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Parma City Government Unlikely To Change After Election Day

by Stefan P. Stefaniuk

Do you like living in Parma? Are you happy with where the city is headed? A small group of write-in candidates hopes the answer is no. Candidates as diverse as Mary Galinas, a former councilwoman; Denise Geschwender, a pit bull activist; and Steve Bayt, a cat sanctuary advocate, have their own ideas about what will reverse the current trend of decline facing the city and hope that voters are willing to take a chance on their long-shot candidacies to make Parma great again.

Whether these candidates offer a real alternative to the incumbents remains to be seen as some comments they have made makes one wonder. Bayt, for instance, is running for council in Ward 9 and has stated he wishes to "Save Cats, Save Parma, Save The World." It is unclear what cats have to do with saving Parma, but his candidacy does shed light on the problem of stray cats running loose in the city. Geschwender, running for council president, has stated on Facebook, "It is my intention to eliminate the position of Council President." I'm not sure that a council president, once elected, can eliminate the position of council president, but there you have it. Galinas is the most politically experienced of the candidates having served on council for 12 years and is once again running for mayor. Known for regularly infantilizing Parma's elected representatives by repeatedly referring to them as the boys or good ole boys, she represents the growing frustration of disgruntled residents who now live in a city that is struggling financially.

Despite complaints from a minority of residents and nonresidents, whether seeking to reopen pools, create cat sanctuaries, avoid paying a trash collection fee/tax, or repeal a ban on pit bulls, the city officials have chosen to move forward with their proposals and have not changed course. In a city of over 80,000 residents, the low turnout at council meetings (usually only a dozen or so residents) suggests most residents are generally comfortable with or indifferent to the current decision-making by their elected representatives. The upcoming

election will likely reveal this truth to the great dismay of Parma's write-in candidates.

An initiative to #Change-Parma, spearheaded by Galinas, will require more than a last-minute, haphazard effort to run as a write-in candidate. It would require a long-term vision and game plan to challenge the status quo. It would require a regular slate of candidates, with their names on the ballot, providing alternative solutions to the challenges currently facing the city. This would, at the very least, offer voters an option on Election Day as to who is best equipped to represent them. The only serious options available today appear to be those put forward by the Democratic Party in Parma. The Repubcontinued on page 2



Council meetings offer residents an opportunity for civic involvement. (Photo © 2015 Stefan P. Stefaniuk)

Metal Musician To Be Honored Posthumously By Parma Mayor

by Jeannie Roberts

Mayor Tim DeGeeter will honor metal drummer Jim Konya Jr., who recently passed away at 44 after a series of strokes, with a Key to the City presented posthumously. Konya's parents, Jim Sr. and Linda, will accept the award on their son's behalf at the presentation, scheduled for Nov. 19 at 6:45 p.m. at the Parma-Snow library branch auditorium.

Nearly 400 people have expressed an interest in attending the presentation to witness the honor that the musician told friends he wished for.

The Mayor was notified of Konya's love for his hometown by a dedicated group of the musician's friends who started a petition for the honor. The petition gained more than 1,700 signatures in less than 24 hours. Konya has been called "the heart and soul of the Cleveland metal music scene for more than 30 years" by local music writers.

The creator of the petition asked that the Key to the City be

presented as a way of symbolizing "a great man and a great citizen of your city." Another friend summed up Konya's devotion to Parma this way: "(Jim) ... was the man from Parma, and Konya IS Parma. ... People in Thailand, Indonesia, Pacific Islands, people who don't even know a word of English, know one word after tour encounters. They know the word 'Parma.' They get that from him."

Another fan said in a Face-book post, "I, like I'm sure many metalheads outside of Ohio, know of Parma because of Konya and have always wanted to check out Parma solely because of him. Kudos to Mayor DeGeeter for looking beyond the stage persona and giving recognition to a great man who always championed the state and city he called home."

Mayor DeGeeter said, "It became clear to me very quickly that Jim Konya is very important to many people, and that Parma was very important to Jim Konya. This is the right thing to do, and I am honored

UH Harrington Heart & Vascular Institute Comes To UH Parma Medical Center

by CJ Sheppard

Patients long familiar with University Hospitals Parma Medical Center's outstanding cardiovascular capabilities now have access to the larger network of UH Harrington Heart & Vascular Institute, with more than 20 locations across Northeast Ohio.

The cardiovascular intensive care unit at UH Parma Medical Center is designed for patients following heart attacks, coronary interventions, and cardiac and thoracic surgeries. Cardiopulmonary rehabilitation following surgery or heart attacks can further enhance the long-term health of patients with coronary artery and valve disease. Specialists at UH Parma Medical Center are now part of the largest network of cardiovascular specialists on the West Side, with over 60 experts from Medina to Sandusky providing the highest-quality, personal-

UH Harrington Heart & Vascular Institute, a nationally distinguished, trusted resource for cardiovascular care, ranks in the top 1 percent of hospitals in the nation for Cardiology and Heart Surgery

to do it."

The Mayor continued: "I got an email from someone who knew Jim and he said, 'I deeply appreciate the fact that you've looked past the superficial to recognize an esteemed member of the metal community as an important part of your own.' That really sums it up for me. It doesn't matter whether you listened to or even know of his music - Jim Konya loved Parma."

The Key to the City presentation is open to the public.

by U.S. News & World Report. Its innovations include:

- The first hospital in the nation to offer HeartFlow/ FFR-CT, a revolutionary noninvasive tool for diagnosing coronary artery disease
- The first adult stem cell procedure in Ohio for heart disease
- The nation's first teaching site for transcatheter aortic valve replacement in the awake, talking patient
- More than 85 clinical trials, following 2,500 patients
- International center for treatment of atrial fibrillations

While UH Parma Medical Center has offered close-to-home heart care for many years, UH Harrington Heart & Vascular Institute brings important enhancements, such as leading experts practicing at community-based locations, new procedures, treatment options and technologies, and immediate access to all the resources of the UH system, when a higher level of care is needed.

"UH Parma has had a longstanding and strong cardiology program that is enhanced by becoming a part of UH Harrington Heart & Vascular Institute," says interventional cardiologist Christine Zirafi, MD, a longtime leader in UH Parma Medical Center's Division of Cardiology and now Director of UH's Women's Cardiovascular Center. "This affords our patients access to leading-edge research, specialized procedures and medications not readily available in a community setting because of our close relationships with physicians at UH Case Medical Center."

