

"I can't believe a business I hadn't supported in decades closed down"- Gabe Csikos

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Rib-n-Rock Has A New Location in 2016

by Dave Nedrich

The Parma Area Chamber of Commerce and Event Sponsors, UH Parma Medical Center and Cox Communications, in partnership with Cuyahoga Community College West campus and The Illuminating Company proudly presents our 26th Anniversary of our Annual Rib 'N Rock Cook Off on Thursday, June 9 through Sunday, June 12, 2016. Our NEW LOCATION is at Cuyahoga Community College Western

Campus, 11000 W. Pleasant Valley Rd. Parma (site off York Rd. & parking is free on the campus).

This year's event promises to be better than ever with a great line-up of music and a variety of food choices. Friday night, June 10th is country night and Sunday, June 12th there will be separate entertainment from the main stage that will include timeless classics, from 1:30-3:30pm and a polka band from 4:00-7:00pm in the north pavilion near the

entrance.

Our returning Rib Vendors are Armadillo's, Butch's BBQ of New Jersey, Jack on the Bone, MOJO'S, Smokin T's, Texas Pit, and Pigtails BBQ who will compete for Best Ribs and Best Sauce. Our other Food Vendors include Euclid Beach Custard, Jimbo's Concessions, 32 Degrees, Sue's Pierogies, The Original Greek Gyros, The Crooked Kettle Popcorn, D Kay's Waffles and Buckeye Concessions. The Parma Area Kiwanis and the Rotary Club of Parma have teamed up this year to bring back the Roasted Corn booth. All proceeds will stay in the



community and help fund their projects, sponsorships, events and scholarships.

We will also have Exhibitors and an Amusement area provided by Great Lakes Exposition.

Please join us at this fam-

ily-fun, community event that is close to home. Admission is still only \$3 per person (children under 12 are free). Coupons are available at ParmaRibnRock.com, in Val Pak, Town Money Saver and at other locations.

City Beautification Efforts Begin In Polish Village



Mayor Tim DeGeeter and Ward 2 Councilwoman Debbie Lime with one of the large planters installed along Ridge Road in Polish Village.

by Jeannie Roberts

Parma residents driving on Ridge Road through Polish Village might be wondering what's with the sizable terracotta "bowls" that have appeared on the sidewalks there lately. A couple of weeks ago, they were merely empty bowls. Now they are filled with soil. Pretty soon, they will have greenery in them, and flowers. There are 20 of the planters placed throughout Polish Village; in the future, there could be more in other

parts of Parma. "This is just another step toward beautifying Parma," Mayor Tim DeGeeter said.

The planters were paid for using Community Development Block Grant funds, and all the flowers and shrubs are being donated. Business owners and residents will plant and maintain the flowers, and the Ridgewood Garden Club of Parma has volunteered its time and expertise as well.

"We started with Polish

UH Opens New Outpatient Center In Broadview Hts.

by CJ Sheppard

University Hospitals unveils its newest outpatient center in Broadview Heights with a public open house and a host of activities on Sunday, June 12.

The \$28 million state-of-the-art UH Broadview Heights Health Center, with a freestanding emergency department, is located at 5901 East Royalton Road (Route 82) in Broadview Heights, adjacent to I-77. The new health center will be integrated operationally with UH Parma Medical Center, which will be the acute-care destination for patients who require critical care transport. Primary care physicians and specialists with offices in the new freestanding facility are members of UH Parma's medical staff.



A public open house will be held on Sunday, June 12 for the new UH Broadview Heights Health Center at Route 82 and I-77.

"UH Parma Medical Center has a long-standing commitment to responding to the health care needs of Broadview Heights," said UH Parma Medical Center President Nancy Tinsley. "This new outpatient health center demonstrates a continued commitment to the patients and families we serve. We are bringing UH care closer to the community."

UH Broadview Heights Health Center will offer family and internal medicine, pediatrics, cardiology, gastroenterology, general surgery, neurology, OB/GYN, orthopedics, radiology and lab services, urgent care and a 24/7 emergency room. In addition to X-ray, the new center will offer CT, digital mammography and ultrasound. By 2017, the health center also will offer pain management.

At the June 12 community open house, from noon - 3 p.m., UH will offer free health screenings, light refreshments, giveaways, and self-guided tours of the facility. Health screenings on June 12 will include: cholesterol, glucose, BMI, carotid artery, blood pressure, and bone density screenings.

Children's programs will include making first aid kits, learning about CPR, healthy

Sherrod Brown In Parma 5-23



U.S. Senator from Ohio Sherrod Brown visited Parma on May 23, first on a tour of the GM Plant, then he attended a Town Hall Meeting at the UAW Local 1005 Hall. Here he answers some questions from those in attendance.

continued on page 9

COMMUNITY NEWS

The President’s Corner

by Sean Brennan

Well, summer finally feels like it is here and what better time to give you a rundown of some of Parma’s biggest summertime events. Below is a list of what has recently been shared with me.

Parma Rib n’ Rock (Thursday, June 9 through Sunday, June 12)

Parma’s premier summer event will take place at Cuyahoga Community College’s western campus (CCC-West), 11000 West Pleasant Valley Road, after years at Parmatown (now The Shoppes at Parma). Admission is \$3 per person, while children under 12 are free. Check out Facebook or the Parma Area Chamber of Commerce’s website for more information. Full of fun, rides for the kids, entertainment, great drinks, excellent ribs and vendors, it is a family favorite!

