

“You can always count on Americans to do the right thing- after they’ve tried everything else”- Winston Churchill

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Parma City Officials Plan Significant Street Repairs

by Jeannie Roberts

More than 100 Parma streets will be either repaved, repaired or crack-sealed this summer and fall by the city’s Service Department, and in collaboration with

Cuyahoga County, portions of five major thoroughfares are also being repaired.

Additional major multi-city county projects, which total more than \$27 million,

will be performed between 2018 and 2020.

All told, this year the city is investing more than \$6.5 million into improving neighborhood streets and roads. Working with Auditor Brian Day and Treasurer Tom Mastroianni, the city will take out a \$3 million loan that, according to bond advisors, will not risk the city’s financial health.

Last year the city borrowed more than \$1.5 million for a Day Drive project, which consists of a complete concrete joint repair from Ridge Road to Lynett Drive and asphalt overlay from Ridge to Ames. The city is currently in a bid process for that work.

"Typically, we spend \$2 million a year on street repairs," said Director of Service Brian Higgins. "We're going to spend that \$2 million plus the \$4.5-million more that we borrowed."

This year’s neighborhood streets project is more ambitious than in years past, and repairs could continue until the end of October, according to Higgins, adding that weather conditions and contractor obligations factor into when the jobs can be completed.

"Through collaborative efforts with the County and

Summer Sizzles In The City Of Parma Heights

by Mike Byrne

Summer is in full swing in the City of Parma Heights. Summer means fresh fruits and vegetables straight from the garden. Produce grown in the Parma Heights Community Garden is donated to our local Parma Heights Food Pantry to help those in need in our city.

Yorktown Lanes has a fun and free program for children, called Kids Bowl Free. Registered children receive certificates to bowl two free games a day all summer long. Go to www.kidsbowlfree.com/Yorktown to register each child. Once you do so, you’ll receive free bowling passes every week via e-mail. Yorktown is a “Kids Bowl Free” bowling center, and participates in the Bowling to Schools Grant Program, which awards grants to both elementary and middle schools.

Even though we’re still enjoying the warm weather and sunshine, it’s not too early to begin thinking about fall

activities for your children. Fall Soccer registration will be available online at www.parmaheights.oh.gov will be held in-person from 6-8 p.m. on Thursday, July 6 and again on Tuesday July 11.

Summer is also a great time for cleaning out your basement and garage. Save your recyclable materials for our Household Hazardous Waste Collection event from 9 a.m. to Noon on Saturday, July 8 at the Service Garage, located in the Greenbrier Commons complex. From 9 a.m. until Noon on Saturday, July 22, the city will host a “Community Shred” event at the Service Garage. This is your opportunity to clean up your files and have important documents shredded at no cost.

The Parma Heights Library has two interesting programs that are free and open to the public that you might enjoy. “Gardening with

Read the rest of this article online at: parmaobserver.com



The Polish Village Volunteers have been honored as the Mayor's Citizens of the Month, and Yurch Funeral Home is the Business of the Month. The Polish Village volunteers work tirelessly to host such events as the Polish Constitution Day Parade, Fat Tuesday, Treat-n-Greet, and the public art project Flamingo Fever. Current members of the group are Barbara Brandon, Mark Relovsky, Donald Slager, Patricia Haller, Kelly Scheiman, Kathy Stanton, Marge Horvat, Sharon Schneider, Stefan Stefaniuk and Kathryn Mabin. Yurch



Everyday HERO Adrea Delfs at a press conference in her honor

Hero U.H. Parma Medical Center Nurse Jumps In To Aid Parma Firefighters

by T.J. Martin

On the evening of Monday, June 19, 2017 a devastating, and ultimately fatal accident occurred near the intersection of Snow and State Roads. Though one is often hard pressed to find the silver lining of such an occurrence this particular incident was blessed by an angel of mercy. A quiet, unassuming cardiac care nurse employed at The University Hospitals Parma Medical Center, by the name of Andrea Delfs became difference between life and death of one young child.

While on her way to work from her Old Brooklyn residence on that fateful evening, something told Andrea to

vary her normal route, which led her down Snow Road and ultimately into action. As the accident scene began to unfold Andrea noticed the devastation in her rearview mirror. Reacting within milliseconds Andrea’s heretofore unexplained route change became abundantly apparent. Andrea immediately initiated a U-turn, parked her vehicle and sprang into action.

Andrea was met by a man carrying what appeared to be a lifeless and bleeding child and here training, heart and skills took the forefront. Immediately assessing the child Andrea began lifesaving cardiopulmonary resuscitation efforts. Within seconds the previously lifeless child began to respond. Divine intervention was truly at hand as soon the child was softly able to squeeze Andrea’s hand.

Andrea knew that even though the child was not out of the woods she was stable enough to continue her healing efforts. As the wail of sirens from the responding Parma Fire Department units could be heard in the near distance Andrea moved onto the next victim. The driver of another vehicle was unresponsive, with no pulse and was not breathing. Nurse Andrea knew her efforts needed to be directed toward saving his life.

Without regard for her own safety, Andrea entered



Funeral Home is active in many community events, hosts an annual Christmas Toy Drive and has been in business for 100 years. Congrats to all and thanks for many jobs well done!

continued on page 4

COMMUNITY NEWS

The President's Corner

by Sean Brennan

This month's column is a continuation of my series covering Parma's many places of worship. In this edition I will report on my interview with Holy Family Catholic Parish Pastor Fr. Richard Evans. My visit with Fr. Rich was especially enjoyable, as I have known him for years due to his serving as Associate Pastor at St. Charles Borromeo Parish – my family's Parish - from 1997 to 2002.