Community News

The President's Corner

by Sean Brennan

In this month's rendition of my series on "Parma's Places of Worship," I focus on the Ridge Road United Church of Christ (RRUCC) located at 6050 Ridge Road. This resulted from my meeting recently with Pastor Rev. Kurt Schaller Blaufuss, who educated me on the history of the UCC, the parish, and the church itself.

Upon arriving at RRUCC, I was invited to sit down in Pastor Kurt's office where we talked for over an hour. Having known him for several years, I already knew that I was in for a cordial and educational conversation. Pastor Kurt is adored by his congregation and throughout the community, as well. Growing up in Iowa, he was called to Christian service, and, as a result of attending Eden Theological Seminary, was ordained in 1988. He served first in parishes in Iowa, Pennsylvania, and



Sean Brennan, Parma City Council President

Ohio. He also served in Bangalore, India, as an overseas associate before coming to Parma in January, 2007. Not only is he dedicated to serving his fellow parishioners' spiritual needs,



After Election Day

Parma City Government Unlikely To Change

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lican Party has apparently decided to throw in the towel, though "independent" candidates with Republican backing occasionally challenge the Democratic incumbents.

Until opposition candidates are capable of seeing the bigger picture for what it is and make an effort to mount a serious challenge, residents should expect more of the same from our city government, for better or worse. Fortunately, our city continues to remain stable and relatively prosperous thanks in large part to our residents who take

the time to vote and our elected representatives who are tasked with making the difficult, unpopular decisions when necessary.

On Election Day, I expect that voters will make the right decision and elect the best qualified candidates to office. Just don't expect things to change much.

This opinion piece was originally published at SuburbanColossus.com, a blog focused on life in the garden city of Parma, Ohio. To follow this blog, go to SuburbanColossus.com, Facebook. com/SuburbanColossus, or Twitter. com/SuburbnColossus.

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but the larger community, as well. In fact, you will see him and many of his flock serving at Parma's Rib 'n Rock and other community events. Further, he and other parishioners recently spearheaded a grant to purchase 100 backpacks full of school supplies for the students served by the Parma Area Family Collaborative.

RRUCC was founded as The Ridge Road Evangelical Mission in 1927 in the rented storefront building at 5920 Ridge Road. Many know this building as Reliable Electric. Soon, the property was purchased on the corner of Whittington Drive and Ridge Road, where a quintessential little white church was erected and dedicated in 1932 at a cost of \$6,500. Like most of our community's early churches, as Parma's population grew, so did this small congregation. Therefore, in 1953, the current "beautiful large sanctuary of Indiana limestone in Normandy Parish architectural design," according to a church document, was dedicated with its aluminum spire topped by a cross. To accommodate the continued growth of the parish, the little white church was razed to make room for an addition to house the church office and church school in 1962-1963. Further, a home at the end of Renwood Drive was purchased and torn down for addition

Symbolism abounds at RRUCC, including the palm branches, a sheaf of wheat, a cluster of grapes, and a lily above the Ridge Road entrance, representing the Triumphant Christ, Jesus the Bread of Life, Christ who said "I am the Vine," and the Resurrected Christ, respectively. The figure of Jesus in the beautiful stained glass window of the sanctuary states, "Come unto Me, all ye who labor and are heavy laden and I will give you rest." Clearly, this spoke to the hard working laborers who built Parma into the strong city that it remains today.

The parish also is home to a very spacious hall, which, along with the Sanctuary and other rooms, are available for rent for weddings and other events at nominal prices. Check out their website or call 440-885-3222 for details

The history of the UCC is a complicated one. Suffice it to say that it has its roots in the Protestant Reformation of Martin Luther and, later, the Pilgrims aboard the Mayflower, among other German immigrant believers. Finally, in 1957, with the union of the Congregational Christian Churches and the Evangelical and Reformed Church, The United Church of Christ was born in the Public Auditorium in Cleveland, Ohio. In fact, the national headquarters remains in Cleveland. Furthermore, Rev. Kurt's wife, Rev. Dr. Mary Schaller Blaufuss, serves on the national staff and is an ordained minister in her own right.

The UCC is only found in the United States and was one of the first churches to allow female ordained preachers. The Church is very diverse ethnically, racially, and theologically and does not require any test for membership. In fact, there is no hierarchy

within the UCC and the congregations of the individual parishes determine the life and spiritual pursuits of the congregation. In short, each church is autonomous from any other UCC entities. However, parishes are spiritually linked to the national UCC and often collaborate on local, regional, national, and international service projects. For instance, Deaconess Hospital was founded by members of the UCC's precursor churches.

As always, there is much more to say about this vibrant place of prayer and fellowship; therefore, you are invited to visit their website at www. rrucc.org. In closing, I wish to thank Rev. Kurt and the parish of Ridge Road United Church of Christ for sharing your special place of worship with the community.



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ADVERTORIAL

Sweeping Reform Of Ohio Division Of Wildlife

by Lucy McKernan

This paper seeks to explicate sound reasons for comprehensive reform of the Ohio Division of Natural Resources, Division of Wildlife (ODOW) based on the principles set forth in "A Conservation Institution for the 21st Century: Implications for State Wildlife Agencies," co-authored by Cynthia A. Jacobson, as well as independent, scientific research and observation by Lucy McKernan concerning Ohio white-tailed deer.

In the Abstract of their Commentary, Jacobson, et al. wrote, "The wildlife conservation institution (Institution) needs to reform to maintain legitimacy and relevancy in the 21st century."

Jacobson, et al. nailed it when they wrote the "Institution" (our current model) is tied to old school conservation assumptions such as hunting as population control. They specifically pointed out that "... the Institution largely remains anchored to a paradigm (i.e., philosophy, assumptions, and related practices) that impedes dealing effectively with contemporary challenges ... has difficulty with change because of its historical relationship with and political and financial dependency on* a single user group, hunters."

The only way to effect a sustainable and humane basis for living with Ohio deer is to put both our populations into historical perspective.

After near-extirpation, deer were reintroduced in 1950 by the Ohio Division of Wildlife, expressly to satisfy hunters. Sixty-five years later, the large, stable deer populations we see today – what many incorrectly perceive as "overpopulation" – are deliberately maintained by ODOW for profit to satisfy this tiny minority of citizens, the six percent or less who hunt. To wit, Cleveland Metroparks head of natural resources Terry Robison publicly stated in 2014, "The very reason we see so many deer is because Ohio hunting has been so successful."

Deer have co-evolved with flora for five to 10 million years on the North American continent. If allowed to breed naturally, they cannot exceed biological carrying capacity; exponential growth is a biological impossibility.



