

Parma Intends To Establish Sister-City Agreement With Ukrainian City

by David Schniegenberg

The mayor of the Ukrainian city of Ternopil visited Parma in early June as a prelude to the two communities forming a sister-city partnership. During the visit, Ternopil Mayor Sergiy Nadal and Parma Mayor Tim DeGeeter signed a memorandum of intent to establish the partnership as a way to foster economic development and educational opportunities as well as strengthen cultural and civic bonds between the two cities. "Mayor Nadal is one of Ukraine's most progressive mayors, and he reached out to us seeking to establish a relationship with Parma," said DeGeeter, who exchanged gifts with his Ukrainian counterpart to commemorate the visit. "Both of us believe this developing relationship could prove beneficial to both cities."

Soon, the administration

will ask Parma City Council to consider passing legislation to establish a sister-city relationship with Ternopil, DeGeeter said. "The connection between our two communities has real potential, particularly when considering a large portion of our Ukrainian-American community emigrated from Ternopil," he said.

Beyond formalizing the relationship with the two cities, Nadal's visit from June 6 to June 9 included a packed itinerary that gave him an opportunity to learn about Parma - such as tours of Ukrainian Village and the Watershed Stewardship Center and stops at Parma City Hall and the Parma Rib & Rock Festival. Nadal's visit underscored the already-existing bond between Parma and Ternopil, said Ward 4 Councilwoman Kristin Saban, who met up with the mayor during his stop in Ukrainian Village. "It



Parma and Ukraine officials in Mayor DeGeeter's office.

was a great experience to learn about Ternopil," said Saban, who mentioned the Ukrainian city hosts championship powerboat racing on a lake in the center of the municipality. "But what I really came away with is an understanding that a large number of Ukrainian-Americans in Parma are originally from Ternopil." For example, when Nadal walked into Rudy's Strudel and Bakery, the mayor's appearance elicited the same level of excitement as former Vice President Joe Biden's campaign stop there in 2016, joked Lidia Trempe, who co-owns the business with her mother, Eugenia Polatajko. "My mom was really excited – she's originally from Ternopil," Trempe said.

Nadal's visit to Parma not only showcased what the

city has to offer, but also the cultural connection with Ternopil, she said. "Mayor Nadal seemed fascinated at how we continue to celebrate the culture and how far-reaching it is beyond the borders of Ukraine," Trempe said. "I think strengthening the relationship between the two cities is a positive step and only will encourage economic development and cultural exchanges important for both communities."

City Of Seven Hills Farmers' Market Welcomes Another Season

Barrio

by Kathy Holland

The City of Seven Hills Farmers' Market 2018 season opened on Thursday, June 28th, 4PM at 7221 Broadview Road in Seven Hills, with plenty of free parking and fabulous vendors! Each Thursday Market features neighborhood farmers, producers, and artisans who grow and/or produce their own goods. Enjoy food trucks? Save the date to grab dinner from Barrio Food Truck on Thursday, July 12th and Swenson's Food Truck on Thursday, August 9th. Kona Ice Truck will also be stooping by on select Thursdays! Additionally, there will be three wine events, hosted by The Little Birdie Wine Nest on July 12th, August 9th and Septem-



ber 13th. About the Market The City of Seven Hills Farmers' Market began in 2014 as a way to bring residents and the local surrounding communities together each week to shop for locally produced items and for the freshest, locally grown food available. Now entering its fourth season, the Market continues to give friends and neighbors the opportunity to visit together in the fresh air while listening to live music and browsing through vendor stalls featuring fresh produce, vegetables, microgreens, fruits, perennials, herbs, meats, honey, nuts, soup, bread, jam, maple syrup, pierogis, coffee, baked goods, kettle corn,

soap, pastry and more! The Seven Hills Farmers' Market is an open and flexible market, allowing vendors to join at any time and for as many weeks as fits their schedule. This means the Seven Hills Farmers' Market might have an unanticipated guest vendor next to weekly favorites!

Vendors & Special Guests Whether they are joining us for a few market Thursdays or all fourteen, we are happy to tell you more about our vendors and special guests for 2018! The following list is current as of this publishing, but be sure and stop at the market weekly - we accept new vendors and guests throughout the market season! Cash is the preferred method of payment, however, most vendors accept credit cards. To find out who will be at the market each week, be sure to check out our posts on the City of Seven Hills Facebook page. Backattack Snacks: Healthy-living snack company making delicious grab and go



Parma's Fourth Of July Parade Is One Of The City's Biggest Events Of The Year

by Spencer Majka Throngs of people are parade is watching and hearing the bands march down Ridge



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expected to line Ridge Road to watch Parma's annual Fourth of July Parade - one of the city's biggest events each year. Marching bands, local organizations, and public officials will be part of the more than 1,500 participants who will trek the one-and-a-half mile parade route, which starts at Snow Road and ends at West Ridgewood Drive at The Shoppes at Parma. "It's a rite of passage for so many of our kids," Parma Mayor Tim DeGeeter said. "I enjoy seeing them run as close as possible to the parade route as they grab as much candy as they can - or their parents allow." Said DeGeeter: "But perhaps the best aspect of the Road. This is just a great event, and I truly appreciate the community spirit that makes the parade what it is today."

This year's parade kicks off at 10 a.m, led by an honor guard from a local veterans group and will feature more than 1,500 at least 75 vehicles as well as floats and three high school marching bands – Valley Forge, Normandy, and Parma Senior. In addition, the Fourth of July Parade marks the launch of the city's Christmas in July Food Drive as volunteers collect non-perishable food items along the parade route.

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COMMUNITY NEWS

The President's Corner

Parma's Coolest Dad

by Sean Brennan

Many Parma residents, including myself, have been curious about the caravan of children often being towed up and down the Ridge Road area just south of Snow Road in recent months. The children, as many as 18 or 20, are being pulled by a series of three or four wagons – accompanied by music - by a young father who is in excellent shape – seemingly because of all of the weight he is pulling. This mystery will be solved in this month's column.

Living close by, I have seen what I described above several times. Unfortunately, I have always been too busy to stop and say hello and get the scoop on this unique sight. That changed one night recently when my wife saw several postings on Facebook inquiring about this man and all of the kids he is hauling. So, I went to work researching and eventually visited the home of Jeremy Bahner. Upon entering his driveway and introducing myself, I knew by his welcome greeting and handshake that he was a good man. After a short talk, I asked if I could stop over one day soon to bring pizza for all of the kids and interview him for this article. He kindly and quickly agreed.

Jeremy, as all of the parents and children call him, is a stay-at-home father who has a true love for children, especially two of his own. He explained that when his eldest daugh-



Sean Brennan, Parma City Council President

ter entered kindergarten at Renwood School, "I drove her to school the first day. After that, driving was over and I have pulled her to school everyday since then, regardless of weather – come snow, rain, wind, etc." In fact, he has coverings for the wagons that are used in inclement weather. With time, more and more kids joined his caravan, which is battery powered.