Fr. Rich grew up in Cleveland near League Park and attended St. George Parish. His family later moved to Willowick and he graduated from Eastlake-North High School in 1967. The first of his family to attend college, young Richard attended Lakeland and Lorain Community Colleges, earning an Associates Degree in Applied Sciences. He worked in the chemical industry in the Cleveland and Chicago areas for several years. He was always



Sean Brennan,
Parma City Council President

an active member of Catholic young adult groups, planning and attending several social outings and retreats. His involvement with these groups, as well as a very influential priest, inspired him to enroll in Borromeo College of Ohio



in Wickliffe and, later, St. Mary's Seminary in Cleveland. Ordained in 1982, Fr. Rich has served as an Associate Pastor at St. Mary's in Chardon, St. Paul in Akron, St. Vitus in Cleveland, as well as St. Charles and St. Columbkille in Parma, before coming to Holy Family in 2007. He has served as Pastor for the past eight years.

Located at 7367 York Road, Holy Family Parish is the Mother Church for all Roman Catholic Churches in Parma, Parma Heights, Middleburg Heights, Hinckley, North Royalton, Seven Hills, Strongsville and Brunswick, according to a Parish document. Founded in 1872, by 11 farming families, with the blessing of Bishop Richard Gilmour, Conrad Rohrbach donated two acres of his land for the site of the Parish. Since that time, four churches have been built on the property – the current building dates to 1965 – as well as three school buildings, a rectory, a convent, a school administration building, a community center, gymnasium, day care, chapel/gathering area, and rectory garage.

A brochure about the Parish points out that the unique design is "supposed to remind the worshiper of God's perfection, eternal life and fullness of family." The modernity of the structure's look is reflective of the Vatican Council II reformed liturgical guidelines. The curved walls consist of a specially formulated concrete mix and a white limestone aggregate.

Holy Family is a very vibrant Parish with activities for people of all ages. For instance, for youngsters, the Parish boasts a Five Star day care center, early childhood and preschool programs, as well as an excellent K-8 school and after school latch key program. The Parish also has an adult Bible study group, parent-teacher unit, adult contemporary and occasional children's choirs, a bereavement group, health and wellness programs, an online prayer service (<http://pray4hfs.tripod.com>), pro-life group, social action committee, athletic association, senior citizens group, among many other opportunities to get involved and stay connected. Liturgies take place Monday through Friday at 6:30 and 8:30 am, Saturday at 8:30 am, and 4:30 and 6:00 pm (Vigil), as well as Sunday at 7:30, 9:30 and 11:30 am.

Holy Family Parish is also very involved in the greater community. In fact, Fr. Rich shared with me the following list of activities: monthly dress down collections for charities, student visits to nursing homes, collecting items for children in foster homes, support for the West Side Catholic Center, volunteering at St. Malachi community meals, food drives, collections for military service men and women, tuition assistance to needy families, etc.

Holy Family's annual summer fes-

tival is one of Parma's premier family summer events. This year the festival will take place from Wednesday, August 2 through Sunday, August 6. In fact, Parma City Council recently approved their annual fireworks extravaganza, which is always a huge hit.

In closing, I wish to thank Fr. Rich for opening his Parish to me and the community. If you would like to find out more about Holy Family Parish visit their website at <http://holyfamparma.org> or call them at 440-842-5533. Best wishes for a wonderful celebration of our nation's birthday!

Delicious Parma Restaurants That Don't Serve Pierogies...

by Kathie Zipp

Parma may be known for its pierogies and other Eastern European menu items, but the city and surrounding area also serve up delicious fare from a number of other nationalities. Here are some you have to check out.

Sushi Blue Ginger

Blue Ginger serves up great sushi and other Japanese, Chinese and Thai food. Monday and Tuesday they offer half off sushi, as well as happy hour from 4 p.m. to 6 p.m. Wednesday through Saturday.

1061 W Pleasant Valley Rd.
Mizu Sushi

Mizu is known for its modern interpretation of classic dishes and its insistence on only using high quality fresh ingredients.

10219 Brookpark Rd

Thai Charm Thai

Charm Thai is family-owned and offers authentic Thai cuisine such as curries and pad thai, as well as a full bar.

7426 Broadview Rd



Chinese Mandarin House

Mandarin House offers Chinese and Vietnamese food to eat in or take out including daily specials, bubbles teas and slushies and wine and beer. Even the basics like pork fried rice and wonton soup are top notch. (Photo by Eleni V. on Yelp)

10393 W Pleasant Valley Rd

Lebanese Sittoo's

Sittoo's (Lebanese for grandma) serves up traditional Lebanese salads, soups, sandwiches and entrees.

Read the rest of this article online at:
parmaobserver.com

Timothy J. DeGeeter
Mayor of Parma

Happy 4th of July!

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Paid for by Friends of Timothy J. DeGeeter, Shelley Cullins, Treasurer, 7501 Trevor Lane, Parma, OH 44129

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Fireworks

Family photo

PARMA Observer

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COMMUNITY NEWS

UH Parma's Child Care Center Receives Four Stars For Quality

by CJ Sheppard

In recognition of a commitment to quality and an ongoing dedication to the learning and development of children, University Hospitals Parma Medical Center's Child Care Center has received a Four-Star Step Up To Quality Award from the state of Ohio.