Conversely, urbanization and human development have caused us to perceive deer as a threat to ecosystems and backyard landscaping, a phenomenon known as cultural carrying capacity. The Cuyahoga County Mayors and City Managers Association members – all of whom have been briefed about deer biology and populations refuse to wait a little longer in order to work on a demonstrated humane basis already begun in Michigan, New York, and other states. Instead, they fearmonger through local media, claiming that deer reproduce "exponentially," a biological impossibility.

Jacobson, et al. wrote, "The current wildlife conservation paradigm has its grounding in the near and actual extirpation of wildlife and destruction of its habitat. These effects were a product of the Industrial Revolution that resulted in a 4-fold increase in urbanization from 1820 to 1860 in the United

States... and growth and expansion of the human population and overexploitation of natural resources that became magnified in the late 19th and early 20th centuries."

This explains how it began. But hunters and so-called conservationists seized upon this opportunity, causing us to be politically, economically and culturally enmeshed in a grossly outdated "hunting-as-conservation" paradigm. Jacobson, et al. tell us that "visionary conservation leaders" at the turn of last century "marshaled support for political initiatives that elevated wildlife conservation to a national priority and essentially established the modern conservation movement and subsequently state wildlife agencies (SWAs) . . . The Institution thus established has remained remarkably stable."

So, how did the "Institution," with its noble beginnings, become so flawed? The inherent conflict of interest of our current wildlife conservation model, by way of the Pittman-Robertson Wildlife Restoration Act (PRWR), is what Jacobson, et al. wrote is the most egregious part of, "Some notable policy initiatives associated with turnof-the-century and Depression-era legislation." Hunters, trappers and gun owners through hunting licenses and sales fund PRWR. Every time anyone purchases a weapon, or a hunter purchases a hunting license, an 11% excise tax is collected and sent to Washington D.C. At the end of each year, the states having sold the most weapons, licenses and permits, get back the most money. Last year, PRWR garnered \$1.1B. This partly explains our gun control controversy.

ODOW publishers readily admit

the PRWR benefits the state. ODOW's 2013 Spring edition of Wild Ohio Magazine, in an article entitled "Funding Today to Protect Tomorrow," the following copy appears: "The Ohio Division of Wildlife is still funded by annual hunting, trapping, and fishing license sales . . . Important funding for conservation also comes into Ohio in the form of federal aid reimbursement from an excise tax on hunting and fishing equipment. The excise tax is a part of the Sport Fish and Wildlife Restoration Act and managed by the U.S. Fish and Wildlife Service (USFWS) . . . The more licenses that are purchased, the more money comes back to Ohio."

A huge conflict of interest for major park systems like Cleveland Metroparks (CMP) is the PRWR kickback. CMP has killed many hundreds of deer annually for over 17 years, and its head of natural resources, Terry Robison, actually admits, "The very reason we see so many deer is because Ohio hunting has been so successful." Strangely, Cleveland Metroparks' Ohio & Erie Canal reservation once saw the beginning of a successful immunocontraception (chemical, humane, NOT to be confused with sterilization, which is ineffective and inhumane) birth control program, but ODOW forced it down, claiming "tainted" deer may exit the park onto private lands and get "harvested" by hunters. In reality, PZP, a chemical birth control extracted from protein, not hormones, boasts a 90% efficacy, and shows promise in Michigan and New York. Unfortunately, ODOW is slow on the draw; instead, they have approved the pilot project "sterilization" of deer in Cincinnati in 2015. Sterilization, considered one form of birth control, actually has the unintended result of the same number of deer because bucks (males) enter areas while repeatedly attempting to impregnate sterile does. Hence, no population reductions. In fact, sterilization involves high mortality, infection and stillbirths.

Metadata show deer will always rebound to carrying capacity after sudden, lethal reductions, as evinced in Solon and Pepper Pike, Ohio. After a two-year hiatus in killing, deer in these communities rebounded to within one tenth of a percentage point. Meta-analyses also show that lethal reductions in deer herd sizes cause yearlings to conceive earlier, and older does (females) to increase multiple births to compensate for losses. Conversely, when the herd biologically senses a food shortage, does reabsorb fetuses.

Who Are We? According to the Public Trust Doctrine, the basis of the opinion of Jacobson, et al., "wildlife belongs to everyone." But currently hunters are the main source of ODOW revenue. Every Ohioan is a stakeholder.

Yet, the six percent who hunt control the status quo. Many assume hunting is tolerated cross-culturally because it is inextricably tied to our evolution, and the desire to con-

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ADVERTORIAL

Sweeping Reform Of Ohio Division Of Wildlife

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serve natural resources in perpetuity. However, not only is the "hunting as conservation" paradigm extremely outdated, it is in fact one of the most detrimental forces against nature, especially in the modern context.

Who Are the Leaders? Players in the state, local and federal government systems, mired in the outdated "hunting as conservation" model, sign away human and other sentient beings' rights. In Ohio, the preferred kill method is bow hunting, which results in the suffering and death of hundreds of thousands of deer annually. Ohio park systems officials sign death warrants for thousands of whitetails every year, something to which many Ohioans object.

If it seems surprising environmental groups are the worst offenders, consider just one agent in the war against wildlife: The Lake Erie Allegheny Partnership (LEAP). A consortium of dozens of top household-name environmental groups like Cleveland Museum of Natural History and Cuyahoga Valley National Park across the Midwest and northern Ohio, LEAP members ratified the "White-Tailed Deer Management" paper in 2014 at Cleveland's Office of Sustainability.

These same "hunting as conservation" and "lethal population control" models are now being touted by blatantly conflicted subcommittee members of the Cuyahoga County Mayors and City Managers Association (CCMCMA), who were charged with finding a regional solution to the deer "issue." Its members pressured our state to take responsibility for deliberately maintained large, stable deer herds across the region, proving that they recognize that ODOW is the prime accelerator in deer growth and stabilization for profit. Unfortunately, most of the seven to eight CCMCMA subcommittee members representing Cuyahoga County's southwest suburbs are hunters, hunter-friendly, or already condone bow hunting and other kill methods in their communities. They have handed over to ODOW gamekeepers exactly what they want: more inroads to "sport" hunting in densely populated suburban Northeast Ohio.

It's no secret that ODOW director Scott Zody, just weeks before this paper was published, resigned under fire. An Open Public Record found Zody chiding an ODOW biologist to convince mayors and councils to implement hunting. These same records show that non-lethal was the preferred method. But since Ohio hunting has seen a recent decline, it's no coincidence that in October 2015, CCMCMA members recommended putting bow hunting on the March 2016 ballots in their communities. North Olmsted isn't even going to bother with a ballot; instead, their police will shoot the deer. And Parma's mayor publicly stated its administration can bypass the voting process, and just allow hunting. Many of these communities are changing existing bans on

hunting ordinances to allow all sorts of lethal measures, despite knowing that Deer-Vehicle Crashes have caused no human fatalities, and only a few minor injuries.