On the afternoon I visited Jeremy's home, there were 14 children and several parents. "We are a big family," one of the mothers told me. "We always know where our kids are because he has a GPS tracker on the wagons," she added. Another mom explained, "I have picked my kids up after work from Jeremy at the Ridgewood Splash

Hemlock Creek Trail



by Irene D Toth

These photos were taken at the groundbreaking for the Hemlock Creek Trail in Independence on June 15, 2018.

The Calendar of Events for West Creek Conservancy lists various meetings and hikes for the year. For more information check at www.westcreek.org or call



Pad and the West Creek Reservation." These are just a few Parma landmarks Jeremy likes to take the children.

As a veteran schoolteacher myself, I appreciated the good ole-fashioned fun the kids had the afternoon I visited. They spent their time riding bikes, playing in the backyard, and swimming in the pool. It seemed Jeremy had thought of everything, including the fact that each child has their own cup with his or her name on the bottom. I was also impressed with how well-behaved the children were. One of the mom's made an excellent point: "These kids are not in front of screens all day. It's like a modern day 'Lil Rascals' over here," she added.

Jeremy credits his own father for being a good role model. "People always say that the children are our future – we need to make sure we are doing right by them," Jeremy said. "My dad used to do all kinds of cool stuff for us when I was growing up – I know all of the Metroparks like the back of my hand." He explained that he does make sure he calls ahead when he is bringing his group of 18 or 20 to do a craft class at West Creek. "They appreciate the heads-up," he laughingly added.

In closing, it is clear that Jeremy is officially Parma's "Coolest Dad." As a father of two grown children, I have no regrets, however, I will concede that Jeremy is way more cool than I was. By the way, if you happen to see him and the kids, feel free to honk your horn. "We often count the number of people who honk," he explained, adding, "The kids love the attention."



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HEALTH AND WELLNESS

New Chief Medical Officer Named At UH Parma Medical Center

by CJ Sheppard

Kimberly Togliatti-Trickett, MD, a longtime physician leader and care provider at University Hospitals Parma Medical Center, has been promoted to the position of Chief Medical Officer, effective June 1. Dr. Togliatti-Trickett had been serving as Associate Chief Medical Officer, working with Chief Medical Officer Christopher Loyke, DO. Dr. Loyke departed to become the Assistant Dean of Clinical Medicine at the DeBusk College of Osteopathic Medicine at Lincoln Memorial University in Harrogate, Tenn., where he will oversee the education of thirdand fourth-year primary care medical students and also will care for underserved patients in Appalachia.

As UH Parma's Chief Medical Officer, Dr. Togliatti-Trickett will be part of the Executive Leadership Team, serving as a liaison between the system's administration and the medical staff. Her responsibilities also include ensuring high-quality patient safety and compliance and serving as a strategic leader in the planning process.

Dr. Togliatti-Trickett has been an instrumental member of UH Parma Medical Center's medical staff since 2001. In addition to being Associate



Kimberly Togliatti-Trickett, MD, has been promoted to Chief Medical Officer of University Hospitals Parma Medical Center.

Chief Medical Officer at UH Parma since 2014, she has been a Physician Advisor and spent two years as Chair of the Department of Medicine. Board-certified in physical medicine and rehabilitation, as well as internal medicine, she also has been serving as Co-Director of the Acute Rehabilitation Unit since 2002.

She obtained her medical degree from University of Cincinnati's College

of Medicine. She completed residency training in internal medicine at Metro-Health Medical Center, and in physical medicine and rehabilitation jointly at MetroHealth, Case Western Reserve University and the Cleveland Clinic Foundation.

A resident of Independence, Dr. Togliatti-Trickett has four children. Her husband is a retired Command Sergeant Major in the U.S. Army.

New High-Definition Technology Enhances UH Parma Medical Center's Cardiac Catheterization Lab

by CJ Sheppard

A growing number of University Hospitals' cardiovascular specialists will have the opportunity to utilize the high-definition technology of the UH Harrington Heart & Vascular Institute's new Cardiac Catheterization Lab at UH Parma Medical Center Center.

The new state-of-the-art lab includes a 55-inch, high-definition flat panel screen and new software that enables cardiologists to better visualize their patient's heart vessels. The new technology also allows for display of complementary modalities, such as intracoronary ultrasound images, previous procedural images like echocardiograms and catheterizations, and patient vital signs and EKG. Physicians and staff also benefit from updated control rooms and dictation/work rooms in this nearly \$900,000 investment.

"We greatly appreciate the invest-

ment made by UH Parma Medical Center and the Harrington Heart and Vascular Institute, which helps us better care for our patients by constructing a new Siemens cardiovascular lab," said Paul Poommipanit, MD, Medical Director of Cardiac Catheterization Services at UH Parma Medical Center. "As our services and needs grow, we look forward to continued collaboration to serve patients in the southern suburbs of Cleveland."

UH Parma Medical Center is among nine locations of UH Harrington Heart & Vascular Institute Interventional Cardiovascular Center across Northeast Ohio. The Interventional Cardiovascular Center at UH Parma offers the latest, most technologically advanced procedures for both scheduled and emergency procedures, including rapid diagnosis and treatment of conditions such as myocardial **continued on page 9**

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USS Cod Marks 75 Years

by Harry Peck

Seventy-five years ago this summer, the USS Cod, a new submarine in the GATO class, received her commission and eventually launched her first wartime patrol, embarking from Australia in October, 1943. The new sub, designed to patrol continent to continent, executed 7 patrols in all, mostly in the South China Sea and around the Philippine islands. While the Cod was built in Groton, CT, Cleveland can claim partial credit as Cod's birthplace, since the submarine's five diesel engines were built by General Motors' Cleveland Diesel plant on the city's west side.

These days, the USS COD Submarine Memorial is a National Historic Landmark docked in Cleveland, walking distance to the Rock and Roll Hall of Fame, the Great Lakes Science Center and the International Women's Air & Space Museum. "It's a Martha Stewart boat--prim, proper and period correct," said museum guide Dave Krejci. "It represented a quantum leap in technology."

The Cod sank 19 warships, mostly Japanese, plus 2 Thai ships and another 26 junks carrying enemy supplies. The Cod also performed the only international submarine-to-submarine rescue in history. On July 8, 1945 Cod arrived at Ladd Reef to aid the Dutch Submarine O-19, hard aground on a coral outcropping. After futile attempts to pull O-19 free and both captains agreed there was no hope to free the sub, 56 Dutch sailors came aboard



The Private Party Center

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440-502-5151 partiesruscleveland.com the Cod and the O-19 was destroyed with scuttling charges, torpedoes and 16 rounds from the Cod's 5-inch deck gun. The Cod was home to 153 men for the two and a half-day run to the Subic Bay naval base in the Philippines.

