgewood Golf Course Club House this year. What a wonderful setting for this event, in the nearly 100 year old historic structure where a great deal of Parma history has taken place.

COMMUNITY NEWS

The President’s Corner

by Sean Brennan

Before you read this column, define the word “impeachment.” If you are like most, you may have answered something along the lines of, “to remove an official from office.” However, if that were the definition, then why did Presidents Andrew Johnson and Bill Clinton – the only presidents to have been impeached - remain in office following their respective impeachments? The answer is that the word impeach means to accuse of wrongdoing. It is the equivalent of a criminal indictment, when a defendant is accused of a crime by a grand jury. Both Presidents were accused of breaking the law, but neither were found guilty of the crimes, nor, subsequently, removed from office.

This month I decided to write about impeachment due to the fact that many folks have been asking me about it in recent weeks. Many of the people who ask me about impeachment – including Democrats, Republicans and Independents - want to know whether or not it is possible that President Trump could be removed from office. The civics teacher in me could not resist the temptation to write about one of my favorite government topics.

Article II, Section 4 of the U.S. Constitution states, “The President, Vice President and all civil Officers of the United States, shall be removed from Office on Impeachment for, and



Sean Brennan,
Parma City Council President

Conviction of, Treason, Bribery or other high Crimes and Misdemeanors.” The process begins in the U.S. House of Representatives’ Judiciary Committee. The committee investigates and decides whether or not to approve articles (charges) of impeachment. For instance, in the case of President Richard Nixon, the Judiciary Committee approved three articles, including obstruction of justice, abuse of power and contempt of Congress stemming from the Watergate scandal, while President Clinton faced obstruction of justice and perjury charges from the committee as a result of the Monica Lewinsky scandal.

Once the House Judiciary Committee approves articles of impeachment, they are sent before



the full House, which consists of 435 members. It takes a simple majority (50% + 1) to formally impeach – 218 votes, if all are present. President Nixon resigned prior to this occurring, therefore was never impeached. President Clinton, on the other hand, was subsequently impeached by the full House on both counts by the Republican majority at the time. In short, the majority party has the power to define what a “high crime or misdemeanor” is and to impeach the President. Thus, the incoming Democratic majority will have it within its power to impeach the President in 2019.

Next, the process moves to the United States Senate, which holds an impeachment trial. The 100 Senators (2 from each state) act as the jurors in the trial, which is presided over by the Chief Justice of the U.S. Supreme Court, currently John Roberts. Following arguments by the defense and prosecution, the Senators vote. At this point

the Constitution requires a two-thirds threshold or 67 Senators to find guilty, if all are present. If found guilty on any charge, the defendant is removed from office. In the case of President Johnson, he stayed in office due to a single vote. President Clinton was also acquitted on both charges. In fact, even some Republicans crossed the aisle and voted to not

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Be A Santa For A Senior At Pleasant Lake Villa Helps Many

by Divna Majstorovic

Our Family Caring for Yours. Pleasant Lake Villa held its 3rd annual Be a Santa to a Senior gift drive to help make the holidays a little brighter for senior citizens in the community. The drive was held December 3-7 and items were dropped off at Pleasant Lake Villa and Regency West Hospital. A reception for the community members was held at Pleasant Lake Villa on December 6th. “This year, Regency West Hospital in Middleburg Heights contributed as a drop off site” shared Brittany Stepp, Pleasant Lake Villa Clinical Liaison. “With the addition of Regency West Hospital, we gathered over 500 items to help our surrounding communities.” Donations were given to help needy senior citizens in Brooklyn Heights, Garfield Heights, Middleburg Heights, Parma, Parma Heights, North Royalton senior centers.

Pleasant Lake Villa, proudly serving the community for over 31 years focuses on serving Parma and the surrounding cities. Family owned and operated, the facility staff takes great pride in their positive impact on the community as a premier healthcare provider.

Pleasant Lake Villa offers a



On December 6 the Be A Santa For A Senior program was in full swing At Pleasant Lake Villa in Parma. Sarah Box from Legacy Health Services along with her helper, Clinical Liasison Brittany Stepp, and Parma Ward 5 Councilman Allan Divis were there to help celebrate the kick off.

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care. For more information, call 440-842-2273 or email Admissions. PLV@LHShealth.com



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HEALTH AND WELLNESS

Road to Recovery:
Even The Best Cancer Treatment Doesn't Work If You Can't Get There

by CJ Sheppard

When Frances Cole’s oncologist recommended radiation therapy for breast cancer, the 91-year-old widow faced a daunting roadblock: no reliable transportation to get to her appointments at the Seidman Cancer Center at University Hospitals Parma Medical Center. At first, the Parma Heights woman who no longer drives declined treatment. She didn’t want to burden anyone else’s life with six solid weeks of daily radiation appointments. But her doctor nudged her down the Road to Recovery, an American Cancer Society program that provides complementary transportation to patients who need help traveling to cancer-related medical appointments. “I’ve never taken things from people without paying for it, and I sort of felt guilty,” said Frances, whose husband died three years ago and who refused to ask family members to miss work or rearrange schedules for such a major time commitment. “All the drivers were so nice. And I felt so good about my nurses and my care, I just needed help getting there.”

Deb Sander, one of the nearly 280 volunteer drivers across Northern Ohio, was the first to pick up Frances. A breast cancer survivor herself, she finds it easy to talk with those open to chatting. Volunteer drivers indicate areas they’re willing to pick up patients. Deb

typically works one to two days each week. “I honestly think I receive even more than I give,” said Deb, who has provided 122 rides since she started volunteering in May 2017.

Road to Recovery serves patients from communities across Ohio, with the greatest need in Cuyahoga, Geauga, Lake and Portage counties. All drivers must have a valid driver’s license and good driving record, proof of car insurance, and access to a computer for scheduling rides. Drivers use their own vehicles and pay for their own mileage. A thorough screening and training is done for all drivers before they begin transporting patients.

“Road to Recovery is at the very heart of the American Cancer Society’s work of removing barriers to quality health care,” said Erica Hirsh, Health Systems Manager for the American Cancer Society. “We are all too aware that even the best treatment won’t work if the patients cannot get there.”