6th Annual Parma Area Run-Walk for Pierogies (Saturday, July 2)

Sponsored by University Hospitals Parma Medical Center and Perla’s Homemade Delights on State Road, the Run-Walk has become a Parma area summer staple. Consistently hosting over 600 runners and walkers, participants are treated with the signature t-shirt, drinks, plenty of surprises and, of course, Parma’s famous pierogies! Cost is \$20 in advance, \$25 on the day of the event, while children 11 and under are \$10. The charity event will take place once again on the campus of CCC-West.



Sean Brennan,
Parma City Council President

For more information check out www.hermescleveland.com or Facebook.

Independence Day Parade (Monday, July 4)

Parma’s famous July 4 parade always begins near Snow Road and proceeds south on Ridge to The Shoppes at Parma. The parade commences at 10:00 am and hosts several local veterans and fraternal organizations, Parma’s safety forces, local high schools bands, Boy and Girl Scout troops, several elected officials, among many other groups.

4th Annual Up A Creek Conservation Gala (Saturday, July 9)

This is always a fun evening. However, because it’s my wedding anniversary, I will miss it this year. Great fare,

drinks, Chinese raffle items, entertainment and more is provided for the \$90 event (prices go up after June 17). To be held at Parma’s stunning Watershed Stewardship Center in the Metroparks’ West Creek Reservation, 2277 W. Ridge-wood Drive, it will be an evening to remember, plus you’re helping out an organization that does wonders for our local watershed! The party will run from 6:00 pm until 11:00 pm. Visit westcreek.org or call 216-749-3720 (x10) for tickets and more information.

84th Annual St. Charles Borromeo Parish Carnival (Wednesday, July 13 through Sunday, July 17)

The carnival kicks off on Wednesday with a parade on Ridge Road at 5:30 that proceeds from the famous Parma Circle to the St. Charles campus at 5891 Ridge Road. Attendees can enjoy nightly entertainment, excellent ethnic food, a car raffle, lots of games for kids and adults, air conditioned bingo, a beer and wine garden and much, much more. Grounds open at 6:30 pm daily.

Pioneer Days at Stearns’ Homestead (Saturday, July 16 through Sunday, July 17)

Come out and enjoy Parma’s only working farm located at 6975 Ridge Road from noon to 4:00 pm both days. Take the family back in time and feed the animals, tour the homestead, check out the vendors and more.

St. Vladimir’s Ukrainian Orthodox Church Summer Festival (Saturday, July 23)

Located at 5913 State Road, St. Vladimir’s is one of Parma’s many beautiful places of worship. My wife and I love this event. Doreen Jogan and her kitchen crew always serve up excellent homemade Ukrainian fare that can be washed down with a fine selection of very good beverages. Great entertainment, tours of the cathedral and interesting vendors will also be a part of the celebration.

Parma Night at Progressive Field (Tuesday, July 26)

Watch our beloved Indians take on the Washington Nationals at 7:10 pm. Lower box tickets are \$20 and may be purchased at the City of Parma Recreation Department weekdays from 8:30 am to 4:30 pm. The office is now located at the former Parma Regional Library (7335 Ridge Road).

Rain Barrel Workshop (Thursday, August 4)

Sponsored by the Cuyahoga County Soil and Water Conservation District, this recurring event is why I now have three rain barrels at my home. Not only are they good for the environment and your plants, but they can save you money on your sewer bill! Register by July 29 by calling Parma’s friend Amy Roskilly at 216-524-6580 (x22). The event is free, but there is a cost for the rain barrels. It will be held at the Watershed Stewardship Center from 6:00 pm to 7:30 pm.

There are many other fun-filled events all summer long in Parma. Keep an eye on the Parma Observer, the City of Parma website and local advertisements to find out more. If you have an event you want to get the word out about, become a Parma Observer writer and submit your story. Have a great summer!



The start line of the Parma Run-Walk for Pierogies at CCC’s Western Campus.

Friends Of The Parma Libraries Board Meeting

by Jeannie Roberts

The Board of the Friends of the Parma Libraries held its annual meeting on Saturday, April 23 in the auditorium of the Parma Snow branch. During the meeting, the Friends’ Citizen of the Year award was presented to long-time board member Marilyn Scotti, whose daily volunteer efforts help make the Snow branch’s on-going

book sale such a success. Scotti receives and inventories materials donated to the library for the book sales. She shelves the books and ensures that the on-going sale shelves remain neat and organized. Scotti, a resident of Parma, was presented with an engraved clock by board president Dianna Kall and board member Alice Brown.

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HEALTH/CULTURE

Tri-C Paralegal Studies Program Celebrates 25 Years

by Candice Storey

Celebrating its 25th year, the Paralegal Studies Program at Cuyahoga Community College's Western Campus on Pleasant Valley is the oldest American Bar Association-approved paralegal program in Cuyahoga County. Tri-C paralegal graduates work in a wide variety of settings, including large law firms, solo practices, businesses, hospitals, and in government offices.

Two different tracks, one resulting in an Associate degree in Applied Business, and one that awards a Certificate to students who have previously earned a degree, provide specialized legal training to future paralegals ranging in age from 16 to 60. The coursework combines "hands-on" performance of paralegal tasks, coupled with the study of legal principles and procedures, and prepares students to "hit the ground running" in a Practicum (an internship), and as part of a legal team.

Students are required to learn procedures, research techniques, legal ethics, and appropriate technology. They may elect to learn about a variety of legal specialties, such as criminal or family law, probate, estate planning, bankruptcy, immigration law, intellectual property, or workers' compensation. They become familiar with contract, tort and property law by drafting representative documents.