First patrol carried 77 men, while by the seventh (and final) wartime patrol, the crew had ballooned to 97 to handle additional duties created by the conflict's needs. Other than the Cod's incredible performance and surviving two years of war-time patrols, the craft's most notable fact was cramped living conditions.

The Cod measures 312 feet, bow to stern. The beam is 27 feet at the widest point. The escape hatches require a maximum 54-inch waistline to successfully fit through. The vertical ladders and hatches of the original design remain, the Cod being the only surviving WWII sub with the pressure hull intact.

Control Room is the heart of operations, where controlling depth while cruising, submerging and surfacing takes place. The sub could safely dive to 300 feet. Yeoman's Shack, a secretarial office about the size of a phone booth, is equipped with a manual typewriter. In the final week of a cruise, the yeoman typed a 100-page document detailing the cruise. Enlisted men's sleeping quarters had up to 30 men sleeping around the clock, sometimes creating hot-bunking situations. Bunks (or "racks") in demand shared space with torpedos as these munitions resided on the quietest and coolest deck.

At the Crew's Mess, 24 enlisted men ate at one time. Officers shared the same high-quality, best-in-navy food as the enlistees, though with separate dining quarters. When the men tired of steak and lobster and lasagne, they were introduced to pizza, a rarity to farm-boy recruits in 1943. They ate off fine china and the biggest treat was ice cream. Additional perks for submariners included 50% more hazard pay and double the standard shore leave.

Patrol length averaged two months, with 21/2 months the longest. The Cod executed its 7 war-time patrols from Commissioning Day until V-J Day on August 14, 1945.

Additional information on the Cod is at www.usscod.org.



The USS Cod is docked near downtown Cleveland, walking distance of the Rock and Roll Hall of Fame, the Great Lakes Science Center and the International Women's Air and Space Museum.

New Era In First Responder Training Launched At Tri-C's Western Campus

by John Horton

Cuyahoga Community College (Tri-C®) will elevate first responder training with the construction of Simulation Village at the KeyBank Public Safety Training Center at Western Campus. A streetscape with buildings representing commercial and residential spaces will serve as the center of Simulation Village. The mock town will allow for training drills that more closely reflect real-life settings faced by police, firefighters and rescue workers.

A groundbreaking ceremony for the \$17 million project took place at the end of June. The new training ground will serve as a resource for cadets preparing to join safety forces as well as veterans honing their skills. "The goal of Simula-

tion Village is to provide first responder training that leads to safer streets, safer neighborhoods and a safer community," said Alex Johnson, president of Tri-C. "The lessons learned here will save lives."

Simulation Village will include three commercial buildings — including one modeled after a gas station — plus a residential structure. Buildings will feature moveable interior wall systems to create different scenarios. In addition to the mock village, plans call for construction of a 14,300-square-foot center with a mock 9-1-1 call center, classrooms and a high-tech video training simulator.

Voter approval of Tri-C's bond issue request in November made the project

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EDUCATION



Show Kids You Care: Learn What They Have to Teach.

Asset Corner #103

by Gene Lovasy

SHOW KIDS YOU CARE: PAM-PER THEM.

July's Asset Category:

CONSTRUCTIVE USE OF TIME. All work and no play can be boring and stressful. The pace of everyday life varies depending on the activities young people participate in. These fluctuations are normal, even healthy. As long as young people don't consistently have too much to do or not enough to do, they're right on track. Problems arise when the balance begins to tip too far to one side or the other. Too much involvement can lead to stress or anxiety. Too little involvement can be a sign of depression or isolation. Ensure that young people constructively use their time for both fun and learning.

Tips for building these assets Playing and spending time alone is important for everyone. But so is structured activity with other people. Help young people find the right mix by offering them a variety of choices: music, art, youth programs, and spiritual organizations that help them tap into their creative energy, provide new experiences, and teach new skills.

Also try this

In your home and family: Periodically, take an "activity inventory." Check in with your children to find out: how happy they are with their different activities; if the activities they are involved in are stimulating and challenging; if they're making friends with caring, thoughtful adults and peers; and if they're learning new skills, and more about themselves.

In your neighborhood and community group: Help create a safe, inviting place where young people can

Parma Resident Earns Medical Degree

by Jim Phillips

Christopher J. Yurosko of Parma, Ohio, was among the students who received a doctor of osteopathic medicine (D.O.) degree from Ohio University Heritage College of Osteopathic Medicine at the college's May 12 commencement exercises.

The child of Greg and Marge Yurosko of Parma, in 2014 Dr. Yurosko earned a B.S. in biology from John Carroll University, and is a 2010 graduate of Valley Forge High School in Parma. After graduation, Dr. Yurosko will begin a residency in internal medicine at Cleveland Clinic Akron General in Akron, Ohio. The 2018 graduating class was the 39th to graduate from the Heritage

College, which was created by the Ohio Legislature in 1975, and is the only institution in the state accredited to educate osteopathic physicians.

The Ohio University Heritage College of Osteopathic Medicine is a leader in training dedicated primary care physicians who are prepared to address the most pervasive medical needs in the state and the nation. Approximately 50 percent of Heritage College alumni practice in primary care and nearly 60 percent practice in Ohio. CARE LEADS HERE.

Bicycle Safety Day Rolls Onto Tri-C Western Campus

by John Horton

The Western Campus of Cuyahoga Community College (Tri-C) will host lunches, plus entertainment and activities. Children and adults can also check out local safety vehicles as well as an emergency medical helicopter. The free event will be held rain or shine at the KeyBank Public Safety Training Center at Western Campus, 11000 Pleasant Valley Road in Parma. Bicycle Safety Day is sponsored by Tri-C's Campus Police and Security Services. To register for the event, visit www. tri-c.edu/BikeSafetyDay. Call 216-987-0270 for more information. meet for clubs or other structured activities, or just hang out, i.e.: a park, playground, or community center.

In your school or youth program: Provide constructive before-and afterschool programs for young people who would otherwise spend the time unsupervised.

Our city recreation departments, the 3 county library branches, the Family Collaborative are just some of the organizations offering resources & programs in support of this category of asset. If not free, their cost is minimal and certainly worth checking out, at the very least.

Visit www.parmacityschools.org/ assets or www.search-institute.org/ assets for more information about the 40 Developmental Assets and ideas for helping young people build them. Or go here http://www.parentfurther.com/ for great asset-based parenting tips, tricks, activities and ideas.



Scholarship Committee with Recipients. Left to right, Marilyn Sledz, Amy Martin, Michelle Cappetto, Heidi Hubbard, Gerry Knapp, Pat McAndrew, Ann Adams, Paula Binder.