These mayors and city officials may imagine they are not responsible for the wholesale slaughter of perhaps thousands of deer in Northeast Ohio, but their outsourcing does not absolve them of guilt or responsibility. Likewise, "conservation" groups, hunters, "sustainable" businesses, and

ulations. One of the worst wildlife agencies in America, ODOW profits off the "harvest." Geoffrey Westerfield, an ODOW biologist and wildlife officer who currently covers 19 Northeast Ohio counties, is an avid hunter and trapper. Westerfield is regularly dispatched to highly developed urban/suburban communities where he pays lip service to hunting/killing not being the solution, but his PowerPoint presentations wind up with a pitch for hunting. Westerfield is employed by a



"This is a taste of what's to come in your comm."

farmers who partner with hunters to "protect" crops for profit, are equally culpable. Intertwined layers of authority, money, power and prestige in the form of public office ensure large, stable populations to satisfy the paltry constituency of Ohio hunters who bring so much money to the state-run game club, while urbanites, duped into believing that lethal methods control deer populations, unwittingly cry for more killing.

Politically and economically motivated wildlife biologists who serve conflicted government agencies, and an uninformed public whose collective perception is based on cultural carrying capacity vs. biological carrying capacity, result in the paradox of rebounding and stable deer pop-

state agency that currently depends on increasing urban hunting permits in order to stay in business.

Jacobson, et al. conclude, "In light of the contemporary challenges facing the Institution due to changing ecological and social conditions, the inadequacy of our existing funding mechanisms to support wildlife management and conservation (Jacobson et al. 2007), increasing uncertainty of political support, and environmental threats of global proportion, we believe that the Institution must expand and evolve."

REFORM: A VISION FOR OHIO DEER AND OUR FUTURE:

ODOW, like other state wildlife agencies, amount to nothing more than state-run hunting clubs. Cuyahoga County Mayors and City Managers members now know this, and have demanded that the state take responsibility for large, stable deer populations they know are accelerated by hunting for profit and egregious mismanagement in urban areas. However, this writer absolutely disagrees with the "control" method of killing and/or sterilization recommended by CCMCMA members, half of which are conflicted hunters. Here's another reason for reform: In 2014, 16 to 18 ODOW wildlife officers came under investigation by the Ohio Inspector General for illegally killing deer while on the job, during work hours. They were found guilty. Then, all were reinstated.

To restructure Ohio Division of Wildlife, I recommend five fundamental changes, based loosely on Jacobson, et al. Commentary, as follows:

- 1) Broad-based funding vs. hunter funding;
- 2) ODOW Board of Directors comprised of non-hunters and unbiased toward non-lethal herd management;
- 3) Wildlife biologist/manager recruitment process based on best practice, non-lethal herd management, but not sterilization;
- 4) Annual audits conducted by an independent board of trustees comprised of a broad-base of wildlife stakeholders and ordinary citizens who represent the 94% who do not hunt to ensure our Public Trust Doctrine is upheld; and

5) ODOW officials and employees no longer permitted to confiscate and/ or kill injured or orphaned deer and other wild animals from legitimate rehabbers and/or those attempting to seek help for these animals.ODOW will no longer be permitted to intimidate, threaten, or harass people legitimately attempting to procure care for, and/ or offer long- or life-time homes for, injured or orphaned deer and other wild animals.

FUNDING: Currently, about 400,000 Ohioans purchase licenses annually, costing each user about \$75. To offset this loss, a sustainable funding structure must be established for a 21st century, humane, majority-represented ODOW to thrive. A \$10 annual Ohio taxpayer fee will be collected. Affordable increases in state parks fees will be instituted. Bird watching, America's largest hobby segment, 60 million Americans, is a very rich resource in Ohio; visitors to migratory birding hot spots may be charged \$1 per visit. The purchase of birding supplies such as binoculars, field guides and more in Ohio will include a three percent (3%) special tax to be returned to the state. Funding sources and structure will be reassessed annually, and can be tweaked.

Metro park systems which benefit from and are conflicted by the Pittman-Robertson excise kickback will be required to pay a percentage of annual revenues to the ODOW. When park

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Health/Culture

New Era Of Minimally Invasive Surgery: Local Woman Has Heart, Cancer Surgeries One Week Apart

by CJ Sheppard

Heart failure doesn't mean you've run out of options... even in your late 80s. Helen Miller, a patient of University Hospitals, turned a diagnosis of heart failure into a success.

Short of breath walking into her doctor's office at University Hospitals Parma Medical Center, the grandmother of five was expecting bad news. At 89, the widow knew she couldn't undergo the lengthy recovery of open-heart surgery, which her late husband experienced decades ago.

Then, Cardiologist Gerald Burma, MD, told her about Transcatheter Aortic Valve Replacement (TAVR) – a minimally invasive procedure where UH interventional cardiologists replace the diseased valve in the patient's heart while it continues to beat. As part of the UH Harrington Heart & Vascular Institute, UH Parma patients now have access to advanced technologies like TAVR. UH is the nation's first teaching site for TAVR and just one of three hospitals in the nation to perform this procedure in the awake, talking patient.

Miller's recovery was so quick, and the impact on her overall health so minimal, that she was able to consider another procedure the following week. Diagnosed with colon cancer, her doctors decided she was able to return downtown for a procedure with colorectal surgeon Sharon Stein, MD, who put her at ease with a





Helen Miller benefitted from one of University Hospitals' most innovative heart procedures – a minimally invasive replacement of a defective valve in her heart.

kind demeanor and assured her that her heart condition – now treated – would not rule her out for cancer treatment.

Now, Miller is back at UH Parma Medical Center – closer to her home in the southwest suburbs of Cleveland – for follow-up, realizing the full benefits of the UH network.

"I was a basket case before I went to Dr. Burma," said Miller, who has a history of atrial fibrillation and has had multiple stents inserted to open blocked coronary arteries. "Afterward, I told him, 'Thank you for giving me my life back.' Surprisingly, I felt really good."

TAVR patients have a significantly shorter hospital stay, at one to two days versus more than seven for traditional, open-heart surgery. Since they do not require general anesthesia, so they avoid the complications that can arise in those cases and recover faster.

"This is an option for aortic stenosis, primarily being used for patients who are high-risk for traditional surgery, which anyone at 89 would have difficulty recovering from," Dr. Burma said. "She was a great candidate. She's doing very well."