Frances is beyond grateful for the kindness of strangers who gave her a lift, and a chance to beat her cancer. “There are so many beautiful people in this world that you don’t know about, who are willing to help,” said Frances.

To volunteer for Road to Recovery or to schedule a ride, call 800-227-2345. Calls are answered 24/7, but three days’ notice is requested to arrange transportation.



Road to Recovery provides complimentary rides to cancer treatment and appointments at hospitals like UH Parma Medical Center's Seidman Cancer Center.

UH Parma Medical Center Holds Screenings
For Peripheral Artery Disease On Jan. 26

by CJ Sheppard

Do you experience cramping, pain or tiredness in your legs or hip muscles while walking or climbing stairs? These are the most common symptoms of Peripheral Artery Disease or PAD.

This condition may often go undiagnosed yet leave you at higher risk for coronary artery disease, heart attack or stroke. It is caused by atherosclerosis, or a narrowing or blockage of critical arteries. Your risk for PAD increases with age. High blood pressure, high cholesterol, diabetes and smoking also put you at higher risk for PAD.

A simple, painless screening is available to diagnose this condition. On Saturday, January 26, University Hospitals Harrington Heart & Vascular Institute is holding vascular screenings for PAD from 9 a.m. – 1 p.m. at University Hospitals Parma Medical Center, 7007 Powers Blvd., Parma.

Appointments are required. Please call 800-883-3674 for an appointment today to be screened for this serious but treatable condition. Screenings will take place in Cardiovascular Services on the hospital’s first floor.

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Call (440) 459-0200 or visit uhhospitals.org/parma to book your appointment.

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OBSERVER

Myth Debunked:

Parma Bars DO Serve Craft Beer

by Kathie Zipp

If you're from Parma, you probably have a family beer, and that beer is most likely domestic. Ours is Pabst. My neighbor's is Genesee. My friend's is Miller Light. The domestic preferences of previous generations have been reflected in many of the tap offerings at local Parma bars. And while my generation (those of us in our 20s and 30s) can certainly appreciate an ice-cold and affordable domestic beverage, our tastes are also representative of the exploding craft beer scene. We're lucky to have so many local breweries in the Cleveland area and, while some may think all of Parma's

hood regulars, to our old-timers, to our college kids and sports fans, the people who frequent Red Circle are different in age and taste," he said. "It is our goal to provide a selection that can appeal to anyone who walks into our bar. So while you may be fine cracking open a Busch Light with your buddies, we also offer a great selection of seasonal beers and IPAs for those who want to try something a little different."

In addition to its classic "Cheers-like" rectangle bar, a few years ago Pounders Bar & Grill added an entire new taproom for craft beer with 12 kinds on tap and another

40 in bottles. "We felt there was a demand for craft beer," said Erin Sabol, operating partner at Pounders. "The craft beer scene has exploded over the past few years and we try to be current with ongoing trends." To keep up with those trends, Pounders is constantly changing its tap list. "We do not have repeat beers too often to keep the selection fresh and current," Sabol said. "Due to our status in the craft beer community we are able to bring in a lot of hard-to-get beers and one-offs. Some you can't even find in stores."

Newer bars know craft brews are essen-

tial to attracting a customer base too. Sloppy Bob's opened this year and owners Bob and Kelly Lasecki have teamed up with the app Untappd to feature all of their up-to-date craft drafts and cans. Also having recently opened its doors, Legends Sports Bar & Grill—in the former spot of Playground Bar & Grill and the Fox & Hound—offers beers from Collision Bend Brewing Company to Saucy Brew Works and other craft

still set on Pabst (no offense Mom and Dad), I'm excited to see more craft beers on the taps of many of the city's bars and restaurants; actually my parents are drinking craft beer now too.

The Red Circle has been a Parma staple for generations and so brings in patrons of all ages. That's why owner Rocky Farinacci added craft taps from places like Great Lakes and Goldhorn. "From our neighbor-



Pounders Bar & Grill built an entire taproom to feature its craft beer selection. (Credit: Rick A., Yelp)

selections. "We choose to carry craft beers so people have the opportunity to step out of their comfort zone and try brands that they might not have tried at a domestic price point that they can afford," said general manager Jennifer M. Natale.

That's another plus to drinking craft in Parma; you won't pay the steep prices you may downtown or in other areas. "We believe that keeping our prices low and our selection high keeps our customers coming back from week to week," said Farinacci. Having small businesses themselves, all the owners I chatted with said that carrying craft

beers was also about supporting local businesses. "A lot of the craft beers that we carry have Northeast Ohio origins, as well as the Northeast region of the United States," Natale said. "The theme for our businesses has always been to support local businesses and what they have to offer to the community."

You can also find craft beer on tap at Parma Tavern, Parma Cafe, Two Bucks and Tradesman Tavern. So go out and enjoy a cold craft at an affordable price and support our plethora of neighborhood Parma watering holes.

Tri-C's Women in Transition Program Opens Spring Session Registration At Western Campus

by John Horton

The Women in Transition program at Cuyahoga Community College (Tri-C) will launch a new session at Western Campus on Jan. 14. The free program empowers women in their pursuit of education and professional training. Participants build confidence and self-esteem through classes on personal development, career exploration and financial and computer literacy. The course is designed to assist women in transitional periods of their lives, such as a career change or return to the workforce. The eight-week, noncredit program is free and open to the public.

Classes will be held at Tri-C's Western Campus from 10 a.m. to 2 p.m. Mondays, Tuesdays and Wednesdays from Jan. 14 to March

6. Western Campus is at 11000 Pleasant Valley Road in Parma. Registration is required for the program. To learn more or to enroll, call 216-987-5091. Women in Transition also runs eight-week sessions at Tri-C's Eastern Campus in Highland Hills, Metropolitan Campus in Cleveland and Corporate College® West in Westlake. For more information, visit www.tri-c.edu/women-in-transition. A second spring session will be held at all locations beginning the week of March 18.

Tri-C's Women in Transition program has contributed to thousands of personal success stories since holding its first class in 1978. It typically serves about 300 women a year.