College Club West Announces The 2018 Scholarship Recipients.

by Paula Deal

College Club West is pleased to announce its 2018 scholarship recipients. The club provides tuition grants for women age twenty-five and older. The four winners this year will each receive \$3,000 tuition grant for the 2018-19 school year towards a bachelor's degree or higher.

Michelle Cappetto of Strongsville is working towards a Ph.D. in marriage and family therapy at Kent State University.

Heidi Hubbard of South Euclid is attending Kent State University and working on a B.A. in psychology **Amy Martin** of Brunswick attending Kent State University for a Masters in Library and Information Science.

Bethany Thomas of Lakewood is working towards B. S. in biology from Baldwin Wallace University.

College Club West offers west side Cleveland women with four-year college degrees and registered nurses opportunities to learn, socialize, and participate in fun, meaningful activities. Check the club website for details about the scholarships, http://www. collegeclubwest.org/scholarships. Applications for the 2019 scholarships will be available in November.

its annual Bicycle Safety Day from 9 a.m. to 1 p.m. Saturday, July 14, to promote and encourage safe riding habits.

Bicycle helmets will be given to children ages 5 to 12 while supplies last. Studies show that helmets reduce the risk of head and brain injuries in the event of a crash.

The family-friendly event will include free hamburger or hot dog

Launched At Tri-C's Western Campus

New Era In First Responder Training

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possible. Approval of Issue 61 raised \$227.5 million for the College to create new instructional space, keep pace with changing technology and address decades of wear and tear on buildings.

Simulation Village is one of several construction projects launching this year. Work also has begun on the new Western Campus STEM Center in Parma, the Westshore Campus Center in Westlake and an expansion of the Advanced Technology Training Center in Cleveland.

To keep track of progress on Tri-C projects, visit www.tri-c.edu/Con-structionUpdates.





INSPIRATION

I Believe

by Daniel Taddeo

As parents, the goal is not just to get children to obey, but to help them develop a healthy conscience—an internal sense of right and wrong. Children of all ages, but especially teenagers, need to know precisely what is expected of them and what the consequences of disobedience will be. Do not use harmful words in talking. Use only helpful words, the kinds that build up and provide what is needed, so that what you say will do good to those who hear you.

God knows that His likeness resonates in the human heart, drawing honest-hearted people to Him and setting them on the path to everlasting life. Good character is what we look for in others. It is what employers look for in us and, most importantly, this is what God looks for in us. How we accomplish something should always have priority over what we accomplish. It is a problem for youth when the goal of wellness turns into an obsession with them. We no longer honor the wisdom and beauty that can grow with age. We live in a death-denying culture.

One of the reasons America prospered was a strong emphasis on traditional family values that included instruction on the differences between right and wrong, teaching that began in the home and continued at school. The perspective regarding social morality has changed dramatically over the last generation or two. What was considered abnormal is now considered normal, such as promiscuous sex. We need to examine how these changes are impacting the whole of society.

There are many paths one may follow in life, including the way of materialism and secularism; however, only one way leads to eternal life. Jesus said, "I am the way, the truth, and the life." We can tolerate almost any situation when we have hope that things will get better, even when conventional wisdom might suggest we give up.

Self-reflection is always a good exercise. What I believe is a work in progress, not limited to these statements and subject to change. What do YOU believe?

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Growing And Gone

by Lizabeth Braskie

It's always fun to watch a child's eyes light up when waiting for the Easter Bunny, the Tooth Fairy, or Santa Claus. In our house a visit from any of these friends evoked such a heartwarming response from the recipient, that the memories were seldom forgotten. In our family of eight children, these practices were carried out, but along the way I must confess, I shed a few tears. These feelings were not because of what we enjoyed with the children when the "visits" took place. No, it had to do with the growing up process.

When our first child was old enough to understand and join the ranks of those who were dedicated to carry out these traditions, it made me a little sad to know she was taking steps toward maturity. One by one her brothers and sisters stepped over the line, but each was careful to remain true to the mysteries which were entrusted to each of them. We soon reached the point where these discussions were "almost" a dinner table topic. Except for the youngest child.

She would leave the Easter Bunny a carrot, write Santa notes, and leave her tooth in plain view. I thought her belief span would be considerably less than her predecessors. But I was wrong! She was enjoying her festive chances to celebrate being young. Each time she carried out her usual approach to the occasion and became totally engulfed in the tradition of things.

I was happy this occurred because it made the holidays a little more meaningful. I guess I was soft-hearted and tried to savor the bits and pieces of my kids' childhood. Yet, I can't help wondering if there isn't something ironic in my last child's staunch support of tradition. What if she was playing the part just for my benefit?

All Saints Episcopal Church June Community Report

by Jeffrey Fowler

All Saints Episcopal Church in Parma, Ohio, celebrated its 46th monthly food distribution on Saturday, June 16th. It was warm with a few threatening clouds, but no rain fell on our 38 volunteers and hundreds of guests.

We distributed more than 12,400 pounds of perishable food to 280 households(inhabited by 696 residents) in 21 northeast Ohio zip codes. Seniors lived in 70% of the households. Fiftyseven new households were served this month. Year-to-date We have distributed more than 62,000 pounds of perishable food to 1,216 households (542 unique) in 28 northeast Ohio zip codes.

Our next event is scheduled for Saturday, July 21st at 9:00 am.

As always, our thanks to the Greater Cleveland Food Bank, the Episcopal Diocese of Ohio, the City of Parma, and to our loyal volunteers for their steady support. We couldn't do this without you.

We are thrilled to be able to serve our community in this meaningful way.

Faith Community Directory

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NEIGHBORHOODS

West Creek Greenway Grows

by Jeff Lennartz

Hemlock Creek Trail construction begins in Independence; will help link Parma's West Creek Reservation to Towpath Trail.

(June 2018) - On National Trails Day, June 2nd, over 80 officials, trail enthusiasts, and project partners gathered in Independence to celebrate the groundbreaking for Hemlock Creek Trail. The 1.7-mile trail is part of the West Creek Greenway, an evolving 25-mile network of public trails and conservation lands radiating from the West Creek valley in Parma. The Hemlock Creek segment will link the Greenway directly to the Towpath Trail. A second connection of the Greenway to the Towpath will be three miles north in Cuyahoga Heights.

In addressing the audience, Independence Mayor Anthony Togliatti, host of the groundbreaking ceremony, noted, "Of all the community connections to the [Cuyahoga Valley] National Park's amenities that we are fortunate to have, the Hemlock Creek Trail will be the most extensive. Completion of the trail will ensure that our residents, daily workforce, and visitors can enjoy safe access to some of the most treasured natural assets in Northeast Ohio."