Law firms or organizations that can utilize students for the 150 hours of unpaid, supervised legal work should contact Candice Storey, the Paralegal Studies Program Manager. Students must complete an Introduction to the Legal Profession course, which is offered each term, prior to acceptance into the program. If you are seeking an entry level legal position, or are ready to advance your legal career, contact Candice Storey at (216) 987-5112. Check out our website at <http://www.tri-c.edu/programs/paralegal/>.

Men's Health Matters: Free Talk On June 8 Covers Urology

by CJ Sheppard

Health Matters – Educational talk by Urologist Carson Wong, MD, – Wednesday, June 8, 6-7:30 p.m.

Urological cancers including prostate, remain a serious concern for men. Fortunately, the long-term outlook is often favorable if these afflictions are diagnosed early. Recognizing and preventing men's health problems is

not just a man's issue. Because of the impact on wives, mothers, daughters and sisters, men's health is truly a family issue.

Register online at UHHospitals.org/HealthMattersRSVP or call 216-767-8435 between 9 a.m. and 5 p.m.

Participate in the conversation on social media using #UHHealthMatters

Lose 2 Win: Eight Weeks To Weight Loss

by CJ Sheppard

University Hospitals Parma Medical Center is joining forces with the North Royalton Family YMCA to combat obesity with a weight-loss challenge. The eight-week program involves access to the YMCA, 11409 State Rd., for workouts, weekly weigh-ins and Saturday group workouts followed by talks by health experts. Work with a personal trainer on a fitness routine

that meets your goals, with nutritional coaching and group support. Prizes will be given weekly and at the end of the competition for individuals and teams with the highest percentage of pounds shed.

The program kicks off with an initial assessment on Saturday, June 25 at 9 a.m. at the YMCA. The program concludes August 20 with a final weigh-out and awards presented. The cost is \$75 for YMCA members and \$100 for those who just want to join The Real You: Lose 2 Win.

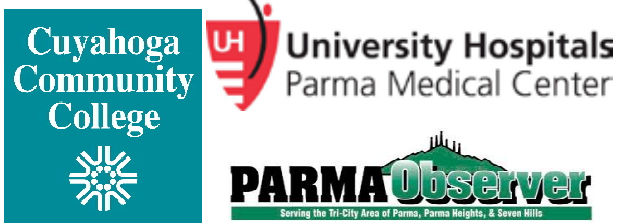
Sign up now through June 18 by contacting Brandon Bussey at the YMCA: bbussey@clevelandymca.org or call 440-230-9339.

6th Annual Parma Run/Walk for Pierogies

5K Run/Walk and 1 Mile Fun Walk

Saturday, July 2, 2016 - 8:30 am

Tri-C Western Campus - 11000 Pleasant Valley Road



Chip Timed Race!!

First 600 pre-registered are guaranteed a t-shirt. All will receive post-race pierogies, drinks and snacks!!

Like us on Facebook

5K Award Age Groups: Top overall male and female and 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70 Over - Pierogie awards to top three male and female finishers in each division.

Register 3 or more from the same address for \$50 (limit 3 t-shirts/goodie bags)*.

***Mail in registration only for the family package. Extra shirts may be purchased for \$10.**

Mail entries must be received by Wed., June 29.

Make checks payable to: Hermes Sports & Events
2425 W. 11th Street, Cleveland, OH 44113

Register online at: www.hermescleveland.com

Online registration closes Friday, July 1 at 9:00 am.

On-Site Registration/Check-In: 7:00 am - 8:15 am

Race Coordinator: Parma Council President Sean Brennan: (440) 885-8091 councilmanbrennan@sbcglobal.net

Proceeds benefit the Parma Youth Commission July 4 Fireworks Fundraiser

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I hereby understand that upon my entry into the Race for Pierogies 5K race/walk or 1 mile fun walk, I waive any and all claims for damages that I may have against University Hospitals, Cuyahoga Community College, the American Cancer Society, All Faiths Pantry, the City of Parma, the Parma Charitable Fund, Hermes Sports & Events, promoters, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participation in this event, for myself, my heirs and/or assignors. I also understand that refunds will not be available for entry fees.

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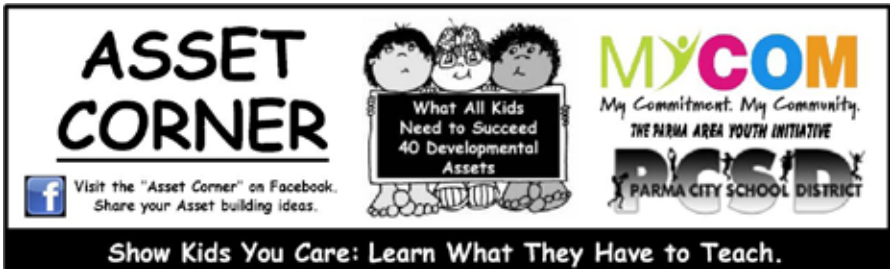
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EDUCATION



Asset Corner #78

by Gene Lovasy

June's Asset Category: BOUNDARIES AND EXPECTATIONS Boundaries are important to young people because they give clear messages about what's expected. By the same token, caring adults who expect young people to do their best help them to learn good judgment. Every day young people face many options and choices. Boundaries and expectations provide young people with the support they need to choose wisely

This column's focus will be on..... Asset #13 – Neighborhood Boundaries: Make time to be a good neighbor. When people don't take responsibility for monitoring young people's behavior in their neighborhood, sometimes it's due to fear. But often it's due to peoples' busy and somewhat solitary lives. Young

people fare better when they have adults in their lives who expect them to do their best. To achieve the most positive effects, parents and guardians, schools, youth organizations, and, yes, neighbors all need to be involved in providing rules, monitoring behavior, and setting high expectations. Remember: everyone is someone's neighbor. Young people benefit from knowing their neighbors are looking out for their safety, as well as monitoring their behavior. Don't become paralyzed by fear, apathy, or the pure busyness of life.