Pounders Bar & Grill's selection of craft beer is always changing (Credit: Pounders)



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Show Kids You Care: Learn What They Have to Teach.

Asset Corner #109

by Gene Lovasy

Show kids you care: deal w/problems & conflicts while they're still small.

January's Asset Category:

Positive Identity

Help young people bring out their best

The way people feel about themselves can fluctuate with circumstances. Depending on what's happening, you may feel confident or unsure, optimistic or pessimistic, in control or not in control. What's important is what a person's identity is like most of the time. People who have a strong, positive sense of self maintain these qualities even when difficulties arise. They continue to be hopeful and optimistic, and believe they can make a difference. This column's focus will be on.....Asset #39 – Sense of Purpose

What if you live to be 100?

If you lived to 100, what would you want people to remember about you? Would your actions over the years reflect what you believed in and stood for? When young people think today about what they want to accomplish in their lives, it shapes their sense of purpose. Each and every young person has something unique to offer the world.

Here are the facts

Research shows young people who have a sense of purpose feel good about themselves, get along better with their parents, and get into less trouble. About 57 percent of young people, ages 11–18, say their life has a purpose, according to Search Institute surveys. For those who do not, caring adults can help them identify what matters most to them and what they find meaningful.

Tips for building this asset

Ask young people what inspires or excites them and share your thoughts on

the subject with them. Encourage them to write down their thoughts about the meaning of life to help gain a greater understanding about what's important to them. Tell them to review what they've written from time to time and notice how some of these things may change over time. Let them know changes are

healthy and natural as people mature. Encourage them to aim for the things that give their lives purpose.

Also try this

In your home and family: Ask your child how he or she would like to contribute to the family and to others in the community. Then help her or him get started.

In your neighborhood and com-



by Jean Micklewright

December Highlights: The NEW MYCOM website is up and ready to view! Check out what MyCom is and does on MyCom-CLE.org !!!!

Out of School Time Family Nights

The Parma Heights PACT (Police and Communities Together) Unit Family Night on December 11th was a great time to engage both youth and parents. It was good to reconnect with some youth from our R Rules program and their parents, as well as meet new parents and youth. We ate dinner and played games with the youth and parents, with family night funding supplied through the Starting Point grant. We were able to share about MyCom, Advocacy Day and summer employment with some of the youth in attendance. Parma Hts. Councilwoman JoAnn Koch was in attendance and greatly appreciated

our support.

The Discovery Centers Family Night on December 13th had 87 in attendance. This OST Starting Point funded event had all four Parma City School District Discovery Centers on the guest list. Ridgebrook Elementary, Thoreau Park Elementary, Valley Forge High School and Parma Senior High School all had youth and family members there enjoying this Winter Celebration. There was Chicken Parmesan, Rigatoni and Meatballs, Salad, Rolls and an assortment of cookies for dessert. The craft stations included making no-sew blankets, paper cut-out ornaments using coffee filters, coloring bookmarks, decorating wooden frames and creating hand

munity: Look for stories or images that depicts local people who've lived with a clear sense of purpose. What did they accomplish? Write an article about one of these people for your local newspaper or newsletter.

In your school or youth program: Ask young people in your school or program to help younger kids. Pair them up in general mentoring relationships or for tutoring on specific school subjects. This will give the older kids a sense of purpose, as well as model to the younger ones what it means to help others.

Visit www.parmacityschools.org/ character, www.search-institute.org/assets for more information about the 40 Developmental Assets and ideas for helping young people build them. Or go here <http://www.parentfurther.com/> for great asset-based parenting tips, tricks, activities and ideas.

warmers out of socks filled with rice. All finished items are being donated to Broadview Multi-Care Center in Parma. What a great service project for all. OhioGuidestone staff provided parenting resources on a variety of topics for families to take home. The Cuyahoga County Public Library donated some advance copies of books that youth could take home with them. Ten Poinsettia Plants were given away as door prizes. Youth had so much fun that they all were asking when the next family night would happen.

Looking Ahead

MyCom Youth Council will join Parma City School District Discovery Center youth for a Martin Luther King Jr. Day event on Friday, January 18, 2019 to create Comfort Kits for children who are emergency removed from their homes. These kits will be donated to DCFS (Department of Children and Family Services) to hand out so a child has a few belongings of their

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INSPIRATION

I Believe

by Daniel Taddeo

Along the road of life, each one of us needs reliable direction for the journey. Anticipation is a significant part of the excitement of Jesus’ return. Anyone desiring forgiveness of sin and eternal salvation must come to God through Jesus Christ. Becoming more optimistic takes time, effort, and determination; but it can be done. Belief is believing in something that cannot always be proved by reasoning. Believers are to pursue spirituality that is authentic, compassionate, and just. Best to obey Scripture (God’s Word) than any other declared authority. God alone is totally worthy of all our devotion and praise. God loves the rich, the poor, and everybody in between. God’s way of life is the way of love and giving which yields happiness, joy, and peace. Honorable citizens in America are on the decline from bottom to top. Humility is making the most of what we do not like. It is God’s free gift of grace that justifies us (declares us righteous). Many people have hidden agendas; God does not. Our faith must rest on the power of God. Our spiritual house (our heart) suffers when left unattended. People devoted to help make the world a better place are more inclined to see the brighter side of life. People who insult others (especially children) inflict wounds that never heal completely. Positive thinking helps us do everything better

than negative thinking will. Scripture reminds us that we are to serve others, especially the needy. “Shame” is being aware of doing something wrong. The Lord’s commandments are clear and provide light so the eyes can see. We all experience sorrow, but we stand certain in the promises of God. We need to encourage one another in times of despair and rely on faith, hope, and love. We yearn for the person with self-control, temperance, and strong moral character.

Self-reflection is always a good exercise. What I believe is a work in progress, not limited to these statements and subject to change. What do YOU believe?