With four children and volunteer work as an usher at Assumption Parish of Broadview Heights, she was glad she was in the right hands.

"I love UH," Miller said. "They're so friendly, and they make you feel so comfortable. I feel so lucky. I'm better all the way around! I'm just thankful I'm alive."



Mayor Tim DeGeeter and Ward Five Councilman Allan Divis congratulate Tammy McQuillen.

Parma Mayor Salutes Citizen, Business Of The Month

by Jeannie Roberts

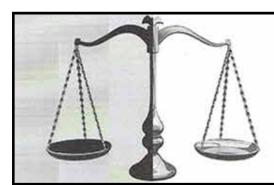
October honorees for the Parma Mayor's Citizen and Business of the Month represent good service personified. Tammy McQuillen, Citizen of the Month, was nominated by a customer at Unity Catholic Federal Credit Union as someone who makes time for everyone and every issue given to her. That's clear in her personal life as well. Tammy is a Eucharistic Minister at St. Charles Borromeo and is very involved

with the St. Vincent de Paul Society and the Knights of Columbus. Tammy and her husband John have three children - Megan, Andy, and Erin. The Mayor's Business of the Month, Kohl's (6860 Ridge Road), is honored because of its great commitment to the community. During its Kohl's Cares for Kids Program alone, the store donates more than 800 stuffed animals and 600-800 books a year to the Boys and Girls Clubs.



Kohl's employees Megan Laurenty and Briana Beatty with Mayor Tim DeGeeter and Ward Five Councilman Allan Divis.





Dean DePieroAttorney and Counselor at Law DeanDepiero.com 216-570-8665



Education



Show Kids You Care: Learn What They Have to Teach

Asset Corner #71

by Gene Lovasy

November's Asset Category: EMPOWERMENT. Feeling valued and appreciated is important to all of us. For young people, this means feeling safe and believing they're liked and respected. These feelings can go a long way toward empowering children and youth. Providing opportunities and recognizing accomplishments helps young people build self-esteem. This, in turn, gives them the confidence to share their ideas, knowledge, and creativity by volunteering and working in paid jobs. By paying attention to young people, you show that you value them.

This column's focus will be on... Asset #7 – Community Values Youth Listening to diverse opinions can help everyone move ahead.

As young people grow older, they quickly sense where they are wanted and where they aren't. Do the young people around you have opportunities to participate, serve, lead, and make decisions within the community? Do these same young people feel the community supports children and youth?

If the answer to these questions is "not always" or "not enough," it may be time to make some changes. After all, remember how you felt when you were young and the adults around you didn't listen or give you credit for your opinions? Everyone deserves a voice!

Here are the facts

Research shows that young people who perceive that adults in the community value young people are more likely to grow up healthy, exhibit leadership, value diversity, and succeed in school. Only 22 percent of young people, ages 11–18, perceive that adults in the community value their opinions and input, according to Search Institute surveys. Set a goal to create an environment in which you and other adults take time to listen to young people, spend time with them, and give credit to their opinions.

Tips for building this asset

Young people's perceptions can tell you a lot about your community and what needs to happen so they feel the community values them. Ask young people what they think. Acknowledge

their opinions, even if you don't agree. Work together to turn your community into a place that values its young people.

Also try this

In your home and family: Ask your child's opinion about something in the news. Listen carefully, without interrupting. Discuss the topic (agreeing to disagree, if necessary).

In your neighborhood and community: Serve on a community committee and seek out young people's feedback about specific issues. Let them know you greatly appreciate their presence and participation. Encourage civic groups to include young people in critical conversations.

In your school or youth program: Engage the young people in your school or program as leaders and decision makers. Get their input on school board or program directors' decisions. Invite them to discuss their experiences with the school board or program directors.

ASSET RELATED NEWS

Parma Area MyCom Youth Development Planning meetings...The 2nd of two Neighborhood Leadership Institute (NLI) facilitated community meetings took place on Tuesday, October 20th. The agenda focused on identifying gaps between existing gender/age cohort youth programs vs. needed programs and developing implementation strategies. It has become obvious that this process will require additional effort to work through and another meeting has been scheduled

for Tuesday, Dec 1st, again beginning at 5:30 p.m. at the Parma Branch Library. As stated in previous notices of this planning initiative, to be successful, a broad cross section of our community needs to participate. In particular, in my opinion, that includes city leaders and safety officers. Hopefully, I will see some of you finally participating at the meeting in December.

Parma Area Fine Arts Council has an after school art class for youth ages 7 to 18. The classes are held every Wednesday from 4:30 to 6:30 p.m. at the Donna Smallwood Activity Center (across from the hospital). Cost is \$8 per session and art supplies are included. Sean Mabin, the class instructor, is licensed to teach art for grades K-12. Classes currently range from between 6 to 8 students and there's room for more. These classes are ongoing and run year round, with occasional breaks of one week or two. For questions or to enroll, call 440-843-6474 or 440-888-4514 or visit their web site at www.parmafinearts.org.

Our CBS Connects Grant Coordinator, Mr. Chuck Caldwell, has gotten the program off to a great start hosting mentor/mentee luncheons at Normandy and Parma Senior on October 23rd and October 26th, these focusing specifically on finance and accounting. Career Exploration Field Trips are also being planned with the first trip scheduled for November 4th.

continued on page 13



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- 3 Participation in the promotion requires you to enroll in Online banking and eStatements within 60 days of opening your new checking account. You will be awarded \$10.00 to your Benefits Checking Account after you receive your first eStatement. 4 First Federal Lakewood will deposit \$50 to open a Statement Savings account in conjunction with the Benefits Checking account. A statement savings account requires a minimum \$200 average daily balance to avoid monthly service charge.

Perspective

Senior Trick-or-Treaters Celebrate Halloween!

by Judy Martins

A merry crowd of smiling area seniors, in a festive array of colorful costumes, gathered together at the Donna Smallwood Activities Center in October to welcome the spirits of Halloween! The Center was ablaze with colorful leaves, cornstalks, scarecrows, grinning pumpkins, witches, and autumn decorations, as the senior trick-or-treaters sang and danced in their costumes, laughing and sharing stories of their elaborate attire at the Center's Annual Halloween Party.