Here are the facts Research shows that young people will focus more of their energy on positive activities than on negative ones if they live in a neighborhood in which neighbors take responsibility for monitoring young people's behavior. About

47 percent of young people, ages 11–18, say they have neighbors who take responsibility for monitoring young people's behavior, according to Search Institute surveys. Creating and enforcing neighborhood boundaries helps promote leadership, fairness, and success among young people.

Tips for building this asset You don't have to be a community organizer to help create a community where neighbors monitor young people's behavior. All you need to do is get to know the people who live near you—children and their parents. Talk with parents about the boundaries they would like for their children in the neighborhood.

Also try this **In your home and family:** Talk with your child about the importance of following rules in your neighborhood and community: What are the boundaries of our neighborhood? How do you know? Which neighbors seem to notice what you do? How do you feel about that?

In your neighborhood and community: Get together with other adult neighbors—parents and nonparents. Discuss neighborhood boundaries. Identify three boundaries everyone agrees on, such as no alcohol at teen parties. Agree to help enforce the boundaries. And when you see young people making a positive contribution and setting a good example, be sure to thank them.

In your school or youth program: Talk to the young people in your class or group about their neighborhoods. Do they know what the boundaries are? Do they feel safe in their neighborhood? Do they care about their neighborhood and how other young people behave there? If they feel they don't know their neighbors or their neighborhood boundaries, brainstorm ways they could make positive changes in their neighborhood

ASSET RELATED NEWS The completed **Parma MyCom Youth Development Plan** was presented by Ohio Guidestone, the new lead agency facilitating the plan, at their meeting on May 3rd. Details will be forthcoming & will revolve around and support their Mission, to wit: To assess and evaluate current youth-oriented programs and services and identify gaps; and develop strategies to fill those gaps; and Vision.... By the year 2019, our community will encourage, support, and provide resources and activities so youth will be self-sufficient and have strong core values, which help them become successful adults that are active and an integral part of their community.

Are you interested in obtaining your GED? Do you have kids entering the 1st thru 5th grade this fall? Then Families Learning Together is for your family. This fun interactive program will both prepare you for the GED but also provide a summer learning experience your child will enjoy. It's scheduled for Tuesdays, Wednesdays & Thursdays beginning June 26th thru August 11th, 9:30 am – 1:00 pm at the Parma Library (on Powers Blvd). Register online or call 440.885.8362.

Get ahead of the game and pre-register your child/children for the library's Annual Summer Reading Program. Go here to sign-up: <http://www.cuyahogalibrary.org/SummerReading>

If you're not already familiar w/ Connecting For Kids, visit this page... <http://www.connectingforkids.org/howtoguide> for a wealth of local resources supporting families with challenged youth. Included, for example, are free downloadable PDF's for the following: How to Find Funds for Therapy, How to Choose a Mental Health Professional and Resource Guides covering such topics as ADHD, Anxiety, Autism, Epilepsy, etc.

Both the Parma-Snow & Parma (Powers Blvd) branch libraries will be serving brown bag lunches provided by the G.C. Food bank (while supplies last) beginning June 13 –Aug 12. Hours at the Parma Branch will be 12:00 – 12:30; at Parma-Snow, 11:30 am – 12:15 pm

If you have a student or know of one interested in a career in Public Safety then Tri-C's Public Safety Summer Academy, taking place at their Western Campus, may be just the program you're looking for. The Career Path Academy for high school sophomores & juniors will be held June 13 – 17 & the Career Prep Academy for high school seniors is scheduled for June 20 – 24. Call 216.987.3602 for information or to apply.

The Parma Branch Library (Powers Blvd) is hosting a free, two-part

Tri-C's First Class Of Honors Program Fellows Graduates Includes Students From Parma



Joseph Massaroni



Zachary Toth

by John Horton

Twenty-one months after signing academic commitment letters with Cuyahoga Community College (Tri-C®), Joseph Massaroni and Zachary Toth of Parma delivered on their penned promise. They were among 11 members of Tri-C's first Honors Program Fellowship class to cross the stage at Spring Commencement on May 19. All enrolled at Tri-C in August 2014 with scholarships designated for high-achieving high school graduates and covering tuition, fees and books.

Students accepted into the program pledged to earn a degree from the College within two years. Mission accomplished. "We expected academic excellence from these students as they entered Cuyahoga Community College," said Herbert Mausser, assistant dean of Honors and Experiential Learning Programs. "They certainly delivered."

As a group, the soon-to-be graduates entered their final semester with a cumulative 3.75 GPA. They also amassed numerous academic hon-

ors on their way to earning associate degrees from the College. (Massaroni earned two degrees. He also marched at Fall Commencement.)

All 11 now plan to pursue bachelor's degrees in their fields of study. The College designed the fellowship program to support student transfer to a four-year institution to pursue advanced degrees. The fellowship places special emphasis on academic planning and mentoring.

"I am so proud of these students," Mausser said. "They made Tri-C their first option for a college education, and now their options for further study are wide open."

The scholarships — valued at up to \$4,250 per year — are funded through donations to the Cuyahoga Community College Foundation. The goal is to expand the program to up to 80 students a year.

For more information on the Honors Program Fellowship and eligibility requirements, contact Mausser at 216-987-4660 or herbert.mausser@tri-c.edu.