Our Warm, Fluffy Feather Quilt

by Lizabeth Braskie

In the “Good Old Days” of my childhood, there are some memories that return quite often. Winter brings back the fun we kids had during the 50’s snowstorms. It was around that time my mother was busy with a group of ladies who shared knowledge in the skills of making feather quilts. We had known about this treasured, cozy bed-cover because our grandmother had a feather quilt on her bed. It always dared me, with the foot-high fluff, to jump in the middle and get lost in the cozy, cuddling warmth. Now, mom had watched and helped friends create several quilts and decided to try it on her own. She bought the goose feathers from a farmer, had help removing any hard pieces or missed roots, assembled and stitched the cloth pieces, and carefully filled the huge “bag.” It got sewed up and ready for its outer covering.

Mom was proud of her accomplishment and announced that as soon as she sewed a strong outer cover for the large “bag” of feathers, my sister

and I could have it for our double bed. We were excited yet disappointed that we would have to wait. But we didn’t wait long. That weekend the weather changed into a freezing snowstorm. Our thin blankets were not enough for our comfort, especially when we knew there was a solution to our complaining. We decided to wake up our mother and ask for the warmth of the “almost” finished quilt tucked away in the closet. We pouted and turned on our sad faces.

After some drama, mom gave in and retrieved the quilt “bag” to silence our complaints. She reminded us to be gentle. We were too busy to listen while we were getting covered with our new, toasty “bag” of feathers. We settled in and warmed up in a hurry. But my sister seemed to have more of the quilt on her side of the bed. I tried to adjust my half-space and pull a little bit more of the covers over to my area. At the same time, my sister was tugging the quilt over to her side of the bed. Then both

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allfaithspantry.org

Bethlehem Lutheran Church

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www.BethlehemLutheranChurchParma.com

Divinity Lutheran Church

11877 Blossom Ave. Parma Hts., OH 44130, 440-845-2060
www.divinitylutheran.com

The Islamic Center of Cleveland

6055 W. 130th St. Parma, OH 44130 216-362-0786
www.iccleveland.org

Ridgewood United Methodist Church

6330 Ridge Rd. Parma, OH 44129 440-885-1360
www.rumc-parma.com

St. Bridget's of Kildare Church

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www.Stbridgetparma.com

Holy Family Catholic Church

7367 York Rd. Parma, OH 44130 440-842-5533
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Sunday- Open Mic Night-Patio

NEIGHBORHOODS

Gigabit Internet Speeds Available For Parma Homes, Businesses And Communities

by Jeff Lavery

Homes and residences in Cox Communications’ serviceable areas in Parma now have access to gigabit Internet speeds, providing ultra-fast connectivity for the latest online technology advancements, including video-chatting, gaming and movies and TV shows.

Gigabit services has been available to Parma businesses and government offices for years, and enterprise-level solutions from Cox Business can provide speeds in excess of 10-gigabit. To power these advancements, Cox has invested \$15 billion in its network during the past decade, while committing to another \$10 billion over the next five years. As a result of those investments and product enhancements, Cox is enabling smarter homes, businesses and communities.

Cox has deployed gigabit speeds to 100 percent of customers in its Ohio footprint. Parma has been fully-deployed with gigabit speeds, allowing Internet users and families to:

Realize ultra-fast speeds for all the connected devices in a home, including “smart home” products such as refrigerators, lightbulbs, thermostats and coffee makers;

Stream more than 25 4K HD videos simultaneously;

Download an HD movie in less than 60 seconds;

Download 100 songs in three seconds;

and, use technology in the most creative ways they can think of – from helping loved ones live independently as they age to letting students video-chat with peers on the other side of the world.

Gigabit speeds provide the con-

nectivity that powers the future of online commerce, communication and entertainment, but Cox’s investment in its network goes beyond speed. Products such as Homelife and Contour TV represent the next generation of interconnected “smart home” technology. Cox Business Security Solutions enables real-time monitoring and safety features, reducing risk and operational costs and driving “smart

businesses” across the state. These technologies are made possible by the power and reliability of Cox’s national network.

“The number of connected devices in homes and businesses increases every year, and as consumers rely more and more on connectivity, we know we play a vital role in helping our customers not just get online, but manage their busy lives,” said Jay Allbaugh,

senior vice president and region manager, Cox Communications. “Gigabit residential speeds are an important step for the company, but it’s the full suite of products, services and bandwidth that allows Cox to meet and exceed the expectations of the homes and businesses of Ohio.”

Those interested in learning more about gigabit speeds from Cox can visit www.cox.com/gig.

2019 City Of Parma Scholarships Available

by Sean Brennan

The Board of Trustees of the City of Parma Andrew Boyko Memorial Scholarship Foundation is pleased to announce that applications are being accepted for the 2019 award season. In its twelfth year, the Foundation will once again offer three to five scholarships with a minimum award of \$1,500 each. One of these scholarships will be designated for an applicant exhibiting an exceptional commitment to community service. Applications are available on the City of Parma website at <http://www.cityofparma-oh.gov>. Applications may also be obtained at

Parma City Hall, any of the Parma Cuyahoga County Public Library branches or any high school located within the Parma City School District. The Scholarship is intended to provide financial assistance to high school seniors or equivalent who are residents of the City of Parma wishing to pursue post-secondary education during the 2019 – 2020 academic year. Financial need, work ethic, community service and accomplishments are among the selection criteria for the scholarship. The application deadline is April 1, 2019. For more information or to donate to the Foundation please

contact Parma City Council President and Board of Trustees Member Sean Brennan at sbrennan@cityofparma-oh.gov or 440-885-8091.

The President’s Corner

continued from page 2

remove Clinton.

Although it is too early to know what the future will bring, personally, I believe that, all things being equal (as of today – December 27, 2018 – as I write this column), impeachment of President Trump would not be a wise use of time and resources. Although the Democrats have the votes in the U.S. House, it is highly unlikely there would be enough Republicans to cross the aisle and join the Democrats in removing him from office. However, like in the case of the Nixon Watergate scandal, should some overwhelming evidence of wrongdoing come to light, things could change. Under current conditions Congress’ time would be better spent seeking bipartisan support of a comprehensive immigration policy, infrastructure spending, and job creation, among many other pressing issues. Best wishes for a blessed, healthy and happy 2019 to you and yours.