Step Up To Quality is Ohio's rating system, based on national research, that leads to improved outcomes for learning and development programs. Participating programs can earn ratings from one to five stars; UH Parma Child Care Center previously earned two stars in 2013. Star-rated programs demonstrate higher levels of quality, with dedication to school readiness skills, continuous improvement and family engagement. UH Parma's teachers have higher education levels than required, with additional training annually.

Four-Star rated programs are signified by:

- Higher educational qualifica-

- tions - Administrator and lead teachers have associate's or bachelor's degrees, many years of experience working with young children and complete at least 20 hours of specialized training every two years.
- Written, research-based curriculum – The lesson plans are aligned to Ohio's Early Learning and Development Standards
- Setting developmental goals – Teachers complete developmental screenings, set annual goals and evaluate students twice each year
- Building strong relationships with families – Teachers work closely with parents to develop educational goals for the children

"UH Parma's Child Care Center is very proud to have attained four-star status," said Manager Leah Anastasakis. "We know that children have 1,892 days from birth until school starts and every day matters. It is important to us that children develop their self-con-

fidence, social and emotional skills, and a love of learning."

Located in the UH Parma Health Education Center at 7300 State Road in Parma, the Child Care Center provides affordable, high-quality day care to children ages six weeks to Kindergarten. Children are placed into classes by age, with infants, toddlers and preschoolers in separate classrooms. In addition to meals, diapers and formula, children have access to an outdoor playground and a gymnasium. For more information, call 440-743-2585 or visit UHHospitals.org/ChildCareCenter.

Research finds the first five years of a child's life have a direct impact on how children develop emotional well-being, in addition to learning and social skills. For these reasons, the Ohio Department of Job and Family Services and the Ohio Department of Education are committed to improving early childhood opportunities for all children in the state.

"My goals for the children are that they find a love for learning, learn to be respectful and mannerly towards others and to leave school each day feeling proud of their accomplishments," says Maria Armeni, a teacher at the Center



Maria Armeni, a teacher at UH Parma's Child Care Center for the past 26 years, with student Chase Schulte.

for 26 years who currently teaches in one of the preschool classrooms. "I prepare the children for school by giving them opportunities to learn through play and exploration while encouraging them to use their five senses in helping them retain the information. I am honored to have worked with so many families over the years and the memories will last a lifetime."

Parents appreciate the convenient, quality child care that helps shape their children's world.

"My son has learned so much, made so many friends, and grown into such a wonderful 'little man,'" says Anesthesiologist Assistant Doug Marsh, whose 4-year-old son, Kainen, has been attending the Center since he was 6 months old and adores Miss Maria. "Everything that Miss Maria does is focused on providing the children with a comfortable learning environment where they are encouraged to explore."

For more details, go to www.early-children.org/sutq.

Vascular And Lung Cancer Screenings

by CJ Sheppard

UH Parma Medical Center is holding two free screenings this summer that could catch deadly diseases in an early stage when there are no symptoms.

Vascular Screening – Saturday, July 29, 10 a.m. – 2 p.m.

If you are 50 years of age or older – and you are a current or former smoker, have diabetes or have a history of high blood pressure and/or

high cholesterol – you may be at risk for peripheral artery disease (PAD) or other vascular diseases that affect the body's blood vessels.

Excellent treatments for all forms of vascular disease are available at University Hospitals Harrington Heart & Vascular Institute locations across northern Ohio, including UH Parma Medical Center.

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How Much Would You Pay to Prevent a Heart Attack?

A simple, noninvasive screening called coronary artery calcium scoring can help determine your risk for heart attack. University Hospitals is pleased to be the only health system in Ohio offering this test to our patients at no cost.

This X-ray test only takes 5 to 10 minutes to complete, and measures the amount of calcium that has accumulated in the walls of the coronary arteries. The resulting score can help inform your prevention or treatment plan.

Schedule Your No-Cost Calcium Score Test Today

Call **1-866-579-6825** to schedule your screening. A doctor's order is required prior to the test.



OBSERVER

Parma Fire Department Takes A Proactive Approach To The Heroin Epidemic

by T.J. Martin

It is heard every day in newspapers and on television stations across the nation but especially here in Northeast Ohio. “Heroin overdoses on the rise”. To combat the growing epidemic Chief Mike Lasky of the Parma Fire Department knew something had to be done.

Lasky also knew that the perfect one to address this plaguing problem would be a member of the department that grew up in the community, was active in local sports programs, is the father of teenage children of his own and one that had a passion for the safety of our youth. “I knew that we needed Captain David Higginbotham to get a program together where we could reach out to the youth of our community and warn them of the dangers of heroin before they came into contact with the drug. Knowing Captain Higginbotham’s connection to the community and his profound professionalism we



Police explain the dangers and truth behind the Heroin Epidemic.

would make an impact that could hopefully save countless lives.”

Captain Higginbotham, along with Firefighter Dan Guadino, formed what would become known as the Parma Fire Department Educational Task Force.

Hero U.H. Parma Medical Center Nurse Jumps In To Aid Parma Firefighters

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the entangled wreckage and once again began cardiopulmonary resuscitation. Andrea continued her efforts until relieved by the Firefighter/Paramedics of the Parma Fire Department took her place.

The thoughtful Delfs stated “when I see someone who needs help I can’t look away, I need to help”. It is the dedicated individuals, the firefighters, paramedics, police officers and nurses like Andrea Delfs that make a difference on a daily basis, the people that stand watch on a wall of protection and

say to their community “no one will harm you on my watch.”

The Parma Fire Department thanked Delfs for her quick action during the incident on their official Facebook and Twitter pages. The story was quickly picked up by the news media and a press conference was held to laud Delfs as a everyday hero who saw her duty and acted without hesitation. Parma Fire Chief Mike Lasky "On behalf of the Parma Fire Department I would like to thank Nurse Andrea. It is not often that people get involved but Andrea did so without hesitation and in the process saved a young life.”