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INSPIRATION

I Believe

by Daniel Taddeo

Act the way you want to be and soon you will be the way you act.
Bring your best to the moment.
Conscience is the compass of the soul.
Convert challenging situations into learning opportunities.
Do not wait for six strong men to take you to church.
Generally, we praise only to be praised.
Get rich quick: count your blessings.
Good habits are hard to acquire but easy to live with.
 Bad habits are easy to acquire and hard to live with.
Hatred causes destruction; love causes construction.
I grumbled because I had no shoes until I met a person who had no feet.
If people do their best, no more is required.
It is not the person who has little that is poor; it is he who desires more.
Let go of those expectations created by what society demands.
None knows the weight of another's burden.
One lie spoils a thousand truths.
Opportunity may knock once, but temptation bangs on your front door forever.
People are born equal, but they are also born different.
People are more inclined to focus on negative circumstances than positive ones.
People who have little and want less are happier than those who have much and want more.
Sincerity is the highest compliment one can pay.
The harder it is for us to forgive, the further we are from true love.
There are two kinds of complainers: men and women.
There is not one life flavor that suits every taste.
They that fall in love with themselves will have no rivals.
Those that know and know that they know are wise. Follow them.
Those who cannot endure the bad will not live to see the good.
Those who deserve love the least need it the most.
Vanquish an angry person by gentleness.
We must meet one another doing good.
What cannot be altered must be borne, not blamed.
Self-reflection is always a good exercise.
What I believe is a work in progress, not limited to these statements and subject to change. What do YOU believe?

May Crowning At Pleasant Lake Villa



by Deb Frank

On May 26, Pleasant Lake Villa residents participated in a veneration ceremony which honors the Mother of God. The prayer intentions of residents and staff were written on round pieces of paper and made into a rosary. The rosary was placed on the altar. The intentions are to be offered up to her son Jesus. A crown of flowers was then

placed on Mary's head as traditional Marian hymns were sung. A special thank you goes out to Gina Dias and Deacon Chuck Tweddell and Holy Family Women's Ministry for their time and effort in making this day so special for the Pleasant Lake Villa residents. Durkin's florist donated the roses for the Crowning.

A Taste Of Sand And Surf

by Lizabeth Braskie

Summertime, in today's world, can be endured and enjoyed with air conditioning, backyard pools, community water parks, hose fights and vacations to suitable destinations. Although we fantasize about warmer weather during nature's winter blasts, when it arrives some of us hide indoors where our comfort can be selected with a touch of a button. It's this accessible existence that nudge my subconscious memories of days long ago when we kids would thrive on sunshine.

It was a hot, sticky July in the late 1940's when my brother, sister and I were ecstatic to learn we were invited to share in a glorious few days at Madison on the Lake. Our friends, who owned a cottage there, were without their car at the time. They asked our parents if dad would drive them to their vacation cabin, and in return our family could stay for a few days. There was also another family that would join in the fun, adding another couple and daughter to the festivities. Our carload of six adults and five kids squeezed into our 1940 Plymouth for the exciting journey.

We lived in Cleveland, so the trip would probably take us about an hour and a half to get to our destination. All our clothes, food and other equipment were shoved into the trunk. We kids didn't care about packing some shorts and shirts, all we thought we needed was a bathing suit, cap and old shoes for the five minute walk to the beach. We could hardly contain ourselves when we pulled up to our vacation home for the next few days. None of the adults was in

a hurry to walk us to the exciting waters of Lake Erie. They wanted to organize the food, check out where each family would sleep, arrange outdoor tables and chairs then decide on who and what was cooking for lunch. Help! We wanted to get wet and play in the sand.

Finally, someone saw our long faces and offered to walk with us to the beckoning shores of the lake and watch our playtime in the water. It was the first time most of us would experience this event. And now, to all of us kids who were between seven and eleven years old, we were living this precious experience that seemed like a scene in a movie or a favorite dream that finally came true.

At last we arrived at our magical destination. Our eyes were transfixed on the huge body of water that seemed to return our smiles. The sand castles could wait---we were mesmerized by this glorious vision before us. It beckoned our feet to splash, and run in the waves. None of us knew the first thing about swimming, but we made up our own version of pretending. We played tag in the shallow water, falling and laughing like there was no tomorrow. After a while, the boys looked for moving creatures or curious rocks on the beach. The splashing surf caught the attention of us girls who decided to sit down and rest on our elbows, facing just below the crest of the oncoming waves. There we were, waiting excitedly for each torrent of water to crash, then giggling as the foamy water ran up our bodies and splashed in our mouths. Fun never tasted so good.

City Beautification Efforts Begin In Polish Village

continued from page 1

Village because there are lots of active business owners and residents here who are willing to pitch in and plant and maintain the planters," said Ward Two Councilwoman Debbie Lime, in whose ward Polish Village is located. "We'll put in a mix of annual and perennials, as well as Evergreens. We can decorate the Evergreens at Christmas. It will give us a festive feel during the holidays."

If response is positive to the Polish Village beautification efforts, the planter idea could spread to other city stretches, such as Ukrainian Village, as well.

"We really hope this takes off and can be continued in other areas of town," DeGeeter said. "This is a really great team effort – the councilwoman, the business owners and volunteers, the Garden Club. Everybody is pitching in to make Parma more beautiful."