Parma Area Celebrates Its Pizza Shops With Bake-Off January 24

continued from page 1

at Parma Lutheran Church.

The event will require a lot of volunteers, and the Young Professionals of Parma expresses thanks for help in advance. Those interested in volunteering will get free entry and can sign up on the website. Sponsorship opportunities are also available and listed on the website.

So come inside from the winter cold and enjoy pizza from the area’s array of local ovens, while chowing down for a good cause!

AARP Tax-Aide Free Tax Preparation Announcement

by Stephen Donovan

The AARP Foundation Tax-Aide Program will be getting underway again this year starting the first week in February and ending the 15th of April 2019. This IRS-supported FREE tax service is offered on a non-discriminatory basis without consideration of race, religion, gender, disability, or sexual orientation.

We give special attention to those with low or moderate incomes and/or aged 60 and older. Taxpayers do NOT have to be retired or a member of AARP.

Tax-Aide sites in southwest Cuyahoga County are located at:

Parma Library, 6996 Powers Blvd., Parma, OH 44129. Open Tuesdays and Wednesdays from 9:30 AM to 2:30 PM. To make an appointment, go to the Parma Library and complete sign-up book.

Parma Snow Road County Library, 2121 Snow Road, Parma, OH

44134. Open Mondays and Thursdays from 9:30 AM to 2:00 PM. To make an appointment go to the Snow Road Library and complete sign-up book.

North Royalton Library, 5071 Wallings Road, North Royalton, OH 44133. Open Wednesdays from 9:30 AM to 2:00 PM. Call 440-582-6333 for an appointment.

Brecksville Human Services Department, 2 Community Drive, Brecksville, OH 44141. Open Fridays from 9:30 AM to 1:00 PM. Call 440-526-2499 for an appointment.

Broadview Heights Human Services Department, 9543 Broadview Road, Broadview Heights, OH 44147. Open Tuesdays from 9:30 AM to 1:30 PM. Call 440-526-4074 for an appointment.

Middleburg Heights Community Center, 16000 Bagley Road, Middleburg Heights, OH 44130. Open Wednesdays and Thursdays from 9:00 AM to 12:00 PM. To make an appointment call 440-558-6012 and leave name and phone#. We’ll call you back.

Strongsville Senior Center, 18100 Royalton Road, Strongsville, OH 44136. Open Mondays and Fridays from 8:30 AM to 11:30 AM. Call 440-580-3275 for an appointment.

Brook Park United Methodist Church, 6220 Smith Road, Brook Park, OH 44142. Open Tuesdays from 12:00 PM to 5:00 PM. Call 216-676-4738 Tuesdays through Fridays from 9:00 AM to 1:00 PM for an appointment.



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PERSPECTIVE

Snow In South Carolina

by Lee Kamps

After growing up in Parma and spending my life living in northern Ohio, I was suddenly transferred and promoted to manager of a field office in Spartanburg South Carolina. Spartanburg is in the “upstate” region of South Carolina in the piedmont region about an hour’s drive southwest of Charlotte. I was also a half day’s drive from the coast. Best of all, I was away from the snow and cold of northern Ohio. It was the first week of February and there was more than a foot of snow in my backyard with the temperature in the mid teens when I left northern Ohio. When I arrived in South Caro-

lina, it was cloudy and the temperature was around 50 degrees with no snow on the ground. I was beginning to like this already.

I easily got used to South Carolina. The people were very friendly and the mood was definitely more laid back than northern Ohio. People there didn’t seem to always be in a hurry to get everywhere, which was nice. Of course, summers there are hot, but not much hotter than in Ohio. However, the summer heat is relentless and unbroken until mid September. But it sometimes does snow in South Carolina. But they handle snow different in the south. First, a three inch snow-

fall will completely shut down the city. Offices and schools close and everybody hunkers down until it goes away. Normally there are one or two such snowfalls in Spartanburg each winter, but some winters no snow falls.

After a year, I had a new district manager in the Greenville office who was transferred there from Columbus Ohio. He wanted to call a full district meeting on a Friday morning in February. But there was a snow storm predicted. On Thursday, the reports were coming in from the office in Birmingham Alabama that they were shutting down due to the storm. Then

the office in Atlanta was closing early. Predictions were for from four to six inches of snow to fall in the Greenville – Spartanburg area by Friday morning.

Throughout the afternoon, agents were calling me if the Friday meeting was still on with the weather forecast. I hadn’t heard anything from the district manager so I called him. He said “Lee, do you see any snow falling?” Of course, the snow hadn’t reached us yet. But I said it was on the way. There were lines at the gas stations and liquor stores of people stocking up. Then he said “Lee, you are from Cleveland, so what is four inches of snow? That’s nothing.” I told him that this wasn’t Ohio and it is different in South Carolina. He told me that the meeting was still on regardless.

Friday morning dawned and the forecast came true. There were at least four inches of heavy, wet snow on the ground. However, nothing was moving. The city was shut down. But I put the chains on my tires and decided to drive the 30 miles to Greenville for the meeting. It took me twice as long to get there than usual. But when I arrived, I was the only person other than the district manager who was in the office. None of the support personnel were there. It was like a holiday.

He thanked me for coming and we did have a brief meeting between us. I told him that it was no problem for me to drive in the snow since I was used to that from living in northern Ohio so long. But this was South Carolina and there they believed in the “divine system of snow removal”. That was “the Lord put it there and He will take it away”. By Monday morning there was no trace of the snow at all. It had all melted.

The weekend of December 8 and 9, 2018, the Greenville – Spartanburg area of South Carolina got hit with a six inch snowfall. More than a foot of snow fell in the mountains of North Carolina just north of that area.

Confronting Captivity Conference

by Michelle E. Rice

I attended the PAWS (Performing Animal Welfare Society) Conference in Burbank, California, November 9,10,11. I attended in 2010 when it was held at their San Andreas Sanctuary where the tigers and elephants reside. They have another sanctuary in Galt, which houses all other rescued species.