“We developed the curriculum for a one hour program in which we could visit local high schools and through a simple TED style chat we could warn them of the dangers in every community as part of the heroin epidemic. Parma Hockey Coach Joe Guadino encourage me to present this program and offered outstanding support in his development” said Higginbotham.

The pilot program was presented to a small group of thirty parents and student athletes in September of 2016 and was very well received. Higginbotham and Guadino were buoyed by the initial reception and took their program on the road. To date the pair have visited several area high schools to present the program to freshman, sophomores, juniors and seniors and have made an impression students across the area. “If our program saves just one life of a teen that may have considered using this deadly drug it will have been well worth

all of our time and effort” says Firefighter Guadino.

The department has received several requests for information about the program from schools, fire departments and police departments throughout Northeast Ohio. “We are happy to share our curriculum with any program that wants to get the word out about the dangers of heroin and we love that it has garnered such interest” said Higginbotham. Several members of the Parma Fire Department have taken the curriculum and program to their respective home towns to share with parents and student.

“Our department has always been proactive in the protection and safety of our community. Through the Parma Fire Department Educational Task Force we have been able to take our efforts out to the youngest community members and make an impact on their lives” says Lasky.



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Show Kids You Care: Learn What They Have to Teach.

Asset Corner #91

by Gene Lovasy

SHOW KIDS YOU CARE: Help Them Become An Expert In Something. July's Asset Category: CONSTRUCTIVE USE OF TIME All work and no play can be boring and stressful. The pace of everyday life varies depending on the activities young people participate in. These fluctuations are normal, even healthy. As long as young people don't consistently have too much to do or not enough to do, they're right on track. Problems arise when the balance begins to tip too far to one side or the other. Too much involvement can lead to stress or anxiety. Too little involvement can be a sign of depression or isolation. Ensure that

young people constructively use their time for both fun and learning. This column's focus will be on.....Asset #17 Creative Activities

The arts for fun and learning

Whether it's Mozart or the Rolling Stones, Picasso or graffiti, most people like some type of music or art. Being creative—singing, playing the piano, drawing, or acting—can be fun, and helps young people improve basic and advanced thinking skills. Performing and creating works of art helps young people develop cognition (intellectual comprehension), cultural understanding, communication, and creativity. Learning that's fun and worthwhile—what could be better?



by Jean Micklewright

We had a wonderful experience representing MyCom at the 2017 Parma Safety Fair. Many parents and young people stopped by our table to learn about the opportunities MyCom offers youth in the Parma, Parma Heights and Seven Hills neighborhoods. In addition we were grateful to partner with AT & T to have their representative, Kevin Lynch, Director of External Affairs, demonstrate the text and drive simulator. This simulator helps both adults and young people experience the dangers of texting while driving. The results prove that distracted driving is dangerous. Hopefully each participant will remember their experience and make the decision to not text and drive.

Tri-City MyCom was recently awarded a gift from the AT & T Foundation. We want to express our gratitude to State Representative Nick Celebrezze



and Kevin Lynch for facilitating this gift. These funds will be used to advance career readiness to prepare young people in Parma, Parma Heights and Seven Hills as a future workforce. Thank you to the AT & T Foundation for investing in future generations to ensure they are educated, self-reliant and contributing members of strong communities.

If you are looking for something for your children to do this summer, try the FREE Summer Days drop-in program at the Hanna building, 11212 Snow Road: M-F, 10-2pm there will be free lunch, fitness, games, arts and crafts until August 11.

Check out area churches for Vacation Bible School and sports camps led by caring adults and teens.

Our three Tri-City libraries, Parma, Parma Hts. and Parma Snow have fantastic, free activities for youth as well as free lunch!



Here are the facts

Research shows that young people who spend three hours or more a week in music, theater, or other arts are more likely to grow up healthy. Only 21 percent of young people, ages 11–18, do so, according to Search Institute surveys. It's important to help young people find creative outlets that are fun, teach them about themselves, and provide a way to relieve the stresses of everyday life.

Tips for building this asset

Everyone is an artist in some way. Think of how you may create a new way to surprise someone on her or his birthday, hum along to the radio, dance when you're in a good mood. These small bursts of artistic expression are important ways people communicate individuality. By bringing more art and music into young people's lives, caring adults can help to develop another side of their personalities, talents, and skills.

Also try this

In your home and family: Play magnet art. Here's how: Visit an art museum as a family. Have each person walk toward the first painting that catches her or his eye (drawing you to it like a magnet). Let each family member explain what he or she likes about the painting he or she chose.

In your neighborhood and community: Encourage the creative energies of everyone in the community by supporting your local community theater.

In your school or youth program: Integrate music into your regular curriculum or program. Start the day with a bit of classical music, followed at lunch by rock and roll or jazz, and end the day with opera. Discuss everyone's preferences and invite students and participants to help select songs for the next day.

ASSET RELATED NEWS

If you're looking for things to do w/ your babies toddler/s or pre-schooler/s to age 5, visit www.cuyahogakids.org, a recently launched, family-friendly, mobile-friendly website showing activities at locations within a certain radius or anywhere in the county. You can look for events or activities or even child care. If you're an organization

providing service to that youth cohort I'd encourage you to visit the site to make your organization and/or program is listed.