The concept of the West Creek Greenway originated some 20 years ago with West Creek Conservancy founder



Dave Vasarhelyi. Public support grew steadily as the Conservancy rallied citizens and civic leaders. A central hub for the trails and conservation lands of the Greenway is the section now known as West Creek Reservation, a natural area once threatened with development but saved by the citizens of Parma and West Creek Conservancy in 1998. It became a Cleveland Metroparks reservation in 2006, and continues to grow due to the ongoing land acquisition efforts of the Conservancy.

Named for the stream flowing prominently through the heart of Independence, and whose course it will closely follow, the Hemlock Creek Trail will become the largest community connector to date along Ohio's 110-mile Towpath Trail, which when finished will extend south along the

old Ohio & Erie Canal corridor from Lake Erie at Cleveland to New Philadelphia, Ohio.

The 10-foot wide asphalt all-purpose Hemlock Creek Trail will extend from Brecksville Road at Selig Drive, past the Cleveland Clinic Business Operations Center, and follow Hemlock Creek through parts of the former William H. Hunt estate in the national park. A 200-foot pedestrian bridge across the Cuyahoga River will rejoin the long-separated parts of Stone Road. Once east of the river, Hemlock Creek Trail will follow the abandoned length of Stone Road in the Village of Valley View to join the Towpath.

"This project has been a key element of the West Creek Greenway plan for more than a decade," said West Creek Conservancy Executive Director Derek Schafer. "Hemlock Creek Trail will help enable our 25-mile intercommunity recreation and green space system through Independence, Seven Hills, Parma, Parma Heights, and Brooklyn Heights. In addition to connecting these areas to each other, this will link them to our national park, three Cleveland Metropark reservations, and many other regional destinations."

We applaud the City of Independence for their perseverance in seeing the project through to this exciting moment. The City and our other partners have made Hemlock Creek Trail possible. Now and for generations to come, this trail will benefit community residents throughout our region not only as a basic amenity, but as a natural engine for health, growth, and prosperity.

Completion of Hemlock Creek Trail is slated for spring of 2019. Meanwhile, West Creek Conservancy will provide updates and free guided walks along the developing Trail and other parts of the West Creek Greenway to showcase the scenic and historic nature of the area. (The next Greenway walk is set for Sat. July 14th from Parma's Henninger Homestead.) Visit westcreek. org for the latest news on these activities and other Conservancy projects or call 216-749-3720 to be placed on the notification list.

Read the rest of this story online at parmaobserver.com

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PERSPECTIVE

Enabling Bad Behavior In The United States

by Lee Kamps

Over the Memorial Day weekend I attended the Jimmy Buffett concert at Blossom Music Center. I have been a big fan of Jimmy Buffett for a long time and have attended many of his concerts and thoroughly enjoy his concerts. I paid good money for a pavilion seat so I could see the show and one of my favorite performers. But my enjoyment of the show was marred by the behavior of the people in front of me who insisted on standing for most of the show. When I politely asked them to sit down, they continued to stand. Then when I asked again for them to sit down, they complained to the

usher who did nothing. So where do people think that they are the most important person in the universe and no one else matters?

Last month, one of the highest rated new shows on television this season was abruptly cancelled when its major star, Roseanne Barr, went on a Twitter rampage tweeting inflammatory racist posts. That wasn't the first time that she acted poorly in public. Back in 1990, after butchering the national anthem at a baseball game, she grabbed her crotch and made a gesture to the crowd.

Each day it seems that some celebrity somewhere is in the news for some form of outrageous and obnoxious behavior in public. Such behavior can be expected of children who may not know any better, but it seems that rudeness and being obnoxious has become normal in the United States.

Bad behavior goes right to the top. Previous Presidents were known for salty language. Harry Truman and Lyndon Johnson were known for their barnyard language. During the Watergate scandal, when the White House tapes were released, they revealed profanity from the President and made the expression "expletive deleted" famous. But the current President has lowered the standard for bad behavior from an American President to an all time low.

Recently a female comedian apologized for calling Ivanka Trump an obscene name for a woman. But somehow, when Ivanka's father used the same word in reference to another female comedian he doesn't like, he got a pass. During the campaign a video was released showing Donald Trump advising how celebrities can "get away with anything" and describing how he took advantage of women. Earlier in the campaign, he was on television mocking a reporter who has a disability in a demeaning manner. His campaign for President should have ended right there.

Previous Presidents have been loose with the truth at times. Richard Nixon was notorious for lying and Bill Clinton was also notorious for splitting hairs about the truth. Previous Presidents have covered up affairs with women as well. But when it comes to lying to the public, no previous President has done that as much as Donald Trump. Does he even know that he is lying?

Presidential campaigns and elections often become very contentious and the debates have been heated, but at least the candidates respected each other. Instead there was Donald Trump referring to his opponent as "crooked Hillary" and leading his supporters in cheering to "lock her up". That is what dictators do, jail their political opponents.

I am hardly wishing for a return of Victorian morality or stuffiness, but shouldn't Americans conduct themselves like adults and show respect and consideration for others? Shouldn't the people we elect to be our leaders show more respect for others, even those who may be hostile to them? A real gentleman is known for his restraint and ability to control his emotions while acting like an adult. It is time for all of us to realize that we are not the most important person in the universe.

Race, Racism, And The Power Of Language...

by Davidione Pearl

America will never fully accept people of color in this country until it directly addresses the nuances and fallacy of its very own manufactured domination-separation language. Those that consider themselves white are referred to as "Americans", while all others are classified as African American, Hispanic American, Asian American, Arab American, Indian, and the like..Not simply, "American". Make no mistake-Conservatives and Progressives that classify yourselves as white: you do not refer to yourselves as European American, yet you routinely uphold and allow assembly for such prevailing language of incomplete association towards all others around you. Re-engage the nature of your words, and you will begin to truly see the upheld subtle divisions and 'norms' of which we must work together to expose, and ultimately heal.

The power of language carries with it the weight of subconscious perception. We are separate and not entirely accepted as persons of color through the undertow of this compartmentalizing language. Separate, and most certainly not equal. Ever transparent. This socio-anomaly is by design to declassify, and always has been in America since the year 1619. And once declassified, it makes it easier for the subtle mind to validate microaggression and indifference to our pains, struggles, dehumanization, and



racism itself.

The fullness and totality of truly uprooting racism in any corner of the world lies much further beyond overtures against those that very clearly warrant outright exposure alone; for it is the very concept of race itself as a debilitating social construct that is inherently divisive and designed to divide us into classes that systemically collapses our humanity towards one another.

Ask yourself how this concept of race has ever truly benefited the world we live in throughout its vast history, or has it fundamentally kept us apart, at odds, and misunderstood, as those in power since its fabrication woefully continue to deem its furtherance as somehow worthy and necessary for us to maintain both social order, and social structure, the legs on which such powers stand and maintain luxury over our ignorance. We must buy into these socio-anomalies no more. Race as a concept is only relevant to those whom give it life; stricken it of its life, and we invariably deal a strickening blow to racism itself as it were, the diseased offspring of such abject fallacy. Race is a lie. Only a mind broken of chains is free. The choice is yours.