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LOCAL ACTIVITIES

The Parma Heights Historical Society

by Bob Stilwell

The Parma Heights Historical Society would like to increase its current Membership. There are many local Historical Societies within the United States that have large followings of people. In looking at what attracts people to these groups. Most people would expect something in return for their membership fee. The Parma Heights Historical Society is offering a T shirt, and 1 documented research request, such as family tree or local Historical interest. You may help the group by donating time to projects undertaken by the group or doing your own Parma Heights research of your choice. Anyone may be a part of our group. There is a \$25.00 Membership fee, and only \$5.00 for every year after becoming a member. Our meetings are held every 3rd Wednesday at 7:00pm in the basement of the Parma Heights Presbyterian Church in Parma Heights. You do not have to be a resident of Parma Heights to join our group. We have a lot of interesting projects planned for this year. Please come and join us and have a great time. For more details please call Aldo Melaragno, (President) at 216-496-7150.



Wards 1, 4, 9 Safety Meeting



On May 19 a joint Ward Safety Meeting was held at the Smallwood Activities Center. Here Parma Police Lt. Kevin Riley speaks with residents about matters of safety in their homes and neighborhoods as Ward 1 Councilman Vito Dipierro, Ward 4 Councilwoman Kristin Saban, and Ward 9 Councilman Jeffrey Crossman look on. These 3 council representatives are the newest members of council, and their energy and commitment is most welcome as Parma works to maintain the qualities that have made us such a great community to live in, while at the same time searching for the latest approaches to attract young families to our city.

Daniel P. McCarthy

Coming Soon!
Polish Village Pocket Park

by Kathryn Mabin

Polish Village will soon have a pocket park, located in the vacant lot next to Palmiero Brothers, on Ridge Road. The Polish Village Pocket Park is Brian Bowne's, Troup 221, Eagle Scout Project. He has already started planting trees and shrubs. There will be a flag pole, tables, and a garden area, with a brick walkway. Show your support for this greenspace on Ridge Road, by purchasing a brick. Bricks come in two sizes, 8"x4" for \$50, and 8"x8" for \$75. Memorialize an event, birth, death or anniversary, recognize an individual, promote your business or organization. Leave a legacy, and become a part of Polish Village history. Net proceeds from the sale of bricks will be used to fund the beautification of the pocket park. Contact Brian Bowne by email at b.bowne@yahoo.com for details.

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PERSPECTIVE

Telling The People What They Should Hear

by Lee Kamps

In April, Hillary Clinton and Donald Trump both made campaign appearances in West Virginia and eastern Kentucky in the region known as “coal country”. For the past decade, the economy in “coal country” has been in a prolonged slump with many coal mines closed and many coal miners unemployed. Both candidates appealed for votes in that chronically depressed region.

Donald Trump told those unemployed coal miners that if he is elected the next President, the coal mines would be open again and that boom times would return. He promised to overturn the environmental regulations imposed by the Clean Power Act that mandated lower emissions from power plants. He was cheered by the people in coal country.

Hillary Clinton told those unem-

ployed coal miners that the world is moving away from coal as a source of energy and that it is very unlikely that those jobs in the coal mines would ever return. She said that the government should be providing more opportunities for those coal miners to learn new skills so they could find new jobs in the 21st century economy. She said that the future is not with coal, but with alternate sources of “clean” energy generated through wind, solar and geothermal. She was booed by those people in coal country.

But the truth is that the world is moving away from coal as a source of energy. It was reported in The Guardian last week that for the first time in more than 100 years Great Britain generated zero energy from coal. In the United States, power plants are converting old coal fired plants to natural gas. Because of new technology, natural

gas is more plentiful and cheaper than coal. It also is much cleaner and more energy efficient than coal. In addition, nuclear power is getting another look as a source of energy.

Another promising source of energy is wind power. Already Denmark is generating all of its electrical power through wind energy. Other nations are doing the same and generating more of their energy through wind power. Here in the United States since 2010, more new jobs have been created in the wind power industry than have been lost in the coal industry.

Solar energy is also becoming more important as a source of energy. Saudi Arabia is investing heavily in the development of solar energy. They realize that there is only so much oil beneath their country and since Saudi Arabia is in a desert, they have plenty of

sunlight. Solar cells today are far more efficient and better than those from the 1970s. In many parts of the nation, solar energy is becoming an important source of energy.

The reality is that the world is moving away from coal with or without the United States leading the way. Other nations will take the lead in developing new and cleaner sources of energy if the United States does not step up on its own. If anyone believes that if Donald Trump is elected President that he would reverse the trends away from coal in the next four years, then there is a bridge in New York that is for sale.

But Hillary Clinton told those coal miners what they should be hearing; that the world is changing and that they must change with it. She told them that it might take some readjustment and that should she become the next President, she would do whatever she could to bring new jobs to coal country and that it may be painful readjusting to new sources of energy. For that she was booed.

But Hillary Clinton told those coal miners what they needed to hear, while Donald Trump told them what they wanted to hear. Telling the voters what they want to hear rather than what they should be hearing is called pandering and often leads to big disappointment when those promises cannot be kept.

There is an old surfing expression that goes “either ride the wave or get swept away with the tide.” That surfing expression certainly applies to those coal miners in Appalachia. They need to get on and “ride the wave” of a changing world as far as generating energy or if they continue to cling to the past, they will certainly get “swept away with the tide”.