Came across the web site for the Scientific Learning Corporation whose stated mission is to combine advanced knowledge of how the brain learns and innovative technologies to improve English language and reading skills. Among other things is a link to their BLOG postings including a significant archive. A lot of really interesting information there.... www.scilearn.com/blog.

The Collab's (at Hanna Elem on Snow & Chevy Blvd) next Mobile Food Pantry will take place on Thursday, July 13th. During the afternoon distribution UH/Parma Medical Center, Community Health Nurses will be offering FREE blood pressure screenings and a representative from the Parma Health Ministry will be available to help folks apply for prescription assistance.

This year's "Supplies for Success" backpack/school supplies drive runs from July 5th through July 31st. Visit their Facebook page for detailed information on how you can help. The need appears to exceed the 1300 backpacks distributed last year and, in this regard, donations would be really helpful & appreciated.

"Summer Days" at the Collab (Hanna Elementary) This FREE drop-in activity program for kids runs from 10:00 am to 2:00 pm, Monday - Friday through August 11th. There's lots of fun and friends and FREE LUNCH! Stop by to check it out or call 440.887.4873 for information.

>> Contact Bruce Chamberlin,

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INSPIRATION

Growing Pains

by Lizabeth Braskie

At last, summer brings us the long-awaited abundance of fresh fruits and veggies. Who can resist a warm, succulent tomato right off the vine that rewards our hunger with a warm, juicy taste of a lost memory. How about biting into a perfect peach that tops the list of eating wholesome, delicious fruit. Not to be outdone, carrots and corn vie for attention and supplement our grilled burgers with tasty side dishes. We're so fortunate to have devoted farmers that keep us healthy with the fruits of their labor.

When I was growing up, we didn't think of growing our own veggies and fruit because it was sold in neighborhoods by hucksters in small trucks or horse-drawn wagons. But then we heard about the need for family "Victory Gardens," the patriotic answer to the terrible war that was affecting our country. We kids, 8, 7 and 4, were just beginning to realize the sacrifices we should make as our part of the war effort, since most of the yearly farm produce would go overseas to the fighting troops. Until then, we kids had minimal summer chores, then weeks of fantasies in the great outdoors, lazy days of challenging our creativity, playing board games, riding our trikes or baking with mom. But then, things changed!

Our small city yard had areas of concrete and a tree for climbing, but our dad dug up a small corner next to the garage for our part of the war effort. This was the beginning of our very own garden, and to us kids, the end of our summertime fun. The first year we planted about ten tomato plants, two rows of beans and a patch of carrots and potatoes. We kids hoped we were done with the work until we were told this was our job for the summer. We were taught what weeds looked like and how to cultivate tomato plants. The watering was another story. Since our hose didn't reach that far, we

had to put two full pails and a sprinkling can in our wagon and pull it to the back of our yard. This was work until we found out that if we were clumsy we could splash each other and cool off. By the time we accepted this reality and saw our efforts result in healthy plants, we again thought our work might be over and we could now be free to enjoy what was left of summer vacation. Not so. We were shown how to pick the beans, being careful not to disrupt any blossoms that would produce more of this dreaded vegetable. Tomatoes were easy to harvest and luckily our dad took care of digging up the carrots and potatoes.

Eventually, we kids became accustomed to caring for our victory garden and thought we were finally nearing the end of our duty. Oh, no. Mom had a wonderful surprise for us. Now was canning season and we would be helping her cut beans, scrub carrots and peel tomatoes. She had supplemented our harvest by ordering more of the same from a farmer! This can't be happening! Where's our fun? We kids had to slow down and accept the inevitable situation that would become our daily routine.

We had our garden during every year the war continued and it grew in size and quality. As time went on, we became more understanding and accepting of our responsibilities. We adjusted our attitudes, yet our overall happiness was not sincere as we knew it. But in spite of all our prayers for the ending of the war, there was a benefit we kids wholeheartedly agreed on. It was the precious wintertime wealth of delicious canned veggies that added to our table's camouflaged portion of meat. It was our reward for the constant hard work that helped sustain us and the reason for it all. That's why it was then, and only then that we'd unanimously admit that yes, it's true! There really was a victory in having a garden.

Tri-City Veterans Of The Korean War To Be Honored

by Jeannie Roberts

Last year, the City of Parma honored our city's veterans of World War II. This year, with Seven Hills and Parma Heights participating as well, the cities would like to honor veterans of the Korean War.

If you served or know someone else in Parma Hts. or Seven Hills who served in the Korean War, please let us know. A special email address – koreaveterans@cityofparma-oh.gov – has been created so that you can send in your contact information so that we can be in touch with you regarding our ceremony. You may also call Parma City Treasurer Tom Mastroianni at (440) 885-8812 or Communications Director Jeannie Roberts



at (440) 885-8181. The ceremony will be held Thursday, Sept. 14 at the UAW Local 1005 Hall, 5615 Chevrolet Blvd., at 6 p.m. Parma Mayor Tim DeGeeter, Mayor Mike Byrne of Parma Heights and Mayor Richard Dell'Aquila of Seven Hills will present proclamations to the veterans from their city.

Vascular And Lung Cancer Screenings

cintunued from page 3

Lung Cancer Information Session – Tuesday, Aug. 1, 6 – 7 p.m.

The only recommended screening test for lung cancer is a low-dose CT (computed tomography) scan. The U.S. Preventive Services Task Force recommends a yearly lung cancer CT screening

for anyone between the ages of 55 and 80 who has a history of heavy smoking (30 pack years or more and currently smoking or quit within the past 15 years).

Both sessions will take place in the Auditorium at UH Parma Medical Center. Call 440-743-4932 to register.