After a lively Halloween Show by the Center's Senior Vaudeville Dancers, The Raisin' Canes, they marched in a rousing costume parade, posing for the judges of the costume contest. They enjoyed a delicious lunch, and toasted and shared their memories of Halloweens past. (In Parma, in the 40s and 50s, we did our trick-or-treating on two nights, including the night before Halloween, known as Beggar's Night, and chanted "Please Help the Poor" at the doors. Remember?) With Glenn Toth's music filling the hall, they







Costume Contest Winners.

whirled to waltzes and polkas, jitterbug and swing, tango and Latin dances so popular now, as lively line dancers circled the floor. The seniors love the music and especially love to dance! Those who weren't dancing were tapping their toes, singing, and enjoying the festive atmosphere and the beautiful melodies. After a delicious dessert and bowls of punch, many happy partygoers were awarded prizes — lovely centerpieces and special raffle gifts. A truly fun and exciting reason to dress up, fill their day with music, meet old friends, and make new ones!



AARP Foundation Tax- Aide Volunteers Needed

by Stephen Donovan

AARP Foundation Tax-Aide, the nation's largest free, volunteer-run tax assistance and preparation service is seeking volunteers to assist taxpayers in southwestern Cuyahoga County. Our tax preparation sites are in Strongsville, Parma (2), Brook Park, Broadview Heights, and Middleburg Heights. Volunteers do not have to be retired or members of AARP.

All of our sites are electronic filing sites. Volunteers are expected to work at a site for at least 4 hours per week during the tax season, which runs from the first week in February through the 15th of April. Computer experience is helpful; however, is not required. The volunteer does not need previous income tax experience. Each volunteer must have an email address. We provide a free two-week course for tax return preparers during January. We

are also looking for greeters and provide them with a free one-day course during January.

This is a very rewarding IRS-supported program offered by the AARP Foundation providing free assistance to taxpayers with special attention given to senior citizens with low to moderate incomes. This is a great way for volunteers to become involved in their communities and learn a lot about the preparation of the 1040 tax form. Our recruitment of volunteers is done on a non-discriminatory basis without consideration of race, religion, gender, disability, or sexual orientation.

For more information please call Tax-Aide District Coordinator Steve Donovan at 440-237-7348, call AARP's toll-free number at 888-687-2277, or visit Tax-Aide's web site at www.aarp. org/taxaide.

AUTUMN ALMANAC

The Restoration Of 7777 York Road In Parma, Ohio

by Bob Stilwell

On May 2, 2013, Mr. and Mrs. William Heiman (Bill and Penny) purchased the property at 7777 York Road. They were well aware of the extensive renovation needed to turn this Historic House, built in 1818, into its former glory and splendor. Bill is a contractor and Penny is a carpenter. Both of these people know what quality workmanship is. This is why they chose this house. They could see and had the vision to make this dream a reality. This house was built with detail to the best craftsmanship. Most of the work to date has been done by Bill and Penny.

I had the opportunity to tour the house with Penny as my guide. It is very evident by talking with her, the pride she and Bill have with their accomplishments so far. This is still a work in progress. All of the original woodwork that had layers of paint has been scraped, sanded, and refinished. Walls were refinished and painted. All of the antique furnishings were purchased by Penny. The original flagstone foundation had to be removed because of erosion and water damage. Bill excavated the entire basement and put in a new cement foundation. The foundation is completed and the house is now on a solid footing.

It is amazing to see the almost 200 year old hand hewn timbers that support the underside of this house. As Penny was removing part of a wall one day, she felt something loose in the wall. She pulled it out and discovered, it was a large picture of two children probably around the early 1900's. What a great find this was. There were no

names listed on this picture.

Anyone that may have any history of this house, especially old pictures, please contact me at 216-777-0835 and I will forward the information to Mr. and Mrs. Heiman. Penny hopes that by 2018, as the house becomes 200 years

old, the labor of love will be completed. By the way, this happens to be the oldest house in Parma and surrounding area. We thank Mr. and Mrs. Heiman for all of their hard work in restoring a house that was almost doomed for the wrecking ball.





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For more information, including exercise schedules and an event calendar, visit ClevelandYMCA.org.



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Perspective

Adopt A Family Association In Parma For Two Years

by Madeline Medley

It's been two years ago since the Adopt a Family Association moved its operating location to our larger location at 5753 Chevrolet Blvd, Parma, Ohio, from the city of Cleveland. Adopt a Family Association has been warmly welcomed by the City of Parma because it provides services to low income families with children and aged-out foster teens with basic needs assistance. The Adopt a Family Association is also a proud member of the Parma Area Chamber of Commerce and has participated in many area events through the Chamber.

We exist as a resource for all families who are unable to provide basic needs due to socioeconomic distress affecting their families. Our vision is that all families should have a healthy home environment where they can live in harmony without fear of physical or emotional separation because they cannot feed, clothe, or take care of their children.

It is our belief that a healthy family stems from a healthy home environment. When that healthy home environment is threatened because parents cannot adequately provide the basic needs for its members, families begin to weaken. Our ultimate objective is to provide some relief to distressed families that have fallen victim to the recent and long



All about the children.

standing economic downturn by helping meet their children's needs. To accomplish this objective, Adopt a Family Association developed three programs: 1) Adopt a Family for Christmas Program, 2) Family Needs Program, and 3) the Shelter Families Service Project or Program.

Adopt a Family began in 1996 as a Christmas holiday community service project with help from a local financial institution. The Cleveland Corporate Human Resources Department employees wanted to help the growing number of families and children living in poverty in the Greater Cleveland area, one of the nation's poorest municipalities, and throughout Northeastern and Southern Ohio during the holiday season.

Since the program's inception in 1996, more than 2000 families and over 5900 children have received services through the Adopt a Family for Christmas Program. We also developed another initiative in 2007 known as the Family Needs Program after being awarded a 501(c) (3) nonprofit status, giving the organization an opportunity to provide basic needs assistance throughout the year.

With the support from one of our partners, Parma Area Family Collaborative, we work together and our volunteers identify what is needed by the family and what is in our inventory. If the requested necessary items are not in our inventory, the Association will purchase those items from local retailers at a discounted rate to the organization and make arrangements for the item to either be delivered to the family or have the family pick up the items from our facility. The children liv-

(216) 267-1267

ing in this country and especially in our community should have a bed to sleep on and not on a cold floor.

The Adopt a Family Association would like to express its sincere gratitude to the residents of Parma for their in-kind donations of clothing, household items, and furniture. We need your continued support and if you care to donate slightly used, clean furniture items, or household items, please contact us at 440-882-6600. Your donations go directly to needy families in our community.



Location window.



Parma, Ohio 44130







The Parma Heights Historical Society

requests any donations
from the Parma and Parma Heights
area of Historical Documents,
Photos, memorabilia, and school year books.

Please direct all inquires to Joe Reeves, president at 216-870-4864.