Trump

by Leo Lampeter

Let’s get a quick perspective about him; he has access to great wealth, he has a narcissistic attitude, he likes to think of himself before others, he is arrogant, he concerns himself about others only to the extent it will benefit himself, he doesn’t think of himself as an employee but rather someone who can order others. On all these points, how does he differ from the vast majority of elected officials or those vying for office, so why is there all of this concern if he will be able to govern. This is not intended as an endorsement of anyone but as a comparison. It is rare an elected official, usually with a background in law, who is capable of operating a properly functioning government. Usually, the functioning parts are more capable, it is the heads of the administrative

offices that are inept. An example of this would be the television program “Undercover Boss”. Invariably the administrator, the boss, has absolutely no clue on how to operate any level of the companies’ product and/ or production. They may have a degree, but no practical experience on how to create a final product. Politicians are similar, in that they have a life of privilege and a college degree however, if you have ever studied with a particular concern in mind, the actual function many times isn’t similar. The best manner in which you can understand how a company fully functions is to work your way up, gaining knowledge and experience on all levels. There should be very little if any variation in government. It is a rarity that a lawyer has had a position in which he/she has labored in any field which they defended in

the legal arena, it would be pretty much impossible to have a functioning knowledge of all the areas which they defend, even with a staff that would do the research in these areas.

Why is it difficult to picture a businessman as the head of any government, would he be able to run, for example, a city with more of a financial and operational perspective than person who studies only theory (even if they have served an internship)?

This primary season has indications that the public, both voting and non-voting, are truly at their wits’ end with the system of politics as it is now constructed. Qualified individuals can’t serve because of lack of financial support in which both Democratic and Republican Parties have their own interests at heart. You may have noticed that it is rare, if ever noted, that the Parties mention the good of the Country, but rather the good of the Party. Follow this logic; first a politician cares about himself (he wants a job), second he thinks about his party (it supplies him with the finances to run), his family (those are the ones for whom he is working and supplying an image) and lastly the constituents without whose vote he could not get elected. The voters are served only to the extent of the politicians’ survival, not for service or integrity. The reason political parties are in an uproar is because the order of politics is being invaded and they don’t want the status quo changed. Isn’t it a shame that we have such poor choices for office on all levels? Could it be because we don’t take an active role in the electoral process? Could it be because we don’t demand better?

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OBSERVER

MyCom Youth Corner

by Jean Micklewright

The Parma Neighborhood Youth Development Plan: How You Can Help Our Communities. Over the next year, the Parma Neighborhood Youth Development Plan will be implemented, and we need your help! The plan aims to further engage our communities to provide social, emotional and academic support for youth as well as teaching leadership and advocacy skills to help

them take charge of their futures. With your support, we hope to strengthen partnerships throughout our neighborhoods and work together to develop quality services for our youth.

Funded through a grant by MyCom, the plan will be led by OhioGuidestone, a community solutions organization, in conjunction with the organizations of Parma, Parma Heights and Seven Hills. Every

month, we'll update you on upcoming activities, plan progress and new partnerships right here in the Parma Observer.

We are excited to continue this good work and are committed to strengthening our relationships with all those in the Parma, Parma Heights and Seven Hills communities. As we move forward, Jean Micklewright and Kathy Hall will continue as leaders of

the initiative, so please contact them with questions, suggestion or services at jean.micklewright@ohioguidestone.org or kathleen.hall@ohioguidestone.org.

Thank you for your continued support and feedback! Your participation is vital to the success of our youth and communities!

Summer Sake!

by Christian Fitzharris

Do you like your dinner assembled as separate ingredients in small bowls surrounding a blazing hot flat top in the center of a table? Do you prefer to eat your Asian cuisine to the loud tapping, smacking, and juggling of a Japanese man in a traditional kimono robe? If so, you are probably a fan of Hibatchi, Japanese food cooked at the table. And you are probably familiar with the star of this month's cocktail curio: Sake!

Sake (pronounced sah-kay) is a fermented rice beverage that traces its roots all the back to 3rd Century Korea. Sake is associated with Japan because of the success it has had with an illustrious lineage for generations. Today, there are over 1,800 sake breweries in Japan and each region specializes in a specific quality or type of rice for sake

production. Sake is made by exposing special sake rice to a yeast called, "Koji-kin" which helps the rice break into fermentation thereby creating alcohol. If you would like to try this centuries old beverage it can be found in wine and spirit stores, as well as restaurants throughout the Greater Cleveland area. One of the more popular brands of sake is Gekkeikan sake. At 15.6% ABV, this sake is traditionally enjoyed served warm. (Here's a Tippling Tip for you! The higher the quality the sake the less of a need to heat it up. Heating up the sake covers the impurities in the beverage.) Gekkeikan also produces a higher end sake called, "Gekkeikan Balck & Gold" which can be served chilled and features slight notes of honeydew melon, papaya, and anise. It is considered a sipping sake and also has an

ABV of 15.6%. For this article I purchased and drank a sake called, "Hiro". (Yes, I know. It's a dirty job, but someone had to and Indrink for the people!) Hiro is light and fresh with hints of cantaloupe, lemon zest, and green vegetal vibrancy. Weighing in at 15% ABV, Hiro is a wonderful addition to be served with miso soup and fresh sushi handrolls. The green seaweed of the handrolls will pair wonderfully with the vegetal aspects of this clean refreshing sake. Hiro boasts being made from, "water sourced from the pure snow of the Bandai-Asahi mountains". All you need is your Japanese kimono and you are ready to saunter insatiably about in a serene stupor of sake sensation. If you are not convinced sake is for you- JUST SAKE IT UP and try some! Cheers...I mean, "Kanpai!"

UH Opens New Outpatient Center

continued from page 1

eating and the importance of staying tobacco free. Outdoor activities will include face painting, cooking demonstrations, as well as visits from fire and EMS crews.

"The UH Broadview Heights Health Center allows us to better serve the growing needs of the Broadview Heights community and its surrounding region," said Cliff Megerian, MD, President, Physician Services, University Hospitals. "We are proud to expand on our services, to address the primary and specialty care needs of our patients and families."