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PERSPECTIVE

Ignorance And Anti Intellectualism Are Threatening Our Future

by Lee Kamps

There is a very dangerous belief in the United States right now that one's ignorance of something is just as credible as another's knowledge of that same subject. When more than 90% of climate scientists agree that human activity is accelerating the warming of the earth; as an educated nation, we should take heed of that finding and take steps to reduce the cause of that global warming. But a sizable number of people in the United States includ-

ing our current President believe that climate change is a hoax. They cite no studies and offer no proof of their belief other than snow in their backyard last winter.

The United States used to be a beacon for science, research and invention. This country gave the world the electric light, the television, atomic energy, rockets to the moon and beyond and many more inventions that make 21st century life much easier. In addition science and research gave us vaccines

that conquered dreaded diseases that killed or crippled millions.

While vaccines have saved millions of lives and certainly made us much healthier, there are millions of Americans who are refusing to vaccinate their children because of some wrong belief that vaccines cause autism or that one will get sick from a vaccine. Reactions to vaccines do happen, but they are rare. Yet I am amazed at how many adults in the United States refuse to get a flu shot based on the mistaken

idea that it will give them the flu.

I am also old enough to be awed and amazed by the space flights of John Glenn and the other astronauts. I remember back in the summer of 1969 when Neil Armstrong from Wapakoneta Ohio set foot on the surface of the moon and it was broadcast all over the world as it was happening. Less than a year later, the nation and world was holding its breath as a crippled Apollo 13 space craft was brought safely back to earth. After the successful moon landing, we were confident that we could land a man on Mars by the end of the century.

Water

by Leo Lampeter

You may find this a little difficult to swallow but we are blessed to live in this area of the Great Lakes. As far as can be seen, we will have enough water to last for so great a time as to not be concerned about going thirsty. There is hope that there will not be some sort of disaster that would alter the situation, perhaps a meteor that would displace the lakes or an invasion from outer space or mass pollution by industry, something along the these lines. Just look at other areas of the United States. California can't make up its mind if is going to burn, earthquake or mud slide off of the face of the earth. The South has no water then it is deluged with rain, the Plains first are running out of ground water then get flooded,

the East Coast has plenty of hurricanes to keep them guessing. There is an outside possibility that we may drink the Lakes dry. It is a rare sight when one is seen without a bottle of water. Sitting at a desk where water is close at hand, wouldn't want to dehydrate from the stress of working a key pad. Walking outside, one is often seen with a bottle in hand. What would be the consequences of having to go to a water fountain and get hydrated? Although water fountains are becoming less conspicuous with all the water being purchased. Look at the sport venues, not a water fountain to be seen, smart, the venue can sell much more water, you have a captive audience. Whatever happened to grabbing a drink from a water spigot? That used to be a frequent

occurrence in by-gone days.

Soon the medical profession will come out with a decree that all this hydrating is bad for you. Not so unusual, it wasn't that long ago that working out in the sun and perspiring wasn't a good time for drinking water, according to the medical profession. The logic of that was that water caused cramps when over heated. At one time salt tablets were the answer for the perspiring athletes. One has to wonder if the medical profession at that time was heavily invested in salt tablets. Why would they not be heavily invested in the bottled water industry in today's world? Whatever the rationale, water is a commodity that should be available to all people, it is vital. No one or no organization should profiteer from something that is so vital to life itself. The ones who control this commodity are responsible to all people. To support anything other than the purification of water for distribution to the public would be criminal. The City of Cleveland collects the money for tak-

Yet there have been no moon landings since 1972. We have abandoned any thought of further scientific study on the surface of the moon. There is talk about a manned mission to Mars and several unmanned space craft have explored the surface of Mars, but landing a man on Mars is now being talked about maybe in 2030 or later, if ever.

Then last week I read a column in the newspaper that stated that 7% of American adults or more than 17 million Americans believe that chocolate milk comes from brown cows.

Back when I was growing up, when the United States was "great"; teachers were respected and admired. Education was valued and I seldom saw a school levy being defeated

Instead of revering knowledge and wisdom; in the United States we worship money. But the 21st century is a global community. Many Asian cultures revere knowledge and wisdom. They also have 12 month school years and send to this country many scientists and engineers. Unless the United States gets over this cult of anti intellectualism and the belief that one's ignorance of a subject is just as valid as another's knowledge; the United States days as a leading world power are numbered.



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OBSERVER

Paradise Lost

by Corbin Luna

A long time ago in a paradise that today seems so far, far away, there were two political parties. In paradise we all wanted essentially the same things. We wanted to live our lives as we saw fit, free from crime and other interference. We wanted prosperity. We wanted the opportunity to pursue the American Dream. The difference between the parties was how to best provide the opportunity for us achieve what we wanted and when they disagreed, they compromised for the good of paradise. But then factions of the two parties moved so far to the extreme left and right that the two became, in essence, four. And the extremes became inflexible and compromise became taboo. And paradise was lost.

Oh what I would give to return to paradise. I would love to dump both extremes on a desert island far from any civilization where they could only harm each other while the rest of us got on with our lives in the tranquility of paradise. Just to be double safe, I'd nuke the island into oblivion.

But I have to admit, if I was forced to nuke just one of the extremes, it would be the radical left, the liberal elite. Don't get me wrong, the radical right is bad enough, but they are transparent. They seem to have principles, albeit misguided principles that most

of us don't agree with. But at least you know what they stand for. The radical left is sneaky bad. The only principle the liberal elite seem to abide by is that they know best and you better not question their authority. Besides, according to studies by PEW Research and others, liberals become much more radical in their beliefs than conservatives have.