The conference is held for the purpose of improving the lives of animals held in captivity (confinement) by noticing and addressing their needs, health: physically, emotionally, intellectually and socially. Captivity meaning sanctuary, zoo’s, and entertainment. This conference focused primarily on the captivity of large mammals: Elephants, Bears, Big Cats and Cetaceans

(whales, dolphins, porpoises, orca’s – which are actually dolphins, not whales). Alternatively, the fate and health of these species in the wild was discussed as well.

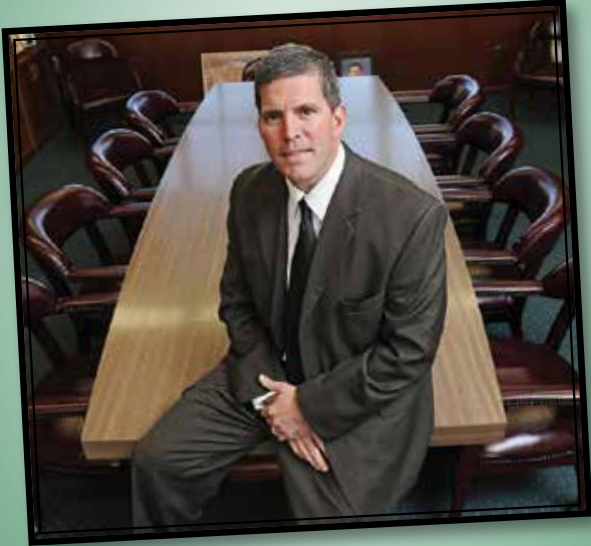
Many experts spoke ranging from those currently running sanctuaries, those that have worked in zoo’s and entertainment, attorney’s, scientists and even the current field of virtual reality and augmented reality. Sanctuaries rescue animals that have been living in impoverished situations and the results are undeniably the best living situation for an animal in a captive situation. Attorney’s spoke about the challenges, current legislative work and successes they encounter in the field of animal rights. A variety of scientists spoke ranging from their

behavior, social groups and pathology in the wild versus captivity, their natural range versus space allotted in captivity to the neuron’s themselves within species. The field of virtual reality and augmented reality was especially fascinating because it gives the user of the technology the opportunity of truly being there with the animals in their natural habitat. That would be a great way to promote conservation, provide people the experience of being their in the wild if they can not go themselves as well as to cease putting animals in captivity.

The conference had a focus on compassion, empathy and what we as humans need to consider regarding other species. I know from my own experience that there is a huge difference observing an animal in a zoo or entertainment versus observation in the wild or a sanctuary. My hope is one day we stop using them as things. They have emotions and thoughts, and they desire the freedom to make choices, just as we do.



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IMPRESSIONS

In Memory Of David Wilder: Tri-C Gallery West Hosts Exhibit Featuring Work Of Beloved Instructor

by John Horton

Cuyahoga Community College (Tri-C®) is presenting a retrospective of artworks created by the late David Wilder, a former adjunct instructor of art, during a two-month exhibit at Western Campus. Drawing and paintings by Wilder — who was killed in a drive-by shooting in Cleveland in March 2017 — will be on sale throughout the show to raise money for a scholarship created in his memory.

The exhibit opened in December at Gallery West, located on the second floor of the campus library. Gallery hours are 8 a.m. to 8 p.m. Monday through Thursday and 9 a.m. to 2 p.m. Friday and Saturday. The exhibit is titled David Wilder Retrospective. Hundreds of pieces created by Wilder will be for sale, beginning at \$25. The artwork spans his creative career, from sketches done during his teen years to figure drawings in the decades since. Purchased artwork will be available after the exhibit's closing

reception Wednesday, Feb. 13. "David was beloved by his students for his caring and compassionate teaching style," said Stephanie Craig, an assistant professor of art at Tri-C. "His commitment to art and education will live on through the scholarship being created in his memory."

The David Wilder Scholarship will be overseen by the Cuyahoga Community College Foundation. Donations to the scholarship can be made at www.tri-c.edu/donate or by calling 216-987-4868. Wilder taught at Tri-C, Cleveland State University and John Carroll University. The 61-year-old died after being caught in the crossfire of a shootout on Cleveland's East Side. Three men received life sentences for the killing.

For more information on the exhibit, call 216-987-5322 or visit www.tri-c.edu/gallerywest. Free parking is available at Western Campus, located at 11000 Pleasant Valley Road in Parma.



Seeking Volunteer Court Appointed Special Advocates (CASAs) For Youth

by Michele Blazina

CASA of Cuyahoga County, a program of Child and Family Advocates of Cuyahoga County, recruits, screens, trains, and supports volunteers who act as independent fact-finders for the court in cases involving child abuse and neglect. CASAs collect information that helps the judge make the best decision for a safe, caring, and permanent home for children involved in the juvenile justice and child welfare systems. CASAs are everyday citizens who are trained and appointed by the court to advocate for the safety and well-being of children who are victims of abuse or neglect. CASAs are assigned at the earliest stages of a case and continue to be an advocate for the child through their time in the court system. CASAs work collaboratively with all parties on the case, for the best interests of children. CASAs are only assigned to 1-2 cases at a time and spend approximately 10 hours a month on a case.

The CASA is responsible for the investigation, facilitation, advocacy, and monitoring of the assigned child's case of abuse, neglect, and/or dependency to represent the child's best interests.



Volunteer Requirements: At least 21 years of age; have access to transportation; pass screening; complete training; respect and relate to people of various backgrounds; gather and record factual information accurately; communicate effectively; maintain objectivity/perspective; work within established program policies and procedures and accept supervision from program staff.

Take a stand ~ Make a difference
~ Change a life ~ Get involved today!

Those interested in becoming a CASA, visit www.cfadvocates.org to apply or call 216.443.3377 for more information.

Great Parma Patios To Visit

by Kathie Zipp

When Spring and Summer return, enjoy the sun, along with a cold beverage and good meal on one of Parma's many patios.