Perspective

Footprints

by Lizabeth Braskie

The photos fell from the album as I rearranged the crowded shelf of memories. I looked at the pictures and instantly remembered the weeks that contributed to the images captured on film. Those were the rainy days of that particular summer when bulging clouds hung over our house like bursting tanks at a water slide. The weatherman was viewed with negative murmurings of my four young daughters who desperately wailed, "Mom, when can we go outside?"

After finishing their daily grind of individual chores, the girls would give a halfhearted attempt to enjoy mom's list of indoor Boredom Busters. It didn't take long for the ping-pong, board games, reading, and modeling of dress-up clothes to morph into the antsy and whiney, "There's nothing to do!" Until they came up with a new idea: Hallway Gymnastics!

I didn't object to the somersaults along the hall's carpeted floor. Even a few cartwheels were safe if carefully monitored. The only quibbling was over whose turn it was, and what skill they could practice next. The older siblings suggested handstands, eagerly volunteering to help their younger sisters perfect the technique. The eight foot expanse of a clear, unencumbered wall was a monumental temptation for daring, barefooted gymnasts ranging in age from five through thirteen. I was

impressed with their flexibility, determination, and strength in supporting their bodies upside down while they rested their bare feet upon the welcoming surface.

Nevermind that my girls' feet were a little less than clean. Should I have sent them to the showers before they tried this again? Was this a hint that our vacuuming and scrubbing was not quite dirt free? What would relatives or neighbors think if they saw footprints on my wall? Did I care? Absolutely not! The kids ignored the daily rain and enjoyed their enthusiastic practices. Their togetherness blossomed as they helped one another with positioning and graceful execution of their now favorite indoor sport. I thanked God for this blessed and rewarding familial bond.

My daughters giggled when I seriously requested, "Girls, don't wash the wall just yet." I couldn't remove the growing montage that showcased their assortment of triumphs. Strangely, those notable accomplishments invaded my senses. The connection that pulled at me was completely unfounded however motherly I believed it to be. Those impressions were unique. Nothing reasonable approved of their showy display. I had to savor their importance for a little while longer. I thought about putting a wooden frame around those free style works of art, but no one would understand such strange behavior. Except,

possibly, another mother.

Now, fate had nudged me to discover the photo evidence of those childhood days. To the casual observer, the focal points of the pictures may have looked like vague smudges on a board. I might possibly have been the only one who cherished the depth and measure of their importance. I fondly remembered those summer days

when my daughters shared affectionate time and space defining victorious achievements, not only in agility, but in sisterhood as well. I choked up and felt a crushing need to pause and recall the loving effort and pride that planted those memories into the corners of my heart. Slowly and sweetly, a smile crept onto my face. But I was helpless to prevent the tears that slid down my cheek.

More Poor Info Brought To You By Your Democratic Party

by John Lee

After reading two recent stories in the Parma Observer, one by Lee Kamps and the other by Jeannie Roberts, I have to laugh and continue to be amazed by the lies and misinformation (or lack of information) that these two have pointed out.

Jeannie wrote how the "severe impact of cuts backed by Governor John Kasich and the Republican majority in the Ohio General Assembly" is part of the reason Parma is considering tacking on a garbage tax. What she failed to mention is that our governor is required by law to submit a balanced budget! I think we can all debate what cuts were proposed. However, they had to be made. The other lack of information, or omission, was why wasn't it pointed out that Parma City Council is a Democratic Majority? Let's point out all the labels instead of picking and choosing!

Lee Kamps' article concerning "Myths, Lies, and Politics" has me wondering where Lee got the data that was used. There are card carrying Democrats that believe that President Obama was born in Kenya and may be a Muslim.

The other lie in the article is the claim that "the entire Republican Party is in denial of global warming." Lee, where does this statistic come from? Rest assured, the "entire Republican Party" does not believe in your claim! Actually, some Independents, Libertarians, Democrats, and other Political Parties agree

with the "entire Republican Party," so be careful about your facts!

For far too long, the city of Parma has been run by the Democratic Party. Nepotism is rampant in City Hall. Ask yourself this question: Is Parma better off today than in years past? Look at our streets; the Service Department puts orange barrels and cones into giant holes and then mention that unless the barrel gets swallowed up, they won't be fixing the holes any time soon. How about Parmatown or "the Shoppes at Parma?" That's great economic development! Our property values have plummeted and there is no end in sight!

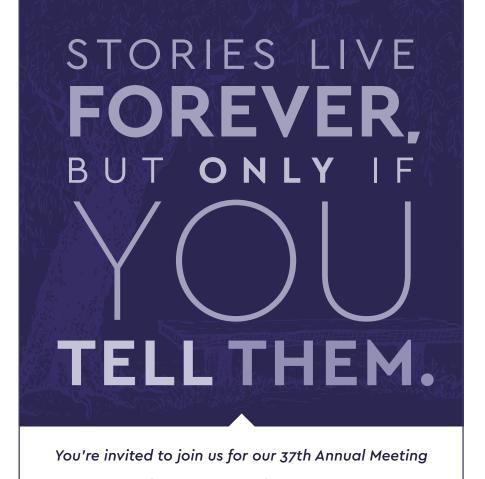
I could go on. However, I would like to point out that this has all occurred under our Democratic council and mayor. So, voters, keep voting along Party lines, keep the status quo, and when you and your neighbors see each other and complain about how your house value is so low compared what its value was just a few years back, keep voting Democrat!

Do they have your best interests at heart? The Democrats of Parma are more worried about discussing and passing legislation concerning not allowing drones to fly over City Hall than actually getting the most out of what we have in resources!

There are people who live in our neighborhoods that have great ideas; they just don't have a "D" next to their name!

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ADVERTORIAL

Sweeping Reform Of Ohio Division Of Wildlife

continued from page 5

levies pass, the amount will increase proportionately. Cleveland Metroparks must retroactively pay from its most recent \$75M, 10-year levy. This will ensure the elimination of the Pittman-Robertson kickback, a blatant conflict of interest that verges on unconstitutionality for the 94% of Ohioans who do not hunt, and the deer and other animals who want to live.

DIRECTORS/OFFICIALS: The Ohio electorate must vote for ODOW's Board of Directors every four years. Board members' backgrounds will be rigorously investigated to rule out bias in favor hunting or trapping. Board members must not be affiliated with any group, including any environmental or conservation group or consortium of same, which promotes, tolerates or benefits from hunting, or creates a conflict of interest with the new, non-lethal model of deer and other wildlife management.