Parma Hts. Councilman Bob Verdile stands with retired Parma Municipal Court Judge George Spanagel at the Memorial Day Observance held at the Pearl Rd. Cemetery in Parma Hts. after the annual parade.



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Parma Mayor Timothy J. DeGeeter shares some conversation with US Senator Sherrod Brown during his tour and Town Hall Meeting held at the UAW Local 1005 headquarters on May 23rd.

PARMA TOWN CENTER

Family Special - Get Out On The Course Together!

by Dave Chuba

I know how much fun a family golf outing can be. So to encourage families to enjoy a round at Ridgewood Golf Course and get fit together, we are introducing a Family Special. For just \$5 per golfer, your group can walk up to nine holes and enjoy the course.

Upcoming dates for this Family Special are June 11 & June 18, with tee

times from 5 pm-7 pm. Here's how it works:

Groups must include one or two adult family members and at least one but no more than three junior golfers (age 7-18), all golfers must walk and have their own clubs. Junior golfers will play a scramble-format based on the adult golfer's best ball. For example, all golfers tee off or hit their subsequent shots. Assuming the adult golfer has the best shot, junior golfers pick up their balls and play from the best adult's shot. In order to keep the pace of play, no more than 15 minutes per hole is permitted. All other rules of etiquette are in effect.

This special is only valid on dates and times notes in course advertisements, on our website at www.golfridgewoodohio.com, our Facebook page (Ridgewood Golf Course) and our Twitter account (@RGCParma).

PEA: Caring With Our Community



by Beth Fleming

On Saturday, March 19th, 2016, the Parma Education Association (PEA) held its annual fundraising event for student scholarships: The

Night at the Races. Sponsored by the AXA Advisors of Ohio (a member of the global AXA Financial Group), the occasion raised approximately \$9,000, all of which will be allocated to the PEA Scholarship Fund.

The event was hosted at the St. Sava Hall and featured catered food, raffles, sideboards, and much more.

"I was so pleased to see over 240 people at PEA's annual Night at the Races. The fantastic turnout was basically made up of teachers, as well as teachers' friends and family," Jeff Wensing, PEA President, remarked. "This is just another example of PEA members caring about the students of the Parma City Schools beyond the classroom. The bulk of money that the PEA Foundation made that night will go towards student scholarships. Also, some of the money will be awarded to teachers in the form of a grant so that the teachers can enhance their classroom instruction."

Each year, PEA awards scholarships to college-bound seniors to help offset the rising costs of post-secondary education. By financially supporting students within the Parma City School District through this endeavor, PEA continues to show its dedication and care for the community it serves. This story was submitted by Christopher Leo.

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PARMA ARTS SCENE

Medley Of The Arts Show & Sale



Best In Show - Christine Vodicka



1st Place Acrylics - Kathy Kijek



1st Place Photography - Anthony DeMarco



1st Place Graphics - Cameron Peters

by Kathryn Mabin

On May 21, 2016, the Parma Area Fine Arts Council (PAFAC) hosted their annual Medley of Arts Show & Sale at the Donna Smallwood Activities Center. This year there were 27 entrants. Each artist entered three pieces. There were five different categories with cash prizes, plus a Best of Show and People's Choice Award. In addition to the artwork on display and some for sale, there was a 50/50 raffle and a Chinese Auction with 12 items. The event was free and open to the public. Coffee, tea, soft drinks and juice boxes for the kids were available. As well as Jack Frost Donuts, cookies, and P Jay's Pizza. Most of the artists were on hand to meet and greet the attendees. In addition to the artwork on display from the adults, student work from the youth Art Exploration Class was on display, and ribbons were awarded in

the three different age categories.

Robin Prestein won first place for his watercolor painting. Stan Stary Jr. won first place in three dimensional art for his woodcarving. Cameron Peters won first place in graphic art. Anthony DeMarco won first place in photography. Best In Show, went to Christine Vodicka, who danced in the isles and jumped for joy upon hearing she won. Kathy Kijek won first place for her acrylic painting. This show was the first time that Kathy has ever displayed her artwork, "or taken it out of the basement", as she told me. She was the biggest winner at the event, as she also won the People's Choice Award, where the attendees voted for their favorite piece. Plus she also won the 50/50 raffle. Several people commented to her that she needed to buy lottery tickets on the way home.

On display, but not in competition, from PAFAC affiliate organizations were two tables of soft sculpture dolls, from High On Dolls. As well as two tables of woodcarving pieces, from Great Lakes Wood Carvers, who were demonstrating their carving techniques throughout the day.

Attendance to this annual event was up this year. I spotted Mayor DeGeeter with his son Jack, and Councilwoman Debbie Lime. A number of seniors from the center attended, as well as students from the youth class, along with their parents and siblings. It really was a family event, with something for everyone. Many people commented on the variety of the work on display, as well as the quality of the work. There is certainly lots of talent in and around Parma, as was evidenced in this show.

You need not be a Parma resident to become a member of Parma Area Fine Arts Council. Classes in watercolor, and acrylic with mixed media are offered year round for adults, as well as the youth classes for ages 7 to 18, plus workshops in various medium. For more information view the web site at www.parmafinearts.org, or follow on Facebook.



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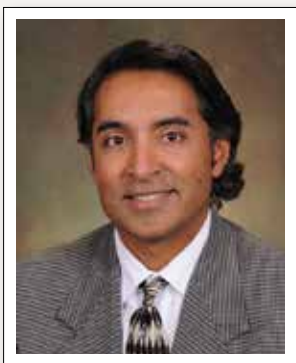
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