The liberal elite are also more dangerous because they control one of the major parties. They gained control of the DNC while Clinton was President

Yorktown Lanes Welcomes 2017 Junior Gold Championships To Parma Heights July 15-21, 2017

by Rick Haase

Yorktown Lanes, 6218 Pearl Road, Parma Heights, will be one of seven area facilities to welcome the 2017 Junior Gold Championships, July 15-21, 2017.

The Junior Gold Championships is an annual national tournament for the top male and female youth bowlers in the United States. The tournament awards scholarships and youth bowlers competing in the U20 and U15 divisions also have the opportunity to earn a spot on Junior Team USA. The tournament has six divisions – U12 Boys, U12 Girls, U15 Boys, U15 Girls, U20 Boys and U20 Girls.

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and they are still running it. There is no better evidence of that than the last election. They decided which candidate they wanted and then they did everything they could to rig their primary. The distinguishing characteristic of the liberal elite is they think everyone else is way too stupid to make the right decision, even their own constituents.

When the middle class questioned what they were doing, they turned on them like rabid dogs. They called them a bunch of angry old ignorant white men. They called them irredeemable deplorables. They said they were “racist, sexist, homophobic, xenophobic, Islamophobic....” The middle class.

The working men and women of this country. The traditional backbone of the Democratic Party. Nothing but a basket of deplorables. Never question the liberal elite. They eat their young.

The very hallmark of our democracy is the peaceful transfer of power. But today the liberal elite are doing everything they can to stop that transfer, everything from trying to shut down free speech to calling for Trump's impeachment for obstruction of justice even though no evidence of his guilt has been presented. To them, a

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Lanes, 12859 Brookpark Road, Cleveland; Wickliffe Lanes, 30315 Euclid Avenue, Wickliffe; Game of Mentor, 7300 Palisades Parkway, Mentor; Roseland Lanes, 26383 Broadway Avenue, Bedford; and AMF Brookgate Lanes, 14950 Snow Road, Brook Park.

Finals in the Championships will be held Saturday, July 22 at Game of Wickliffe, and will be recorded for TV to air at a later date on ESPN.

“Yorktown Lanes will be hosting the U12, U15, U17 Girls divisions, as well as being one of the host centers for the USA Bowling championships” said Jeremy Cottrell, whose family owns Yorktown Lanes. “During this time we will not be open for public recreation, but there will be spectator passes available at the door for those wishing to watch the competition.”

The tournament itself will be run-

ning from 7a.m. to Midnight, from July 15 through July 21. Cottrell said he anticipates more than 13,000 visitors to Parma Heights during the tournament week. Numbers will, of course, vary from day to day.

“This is a big deal for Parma Heights,” said Mayor Michael P. Byrne. “It has the potential for some significant economic impact for our local businesses. We couldn't be more excited about it. We welcome the bowlers their families and friends.”

You can purchase a Spectator Pass for the tournament at:

https://www.bowl.com/Junior_Gold/Junior_Gold_Home/Adult_Spectator_Pass/

For additional information, Contact Jeremy Cottrell at Yorktown Lanes at (440) 886-5300, or visit www.yorktownlanes.com.



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AREA WIDE EVENTS

Shear Tenacity:
Parma Hts. Barbershop Closes After Decades

by Lori Suppa-Sveda

For the last 53 years, Tony Suppa has come to work each day to a place where he gets to spend time with the people he calls friends and family. They'd greet him with a smile as they walked in the door to take a seat in his chair at Total Image. The barber shop has been in operation in the same building since 1960.

It all began with a young soldier taking a chance. Tony Suppa's father acquired his barber's license through

the GI Bill, after serving in WWII. This was a bill signed by President Roosevelt to give benefits to war veterans in gratitude of their time served. Louis Suppa then worked at Mercury Barbershop in Southland Shopping Center for several years before opening Lou's Barbershop down the street from the current location in the late 50's. In 1960, Louis Suppa built the current barbershop at 6581 Pearl Rd.

As a young boy, Tony Suppa worked in his father's shops shining shoes for just pennies. Louis was adamant that his son follow him in the barber profession. Upon high school graduation Tony went right into barber school. in 1964 he began cutting hair alongside his father and hasn't stopped since! Shortly after moving to the new location, Lou decided to venture into other businesses. Tony Suppa, fresh out of barber school and now a newlywed, purchased the business from his father, started paying rent and formed Man's Image.

In the 1960's Tony was cutting mop top hair-



cuts and pompadours made popular by The Beatles and Elvis Presley for \$2.00 a cut. In the 1970s, it was hip to be a hippie and many men grew their hair long causing the hair cutting business to struggle. Tony was determined to create and maintain a successful business. He changed the name to Total Image Hair Designers and became a full service salon. At the time, Total Image was one of three full service salons in the Cleveland area. In the 80's while designing mullet and slick-backed hairstyles for his customers the business really took off. Next, the longer, texture styles began to appear in the 90's brought on by the popular boy bands. The turn of the century brought on many new styles in hair and Tony has done them all from Mohawks, to tapered styles to buzz cuts and more.

Suppa, who is 72 admits that It's been tough saying goodbye to a shop



that's been like a second home to him. Not only will he miss his work but he will deeply miss his customers. Some of his customers have been getting haircuts from Suppa for decades. He's even cut three generations of hair in some families. At times when clients were unable to make it into his shop due to sickness or becoming disabled Tony would pack up his supplies and go to their homes to cut their hair. These people are not just customers, they are friends and that's what he will miss the most! He will always have fond memories of a place where he not only cut hair, but formed bonds.