Parma's Fourth Of July Parade Is One Of The City's Biggest Events Of The Year

continued from page 1

Volunteer Parade Director Chris b Knebusch is tasked with coordinating the myriad of parade participants. a While hectic, Knebusch said he enjoys w helping organize what he describes as c a "true Parma tradition." "It's a large c draw for everyone – especially for the I kids, who just have so much fun," said m Knebusch, who estimates the parade s lasts more than an hour. "I would tell

kids to have bags ready for the parade." Knebusch said the parade – which has



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6765 State Rd., Parma, OH 44134 www.mountalvernavillage.com/np (440) 843-7800 Sponsored by the Franciscan Sisters of Chicago been a community event for more than 40 years – creates memories that last a lifetime for residents who grew up watching the festivities. "It's one of the city's signature events," he said. "It's a celebration of our country and of our Independence, but also of our community. That's what helps make this event special for so many of us."



IMPRESSIONS

Cox Communications Presents 2018 Cox Charities Community Grants



Left to right: Parma City School District, Director of Federal Programs Ava Yeager and Cox Communications Direct Sales Supervisor Myra Beckrest

by Jeff Lavery

Elected officials and community representatives joined Cox Communications to award the 2018 Cox Charities Community grants to the Parma City School District and Rocky River Public Library. Cox Charities, the company's charitable giving initiative, supports after school and summer learning programs focusing on STEAM (Science, Technology, Engineering, Arts and Math) learning.

Recipients were selected by Cox employee volunteers for providing quality after-school and summer learning programs with a focus on STEAM learning and a proven track record of creating innovative programs for Cleveland's youth. From collaborating on STEAM-focused programs with partners like the West Creek Conservancy to investing in exciting technology like 3-D printers, these organizations plan to put their grants to good use.

Cox Charities Northeast, a charitable giving initiative of Cox Communications, is fully funded by business vendors and Cox employees.

Since 2001, Cox has invested more than \$6 million in Cox Charities grants and in-kind support throughout Rhode Island, Connecticut and Ohio. Working in tandem with initiatives like Connect2Compete, which offers lowcost home internet for families on public assistance programs, the impact

Illuminating News:



Left to right: Rocky River Public Library Deputy Director Trent Ross, Rocky River Public Library Board of Trustees President John Hosek, County Councilwoman Nan Baker, Rocky River Public Library Director Jamie Mason, Programming and Digital Coordinator Stacey Hayman and Cox Communications Market Vice President Rob Brill

of STEAM programming is significant.

"STEAM programming is essential for engaging tomorrow's innovators and providing students with the tools they need to change the status quo," said Jay Allbaugh, senior vice president

and region manager, Cox Communications. "We are proud to support these organizations in their efforts to empower youth to build solutions for the challenges of today and ones yet to be discovered."

Local Residents Complete Training At Power Systems Institute At Tri-C

by John Horton

Nicholas Ricci, Jr. of Parma and Jacob Theobald of Parma Heights have been hired by The Illuminating Company after graduating from its utility worker training program at Cuyahoga Community College (Tri-C). Ricci and Theobald were among 27 graduates in the second class since FirstEnergy Corp. reinstituted the award-winning Power Systems Institute (PSI) training program at Tri-C in 2014. The Illuminating Company is a subsidiary of FirstEnergy.

The two-year program combines hands-on utility skills training at an Illuminating Company facility in



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taught in Tri-C classrooms. Graduates earn an Associate of Technical Studies degree with a focus on electric power utility technology. The program is a partnership between the College and The Illuminating Company that reflects the utility's ongoing efforts to enhance service reliability for Northeast Ohio customers. "The PSI program remains the best way to add well-trained, highly skilled employees to our workforce," said John Skory, regional president of The Illuminating Company. "The rigorous classwork and experience gained in the field by working with veteran line personnel help our new workers ensure

UH Parma Medical Center's Cardiac Catheterization Lab

continued from page 3

infarction. The expertise in UH Parma's Interventional Cardiovascular Center has been expanded this year with the addition of Khaled Sleik, MD, and will be further expanded this summer with the addition of Jun Li, MD, who will perform both cardiac and vascular cases.

safe and reliable electric service for our customers into the future."

FirstEnergy originally introduced the PSI in 2000 to prepare the company's next generation of utility line and substation workers. Programs were established at colleges throughout the company's six-state service area, including Tri-C. Since the program's inception, FirstEnergy has hired more than 1,700 line and substation personnel who completed PSI programs in Maryland, New Jersey, Ohio, Pennsylvania and West Virginia.

For information on the program, visit www.firstenergycorp.com/psi or call 800-829-6801.

ally invest in people and programs, and this investment is another example of our commitment to the Parma region," said Eric Hess, Vice President, UH Harrington Heart & Vascular Institute. "It will perfectly complement the

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"Our goal of anchoring a healthy community requires that we continuworld-class UH Harrington Heart & Vascular Institute physicians and staff that practice at UH Parma and the new additions joining our team there."

Coffee House & Hookah Cafe 6285 Pearl Road • 440.886.6648 PARMA HEIGHTS, OHIO 44130 Daily Promos From 1p.m. to 5p.m. Monday- Buy 1 Pastry- Get Medium Coffee FREE **Tuesday-** Noon-6PM \$6.00 Hookah w/Bev. Purchase Wednesday- Buy Large Mocha- 2nd one 50% off **Thursday-** Ladies Night- 50% off any drinks w/ad **Friday-** \$4.00 Hookah All Day **Saturday-** 50% Off Specialty Drinks Noon-6 PM Sunday- Open Mic Night-Patio

PARMA HEIGHTS LIVING

Parma Heights Summer Band Concerts To Feature Something New

by Rick Haase

The 2018 Parma Heights Summer Band Concert Series, offered in partnership with the City of Parma and Cox Communications will bring some lively entertainment to the Gazebo in the Greenbrier Commons complex at 6200 Pearl Road. Concerts begin promptly at 6:30 p.m. and are free and open to the public.

The concert series has one new addition this summer season in the Erie Heights Brass Ensemble. "The concert series is one of our most popular attractions in the summer months," said Parma Heights Mayor Michael P. Byrne. "It draws hundreds of people to our Gazebo and the surrounding green space every Sunday night. It's a marvelous way to spend an evening with your family and friends."

The schedule includes Rat Packera singer Don DiSantis on Sunday, July 22; variety singer Steve Myers on Sunday, July 29, the Erie Heights Brass Ensemble on Sunday, August 12, and the concert series concludes with longtime local singer and fan favorite Logan Wells on Sunday, August 19.