Fast Eddie's

Fast Eddie's serves up Sunday brunch and cocktails on its dog-friendly patio.

fasteddiesparma.com

Tradesman Tavern

The Tradesman has large TVs on its patio, which is partially heated so you can enjoy the games outdoors for a longer season.

facebook.com/Tradesman-Tavern

Bonchon

South Korean fried chicken chain Bonchon has extended to Seven Hills,

offering big garage doors opening to a beautiful patio.

bonchon.com

Parma Tavern

Along with its signature front patio, the Parma Tavern offers Cleveland Trivia nights and plenty of ethnic comfort food along with cold brews.

parma-tavern.com

Das Schnitzel Haus

Das Schnitzel Haus is the place for affordable German food and brews that you can enjoy on its covered, heated biergarten so you can "eat out" in any weather.

dshparma.com

continued on page 10



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IN THE TRADES

AREA WIDE EVENTS

Cassidy Theatre Announces 2019 Season

by Rick Haase

The Cassidy Theatre has announced its 2019 season, and it promises to offer area theatre-goers some surefire fun.

Two standouts of the season are *Mama Mia!*, no doubt enjoying a resurgence in popularity because of the latest film version featuring Cher, and *Footloose*. The film certainly has helped give her career a jump start, not to mention she's racking up sales from the accompanying album of Abba-esque music that is flying off the shelves of area music and discount stores this holiday season.

Here's a bit more about each production:
"Broadway Bound"
February 8 - 24
By Neil Simon

Part of a trilogy of plays, preceded by 'Brighton Beach Memoirs' and 'Biloxi Blues,' this story centers on Eugene and his brother Stanley who are trying to break into the world of professional comedy writing (while coping with their parents' messy and gut-wrenching split). When their material is broadcast on the radio for the first time, the rest of the family is upset to hear a comedic rendition of their own trials and tribulations. How will Eugene and his brother balance their loyalties to their family and to their art?

"Children of Eden"
April 12 - 28
Book by John Caird
Music and Lyrics by Stephen Schwartz
Based on a concept by Orchestrations by: Charles Lisanby, Bruce Coughlin and Martin Erskine

Children of Eden starts with the very beginning: the creation of the universe. Father breathes life into his children, Adam and Eve, and learns that the hardest part of being a loving Father is letting go. It's a lesson that

translates into the parenting of Cain, Abel, and Seth -- and is reiterated once again as Noah parents his sons Shem, Ham, and Japheth. This joyous and inspiring musical celebrates the difficulty of choice, the importance of passion, the value of questioning, and the pain in allowing those you love to take risks and face the consequences.

"Mama Mia!"
June 7 - 23
Book by Catherine Johnson
Music & Lyrics by Benny Andersson & Björn Ulvaeus

On a small Greek island, Sophie dreams of a perfect wedding -- one which includes her father giving her away. The problem? Sophie doesn't know who he is. Her mother Donna, the former lead singer of the 1970's pop group Donna and the Dynamos, refuses to talk about the past, so Sophie decides to take matters into her own hands. Sneaking a peek in her mother's old diaries, she discovers three possible fathers: Sam, Bill, and Harry. She secretly invites all three to the wedding, convinced that she'll know her father when she sees him. But when all three turn up, it may not be as clear as she thought. Told through the legendary music of ABBA, *Mamma Mia!* has become a worldwide sensation.

"Lend Me A Tenor"
August 16 - September 1
By Ken Ludwig

On a very important night for the Cleveland Grand Opera Company, Tito Mirelli, world-famous Italian tenor, is set to perform the starring role in *Othello*. Henry Saunders - General Manager of the company - is beyond stressed and insists that his assistant, Max - a nervous, young fellow and secret tenor extraordinaire - watch over Tito's every move to ensure smooth sailing. After a huge fight with his wife Maria, Tito is left unconscious -- leaving Max to step in. Throw in Diana, an ambitious, female co-star; Maggie, Max's giddy girlfriend; Julia, head of the opera guild; and a bell-hop fighting for Tito's attention, you have a recipe for comedic disaster. Max navigates the company through one catastrophe after the next and, together, Max and Saunders find a way to save the Opera Company's big night.

"Footloose"
October 11 - 27
Book by Dean Pitchford & Walter Bobbie
Music by Tom Snow & Jim Steinman, Lyrics by Dean Pitchford

Footloose is the story of Ren McCormack, a teenage boy from Chicago. He and his mother move to the small town of Bomont after his father abandons them. Upon arriving, Ren finds himself

at odds with most of the town, including the Reverend Bomont. The Reverend has convinced the town to outlaw dancing, which Ren finds unbelievable. With the help of the Ariel (the Reverend's daughter) and Willard (a country hick who becomes his best friend), Ren convinces the Reverend to let the teenagers dance, and in the process helps the town to heal from a tragedy that affected them all.

"Plaid Tidings"
December 6 - 22
Book by Stuart Ross

The best of Forever Plaid tied-up in a nifty package with a big Christmas bow on top! Filled with Christmas standards that have all been "Plaid-erized," our boys are back to do their Christmas Special. At first they aren't sure why they've returned, but a phone call from the heavenly Rosemary Clooney lets them know that they're needed to put a little harmony into a discordant world. Sprinkled among the Christmas offerings are audience favorites like their riotous three-minute-and-eleven-second version of "The Ed Sullivan Show" - this time featuring the Rockettes, the Chipmunks and The Vienna Boys Choir, and a Plaid Caribbean Christmas

which puts the "Day-O" in Excelsis!
If you've never visited the Cassidy Theatre, it truly is a Parma Heights gem. Located within the Greenbriar Commons complex at 6200 Pearl Road, it has been a part of the fabric of our community since 1974.

Visit www.cassidytheatre.com for more information or call the Box Office at 440.842.4600. Season passes are available for 2019.
HOLIDAY LIGHT AND CHRISTMAS TREE RECYCLING --

The city will be recycling holiday lights and Christmas trees. Strings of lights, electrical cords and power strips will be accepted for recycling on Saturdays January 12 and 26, 2019 from 9 a.m. to Noon at the Parma Heights Service Garage in the Greenbrier Commons complex. You must provide proof of residency.

Christmas trees will be recycled at curbside by Republic Waste Collection for composting on Wednesdays, January 9 and 16, 2019. Trees in bags will not be accepted and all ornaments should be removed. Trees placed at the curbside for collection after these dates will not be accepted.