In May of 2017 Total Image Hair Salon closed its doors forever. The property has been sold and the new owner is going to renovate the space for their own business needs. Suppa may have packed up his tools and sold his chairs and building, but he isn't ready to completely quit. He will be cutting hair part time down the road at Suburban Barber Shop and he hopes to see familiar faces.

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Parma City Officials Plan
Significant Street Repairs

continued from page 1

working with our Council and financial departments, we're finding ways to do more than we've ever done before," Mayor Tim DeGeeter said. "As an inner-ring suburb we have aging infrastructure issues, but we're committed to working on improving our roads. One of the major projects will be West 54th Street from Snow to Hollywood."

Assistant City Engineer Hasmukh Patel secured a \$252,711 grant to help pay for the city's re-surfacing of Day Drive and his efforts have helped to save valuable capital dollars for the city.

Every year, the Parma Service Department collects street condition information from its street supervisors, citizen requests, and City Council recommendations. That information resulted in 41 streets that will be repaired and 92 streets to be crack-sealed.

Parma has spent more than \$2 million in each of the last five years on improving city streets. The city also has used at least \$150,000 each year in Community Development Block Grant funds for streetscape improvements.

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PARMA ART SCENE

Parma Art News

by Kathryn Mabin
FREE ART CLASSES! For seniors age 55 plus, at the Donna Smallwood Activities Center, located at 7001 W Ridgewood Drive! Classes are limited to 10 students each, in order to offer individualized attention. Supplies are included. These classes are for the beginner.

Watercolor with Emery Bogardy (ages 55+) Monday's – 9:30am to 11:30am
8 weeks – beginning July 10, 2017 – ending August 28, 2017

Learn To Draw Portraits with Sean Mabin (ages 55+) Thursday's - 1:00pm to 3:00pm
6 weeks – beginning July 13, 2017 – ending August 17, 2017

To register, call (440)843-6474 and leave a message, email kathryn-mabin@att.net, or sign up at the front desk of the Smallwood Center. These classes fill up fast, so don't hesitate. The classes are brought to you through a matching grant from Cuyahoga Arts & Culture, Parma Area Fine Arts Council and local residents who believe in the importance of arts programing for the community.

Last year was the first year Parma

Area Fine Arts Council was able to provide the free classes for the benefit of the community. One of the beginner water color students painted a lovely Matisse like watercolor of a vase and flowers. A friend who lives in an upscale community loved her painting so much she offered to purchase it. She gifted it to her instead. Much to the beginners amazement, it now hangs in the same room as an original Picasso. Can't promise your work will hang with a Picasso, but we do believe you will find much to enjoy. Some students took their paintings to a printer, who made greeting cards from them. Many have found a new hobby.

Kathy Kijack, member of Parma Area Fine Arts Council's board, was very excited when her painting titled Metroparks, was accepted into the juried art show for Cleveland Metroparks Centennial. Look for her painting at the Watershed Stewardship Center at West Creek August 1st through the 27th.

Parma Area Fine Arts Council offers summer art classes for youth ages 7 to 17. These classes are held on Wednesdays, 4:30 to 6:30pm, at the Smallwood Center. Cost is \$8 for the 2 hour session, and supplies are included. Call (440)888-4514, or (440)843-6474 for more information or to register.

Grant Funds Enable Major Renovations At The Cassidy Theatre

by Rick Haase
The Cassidy Theatre continues to undergo a major transformation both inside and out. The theatre's two community rooms have been completely renovated using a \$50,000 grant the city received from the State of Ohio with the assistance of State Rep. Martin Sweeney (D-14). The funding came from the Ohio Facilities Construction Commission, according to Parma Heights Mayor Michael P. Byrne.

The interior renovation includes the following:
Upgraded energy-efficient lighting.

- A new electrical system.
- New wood flooring.
- New ceilings, and
- New paint.

"Our hope is to turn the building into a community center in addition to its use as a community theatre, and make the space available to Parma Heights residents," Mayor Byrne said. "One room has a capacity for 50 guests, and the other has room for 100. Residents have the opportunity to rent one or both spaces for occasions such as baby and bridal showers, wedding receptions, or birthday parties."

The exterior of the building is also receiving a makeover, which will be funded by an additional \$50,000, awarded to the city through the Cuyahoga County Supplemental Grant program. The program is brand new.

Parma Heights was one of a select few cities to receive a grant in the amount of \$50,000. The supplemental grant program dollars were derived from casino tax revenues, Byrne said. That grant program is administered by the Cuyahoga County Department of Development.

It will pay for:
Replacement of exterior wood on the front and sides of the building with a new vinyl material.

"The old wood has been extensively damaged by the elements and insects," Byrne said. "While the interior work is already complete, the exterior efforts will be undertaken and finished by the end of the summer."

The theatre opened to the public in September 1974 under the administration of the late Parma Heights Mayor Paul W. Cassidy. Originally known as the Greenbrier Theatre, it was renamed in Cassidy's honor several years later. Both he, and his surviving wife, Elise, an actress, were instrumental in making the community theatre a reality for residents and the community-at-large. It is located in the Greenbrier Commons complex at 6200 Pearl Road.

"We're really excited about having the chance to improve both the interior and the exterior of the theater for our community. We think of the theatre as our crown jewel. We also hope residents of the community will not be shy about making use of the new amenities as a community center," Byrne said.

He urged residents to contact the Parma Heights Recreation Department at (440) 884-9606 if they would like to rent the newly-renovated interior spaces, or e-mail recreation@parmaheightsoh.gov.

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