Bring your own lawn chair or blanket, and perhaps a picnic. The city



provides a dance floor for all concerts and it is usually very full.

For more information, contact the Recreation Department at 440.884.9606.

ARE YOU A SOCCER FAN? – If so, the Parma Heights branch of the Cuyahoga County Public Library is hosting two programs where you can celebrate the FIFA World Cup with a make and take craft. The programs take place Sunday, July 1 and Monday, July 9. No advance registration is required. The library is located within the Greenbrier Commons complex.

YOUTH SOCCER REGISTRA-TION -- Parma Heights will host in-person registration for Soccer programs on Thursday's July 5 and 12 from 6-8 p.m. at Parma Heights City Hall, 6281 Pearl Road. You can also register online at https:// register.parmaheightsoh.gov/youthsoccer-registration/

FAMILY STORYTIME – Speaking of the library, a family story time event will be held from 7-7:30 p.m. Tuesday, July 3. For more information, visit www.cuyahogalibrary.org.

IT'S THAT TIME AGAIN – Ward 3 Councilwoman JoAnn Koch is sponsoring the sixth annual Ward 3 Garage Sale from 9 a.m. to 5 p.m. Saturday, July 21. If you're a garage sale fan, this one is not to be missed. Koch puts in a tremendous amount of work to make it a huge success every year.

SPECIAL WASTE COLLECTION EVENTS – A community shred event will take place from Noon to 5 p.m. Saturday, July 21 at the Parma Heights Service Garage in the Greenbrier Commons complex. The following Saturday, July 28 the city's Household Hazardous Waste Collection event will be held during the same hours.

CONDOLENCES - I know you will join me in extending your sincerest sympathies to the family of Richard Z. Retsch, a longtime Parma Heights resident of Appleton Drive. Mr. Retsch, 93, passed away June 15 after an extended illness. Funeral Services were held July 21 at Busch Funeral Home, with interment at Hope Memorial Gardens in Hinckley. Mr. Retsch was the beloved husband of Olga V. Retsch (nee Holscevnikow) for 72 years. He was the devoted father of Paul Retsch, George Retsch-Bogart (Carol) and Anna Singleton (Donald); cherished fatherin-law of Jen; loving grandfather of Jocelyn (Chris), Michael, Sam (Kristy), Alex and Grace; and the great-grandfather of Hanna.

He was preceded in death by six older siblings in Poland. the time or season. Memorials may be forwarded to Greater Cleveland Habitat for Humanity, 2110 W. 110th Street, Cleveland, OH 44102.

Sympathy is also extended to the family of Harrison James Schiffer, the three-month-old infant son of William and Megan Schiffer who passed away on June 11. Harrison was the younger brother of Ava Schiffer; maternal grandson of William and Dorothy Schiffer; nephew and cousin of many.

Funeral Services were held June 22 at Divinity Lutheran Church, 11877 Blossom Ave.

Cremation was by Busch Crematory.



Parma Heights Resident Is Semifinalist In The World's Largest Speech Contest

by Molly Ketcham

Rob Telecky, of Parma Heights, Ohio, outshined more than 300 local contestants to win the district-level competition of the Toastmasters International Speech Contest. Telecky advances to the semifinal rounds of the contest, vying for one of 10 spots in the World Championship of Public Speaking® to be held at the Toastmasters International Convention Saturday, Aug. 25 in Chicago, IL.

Telecky, a member of Case Western Reserve University Toastmasters Club in Cleveland, OH, surpassed fierce competition to win over the judges with his speech, "One Day." The speech touched on the themes of gratitude, compassion and appreciation. When it comes to connecting with an audience, he said, "The key is delivering the message with strong, convincing emotion, which is relevant to my story." Telecky will compete with 105 other winners from districts around the world who advanced to the 2018 semifinal round after a six-month process of elimination through club, area, division and district speech competitions. Their five- to seven-minute speeches were judged on content, organization, gestures and style. "Toastmasters is a way to find your voice. We have much to teach and learn from each other. Focus on who you are and what you want to say, and it will all come together," says Telecky. "I am looking forward to embracing the stage in Chicago. It is an honor." Telecky is a licensed auctioneer, realtor, speaker



Rob Telecky

and occasional stand-up comedian. He originallyjoined Toastmasters to improve his skill as a comedian, but now his attention is on using his experience and humor to inspire.

The Toastmasters International Speech Contest began in 1938 and is the world's largest speech contest, involving 30,000 participants from 141 countries. It culminates with the popular World Championship of Public Speaking held annually at the organization's International Convention.

To interview Telecky, learn more about the contest or Toastmasters club membership, contact Monica Reusser, District Public Relations Manager reussers@att.net. Follow @Toastmasters International on Twitter to track Telecky's progress.

About District 10

District 10 is one of 106 districts, which comprises more than 100 corporate and community clubs in Region 6. To learn more about District 10, please visit:www.district10.org.

The Parma Heights Historical Society

by Bob Stilwell

We are not always documenting or talking about History. Over the past few years our focus has been on promoting a fun environment for the kids. We want to do a small part that will help the kids have fond memories of their youth as they grow older. We feel some of this fun has been lost during our ever changing world. We would like the kids to have similar good memories as our more senior citizens have had of their youth. Some of the fun promotions that have taken place are, Easter Egg Hunts, Pumpkin Painting, Christmas lighting at the Gazebo, and summer fun events. Our friends from the Vineyard Church on York Road have partnered with us to help with many of these events. Please bring your children, grandchildren, and great grandchildren to these events for a memorable time that will last them a lifetime.

AREA WIDE EVENTS

News You Can Use (And Where To Find It)

by Gene Lovasy

Click on any of the links below to learn more, to volunteer, or to bring yourself up to date re: active projects, initiatives and/or events & activities.

AmericanVeteransTravel-ingTribute(AVTT)TravelingWall– June28th– July1st:https://www.facebook.com/AVTTParma/.Theneedfor volunteers is great.Ifinter-estedcontact:CrystalJardine - email :crystaljardine15@gmail.com,Ph: 440-570-3054.

Parma City School District sanctioned summer programs & activities: https://www.parmacityschools. org/flyers or https://www.parmacityschools.org/summer.