Padua High School in 1974 and received a BA in Management and Urban Studies from Cleveland State University in 1996. He serves on the Board of Cuyahoga County Planning Commission and has made an impact with his "Greening of Parma Heights" initiative introduced in the past 2 years. We certainly all hope that a new voice on the RTA Board of Trustees will mean that new ideas and ways to deal with budgetary issues can result in a more efficient system that spreads satisfaction throughout the service area. Good

Speaking for myself, I live on a main street where the nearest RTA route is a long distance from where I live, even for a young person, let alone a 68 year old man. Sometimes it seems that the suburbs are merely an afterthought for RTA planners, even though a good deal of the sales tax which mostly funds RTA comes from those areas.

Mike Byrne is the 14th mayor of Parma Heights. He was elected to City Council in 1998 and served as Council President from 2001 to 2010, when he became Mayor. He graduated from

Great Parma Patios To Visit

continued from page 9

Raxx

Along with burgers, brews and cues, Raxx has a killer tiki bar where you can soak up the sun.

raxxparma.com

Harry Buffalo

Harry Buffalo in Parma Heights has a patio that's perfect for yoga moves in addition to brews.

harrybuffalo.com

Did we leave one off the list? Share your favorite spot with us.

Pitt Ohio And Midtown Plaza Projects Have Positive Economic Impact On Parma

continued from page 1

renovation will include the addition of a 20,000-square-foot Aldi and a new Planet Fitness, which will be located in 17,000-square-foot space currently vacant at Midtown. Aldi will be located between Office Max and Marc's. Additional parking spaces and a new paved lot will address current parking issues. The redesign will also include new sidewalks and landscaping, LED light-

ing and a more contemporary facade to make the plaza aesthetically appealing to shoppers. "This renovation and facelift to Midtown plaza is long overdue," said Ward 4 Councilwoman Kristin Saban. "It has been wonderful over the last several weeks with the buzz in the air over the plaza's future. I am excited to once again see Midtown flourish." The Midtown renovation is slated to begin in March 2019 and finish by the end of December.

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Mayor And Council Members Present Parma Residents And Businesses With Proclamations



(L-R) Parma Mayor Tim DeGeeter, District 4 Cuyahoga County Councilman Scott Tuma and Ward 9 Councilman Jeff Crossman honored Nicholas Celebrezze for his years of service as a state representative, councilman and civic activist.



Ward 8 Councilman Dennis Kish and Mayor Tim DeGeeter presented Chet and Diana Withrow with the Citizen of the Month Award for their support of Parma police and the K9 unit.

by Carolyn Kovach

Parma Mayor Tim DeGeeter and council members presented proclamations to standout citizens at the Dec. 17 council meeting. Parma native Nicholas Celebrezze was recognized for his years of service as a state representative, councilman and civic activist. In 2006, he formed a small family-owned law firm. From 2006 to 2012, he served as Parma Ward 3 councilman. Since 2012, he has been an elected member of the Ohio General Assembly. He has served as the assistant minority leader of the Ohio House of Representatives and was appointed commissioner of the Ohio Commission on Fatherhood. He recently was selected as a Super Lawyer Rising Star of Family Law in

Ohio.

Ward 9 Councilman Jeff Crossman, District 4 Cuyahoga County Councilman Scott Tuma and DeGeeter presented Celebrezze with the proclamation. In 2019, Crossman will be stepping into a new role as the elected state representative for Ohio's 15th House District and taking over Celebrezze's former position. Celebrezze did not run for re-election.

For the Citizen of the Month Award, Chet and Diana Withrow were honored. The couple was chosen for their support of the City of Parma, City of Parma Police Department and Parma Police K9 Unit. The Withrows regularly attend Parma City Council meetings.

They also gave \$900 to purchase body armor for K9 Officer Max and \$200 for additional training equipment. Over the past 18 months, they have donated numerous dog treats and have supported K9 fundraisers. Ward 8 Councilman Dennis Kish and DeGeeter presented the couple with the proclamation.

The Business of the Month Award was presented to State Meats, an Ukrainian Village butcher shop that has been selling a variety of ethnic foods for 40 years. During the holidays, people lined up to purchase Old World delicacies such as smoked keilbasa, stuffed cabbage, schnitzel, prosky, kishka and borsht. DeGeeter and Ward 3 Councilman Mark Casselberry presented

the award to George Salo, who runs the business with his mother, Maria. Located at 5338 State Road, the business was easy to spot in December. A huge inflatable Santa placed on the building's roof beckoned holiday shoppers. State Meats products are also served at Cleveland's oldest family owned restaurant, Sokolowski's University Inn.

Finally, the Holy Name High School girls' volleyball team was recognized. Holy Name alumnus and Parma Auditor Brian Day, Casselberry and DeGeeter presented the coaches and team with a proclamation and street sign after they won the 2018 Division II State Volleyball Championship.



Parma Mayor Tim DeGeeter (l) and Ward 3 Councilman Mark Casselberry (r) presented George Salo of State Meats with the Business of the Month Award.



Holy Name alumnus and Parma Auditor Brian Day, Ward 3 Councilman Mark Casselberry and Parma Mayor Tim DeGeeter presented Holy Name High School girls' volleyball coaches and team with a proclamation and street sign after they won the 2018 Division II State Volleyball Championship.

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- 60 private short term rehab suites with private bathroom and shower
- Medications administered by 24-hour nursing staff
- Visiting physicians, including dentist, optometrist and podiatrist
- 24-hour personal response system
- Beautiful, secure and private courtyard for residents to enjoy fresh air
- Non-Denominational chapel with on-site chaplain
- Medical model assisted living
- Housekeeping, personal laundry and linen services
- Barber shop and beauty salon services
- Complimentary in-house cable television and in-suite internet and phone service
- Aromatherapy/gentle massage. The use of essential oils and lotions helps reduce stress for the resident
- Music stimulation, which includes using instruments, provides an invigorating experience provoking improved memory and coordination
- Gardening, cooking and arts and crafts

For more information or a tour, call 440-842-2273



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Silver Recognition
Health Services Advisory Group



Eli Pick
Facility Leadership Award



Pleasant Lake Villa

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