Parma Area Family Collaborative for current programs and local resources: https://familycollaborative.com/

Cuyahoga County Public Library Summer Reading Program: https:// www.cuyahogalibrary.org/Events/ Summer-Reading

Cuyahoga County Public Library Adult Education GED, Benefit Enrollment Assistance, etc.: https://www. aspiregreatercleveland.org/

Parma Hts. PACT (Community Policing Initiative): www.facebook. com/parmaheights.police

Ohio Means Jobs: https://jobseeker.ohiomeansjobs.monster.com/

Stearns Homestead & Parma Area Historical Society (PAHS): http://www.stearnshomestead.com/ or https://www.facebook.com/StearnsHomestead/

Other announcements:

Meet Parma City Schools new Superintendent, Dr. Charles Smialek....Looking for input & feedback re strengths, challenges, etc., Dr. Smialek is hostingTown Hall type meetings on:

Saturday, 7/14 in Rm A of Parma Library (Powers Blvd) from 9:30 to 11:30 am, and

Tuesday, 7/17 Rm. A of Parma Heights Library (Greenbriar Commons) from 6:30 to 8:30 pm.

If you'd prefer, as an alternative, your thoughts can be conveyed by completing an on-line survey at www. parmacityschools.org/survey. The survey will remain open through July 17th. >> Back to school backpacks....If your child attends a schools in the Parma School District & receives free or reduced lunch visit www.famliycollaborative.com and complete the backpack application to see if he/she may be eligible to receive a free backpack & schools supplies. Application deadline is July 20th; email parmacollab@parmacityschools.org with any questions.

Summer Free Lunch Programs for area youth....

Parma City School's - June 4 through Aug 10th. Lunch will be provided on a first come, first served basis to all children ages 1 thru 18, from 11:30 am to 1:00 pm at the following locations: John Muir Elementary, Dentzler Elementary, Family Collaborative (Hanna Elementary) & Shiloh Middle School.

Summer Lunch at the Library – June 11th through Aug 10th at 11:30 a.m. – Noon; For kids 18 & younger; at all 3 local branches (Parma Hts, Parma & Parma-Snow) will be serving brown bag lunches provided by the Cleveland Food bank. Youth attending will be offered a free book through the generosity of the Cleveland Kids Book Bank.

Summer Lunch at UH/Parma Medical Center - June 4th – Aug 10th from 11 am – 1:30 pm; Children ages 1 – 18 are eligible to receive a free, healthy lunch. Registration is not required but children must eat in the cafeteria.

From ODE - Fight the Summer Slide....combat summer learning loss by encouraging students to access free online tools that promote reading and maintain math skills during the summer break.

Save the Date: Saturday, August 18,2018....Plan on attending the 2018 PCSD Opening Kickoff at Byers Field. As compared to last year, there'll be more groups performing & most school programs will have demos & reps available to answer questions. Returning this year will be the "Drive for Your Students" fundraiser co-sponsored by Barry Axelrod GMC & PCS Education Foundation. Go to www. parmacityschools/kickoff for more Did you know.... The Cleveland Seed Bank and Cleveland Public Librarieshave created a partnership where residents can, "Check Out," seeds from the Seed Library., at select libraries and plant them, if you fill out a short survey. http://www.clevelandseedbank.org/resources/csb-seed-libraries/

From the Parma Branch Library (Powers Blvd.) special events....

Ohio Means Jobs (https://jobseeker.ohiomeansjobs.monster.com/) Mondays – Fridays 9:00 am – 5:30 pm. An Ohio Means Jobs Employment Specialist is available for job placement and individualized job planning services. Please call 440.885.5362 to confirm the Job Specialists availability.

Summer Storytime – Saturdays in June and July at 11:00 a.m. Families. Join us for stories, songs and fingerplays. No registration required. https:// tinyurl.com/SummerStorytime

Jim Kleefeld's Rockin' Magic Show – July 20th at 2:00 p.m. Ages 4 – 12. Witness astonishing magic tricks with a musical theme, featuring popular rockin' tunes, famous musical groups and some oldies. Registration at https://tinyurl.com/RockinMagic

Adapted Storytime – July 21st

City Of Seven Hills Farmers' Market Welcomes Another Season

continued from page 1

snacks using minimum ingredients while maintaining maximum flavor. Try our oven-roasted almonds or premium jerky!

Barrio Food Truck: Will be at the Market on Thursday, July 12th creating the best tacos in town! Made from the freshest ingredients, Barrio's is ready to satisfy your taco cravings; filling, flavorful, meaty, or vegan!

Breads and Beyond Bakery:

at 2:00 p.m. Children with varying learning styles and abilities will learn together in a safe, supportive environment where respect and appreciation for differences is encouraged. Register at https://tinyurl.com/AdaptedJuly

Stuffy Sleepaway Camp – Ages 3 – 5. Party on July 27th at 11:00 a.m. Send your stuffed friend off for a week of fun. Stuffy will mail a letter home, then reunite with you at a Pick Up Party with camp activities, treats and an animated video of all the adventures. Drop stuffy off between July 15th and July 22nd. Register at https:// tinyurl.com/StuffySleepawayCamp

From the Parma Hts Branch Library....

Cyber Security & Online Safety: Wed., June 27, 2018, 7:00 - 8:00 pm. Learn about the risks of using public Wi-Fi, "SMiShing," antivirus software and common cyber scams. Get tips on how to keep your identity and your device safe. Click here to register

Summer Storytimes at the Library! Saturday, 6/2 - Tuesday, 7/31.- Join us for stories, songs, fingerplays and more. For Babies, Toddlers, Preschoolers, and Families. Please call 440.884.2313 for more information.

Located in Parma, Ohio we are a full service bakery that is known for our delicious Italian bread plus our other baked goods.

Cecilia's Sweets: Offering handmade desserts and special Peruvian cookies.

Cossel Farms: Seasonal vegetable farm in North Royalton. Also a provider of mulch, topsoil and firewood.

Read the rest of this story online at parmaobserver.com





Parma's Do Not Knock Registry blocks unwanted door-to-door salesmen

Parma, OH: To help prevent unwanted door-to-door solicitors, the City of Parma has partnered with the Northeast Ohio Public Energy Council (NOPEC) to provide a Do Not Knock Registry. According to Mayor Tim DeGeeter, "This is another way to increase the quality of life for our residents."

Parma residents can register online at DNKParma.com. Your address will be listed on the Registry, and you will receive a Do Not Knock window cling to display near your front door at no cost. If you signed up for the previous Do Not Knock Program in Parma, you must register for this new program to ensure you are included on the new registry and to get your window cling.

"The Do Not Knock Registry is another tool our residents can use to protect themselves from unwanted interruptions at home," said Safety Director Tom Weinreich.

When for-profit solicitors come to Parma, they must request a permit from the city. They are then provided with the Registry of addresses that they must avoid. If you have signed up for the Registry and a salesman still comes to your door, ask which organization they represent. Non-profit groups such as public schools and churches are not regulated by the same rules that for-profit solicitors must follow. The Do Not Knock Registry does not apply to these non-profit groups.

If you feel that a solicitor is in violation of the Do Not Knock Registry, contact the city of Parma to report them. If a solicitor asks for a copy of your utility bill, do not provide it.

For more information about the Do Not Knock Registry, visit DNKParma.com.

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