RECRUITMENT OF EMPLOY-EES AND BIOLOGISTS: Current biologists who hunt, trap, or recommend either sterilization or killing will be replaced with only best practice, non-lethal and humane-minded biologists. No ODOW board of director, official or employee shall be permitted to hold a hunting license, have been found guilty of poaching, induce or recommend hunting or trapping (not even as a "solution" for wildlife/human conflicts anywhere), or be permitted to kill any wild animal for sport, "conservation," or any other reason. Any ODOW board member, official or employee guilty of poaching or killing any wild animal, on or off the clock, will face immediate termination without the possibility of reinstatement, and will be charged by law accordingly. Neither ODOW nor any of its directors, officials or employees shall be permitted to use the "20 deer per square mile," or any other recommended number, as a model of conservation, which seeks killing as an end goal, or for any other reason.

At all times, ODOW officials and employees must adhere to the "biological carrying capacity" paradigm that allows for the existing large, stable deer populations – deliberately brought into being as a direct result of ODOW's practices of keeping a high number of live targets for profit –to live without threat.

Whether by remote, chemical, humane, low-mortality birth control (but not sterilization or tubal ligation, proven to be ineffective and with a high mortality rate that results in suffering and pain) or, the most preferred method of deer "control," allowing biological carrying capacity to prevail, ODOW will be held to the standard of discussing only non-lethal solutions with disgruntled Ohioans and leaders complaining of deer browsing or other damage. Lyme disease, Chronic Wasting Disease (CWD), urbanization/development



and all conflicts with human activities and development will fall under this new paradigm. ODOW must create educational outreach as follows: Lyme disease is not primarily spread by "deer ticks," but by certain small rodents and birds who host the black-legged tick; CWD has not been found in any wild deer populations in Ohio; Deer-vehicle accidents (DVCs) causing human mortality have not increased despite Ohio's herd increases; and that, because deer refuge-seek in increasingly urbanized areas, the chief complaint is a perceived increase in deer browsing.

QUARTERLY MEETINGS/ OUTREACH: The new agency requires each meeting include a brief presentation outlining from where ODOW receives funding. Public programs will focus mainly on what the agency now does to benefit all wildlife, particularly taking into account the inherent wisdom of nature to take care of itself. Deer and plant-life have co-adapted on the North American continent for five to 10 million years, opposed to the 15,000 years humans have. ODOW public education and outreach must be based on this natural reality. Programs will demonstrate how people and all wildlife mutually benefit from the new paradigm, and incorporate best practices for gardening, landscaping and browsing issues on all public, private and commercial properties throughout Ohio.

WILDLIFE RESCUERS/
REHABBERS: It's well-documented that ODOW officials have treated well-meaning rescuers and rehabbers like criminals, using threats and intimidation, including showing up on private citizens' properties with weapons exposed, in order to confiscate and kill otherwise healthy, non-releasable or not-yet-ready-to-release wild deer, raccoons and

other native wildlife. Legitimate rehabbers' licenses were revoked. (Strangely, critter control companies which profit off removal, cruel death and orphaning of wildlife are booming, since ODOW increasingly looks the other way and gives them carte blanche permission to whatever they please with Ohio wildlife.) Since then, no Ohioan has been allowed to help injured or orphaned wild animals. But change in this regard has already begun: In 2015, the precedent-setting "Trooper's Law" began winding its way through state legislation. It all began with one Ohio family who rescued, rehabbed and adopted an injured fawn named "Trooper." This family legally fought the state and won.

CLOSING THOUGHTS: An Ohio Division of Wildlife based on a 21st century model will hold to the spirit of the Public Trust Doctrine, wherein wildlife belongs to everyone. Only non-lethal methods of wildlife management, minus sterilization, will be permitted. Currently, ODOW is steeped in conflicts of interest, mired in the outdated "hunting as conservation" paradigm; it is corrupt. If no reform takes place, we will continue to see our communities turned into bow hunting and nuisance permit kill grounds.

Frustrated community leaders, particularly incumbent mayors and city council members -- rampantly demonstrated during this November 2015 election season in the southwest suburbs of Cuyahoga County as they try to get kill programs on March 2016 ballots -- hope for solutions that will not make them unpopular, in an attempt to appease frustrated constituents who want "something done" about deer browsing on precious, usually nonnative, backyard flora. Cemetery and airport operators and others feel they must kill

deer with ODOW-issued nuisance permits, allegedly to stop them from interfering with business, especially the business of not bothering dead people.

We cannot continue down the same path of deer mismanagement through lethal means, whether locally, regionally or statewide, and expect different results. Expanding the kill zone to regional across the southwest suburbs, or any other region, won't work either, since deer can out-reproduce any extermination program. The only way we can go back to seeing no deer is if they are all killed. No hunter or state-run hunters' club will tolerate that, since archery hunters now complain that there are not enough deer to hunt! Plus, the Public Trust Doctrine which mandates wildlife belongs to everyone would be in permanent violation.

In reality, we have but one option: to learn to live with deer at the biological carrying capacity we now see.

To leaders at all levels, that means, "do nothing." Even birth control is not the best practice. Putting bow hunting or other deer-kill issues on ballots is cowardice. These officials are counting on constituents not understanding the complex cultural, political, economic, and historical issues that have brought us to this point, the point to which all lethal management methods have backfired in rebounding populations, while, lining the pockets of our current state-run hunters' club, the ODOW, long after these office holders have moved on.

Ohio Division of Wildlife is ripe for reform. The shift is just beginning, but an informed, mobilized public will get us there quicker.

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Spilled Ink

Fragmented And Complex System Of Health Care Drives Up Cost While Doing Little To Improve Quality And Outcomes

by Lee Kamps

In the 42 years that I have worked with Medicare, Medicaid and private health I have been saying for a long time that the fragmented nature of health care and health insurance in the United States is the major cause for our nation's high cost of health care. Health care is the actual delivery of health care services by doctors, nurses and other health care professionals. Health insurance is what actually pays for health care. It is impossible to separate one from the other since only the very wealthy can afford to self insure for their health care costs.

The system of health insurance in the United States is a fragmented hodge podge of government and private programs, all with their different rules and regulations with very little coordination between each program as well as between the different health care providers.

The United States has a truly socialized medical program where the government owns the hospitals and facilities and employs the doctors, nurses and other health care employees. This is the Veterans Administration system that serves our nation's veterans and some of their dependents. This is also the first government health care program that dates back to the

period after the civil war with the VA as we know it dating back almost 100 years. In the VA, the government controls everything from negotiating drug prices with the manufacturers to paying the doctors and nurses. In addition the VA health care system does not coordinate with Medicare, Medicaid or any private health insurance. It operates as its own silo as far as health care.

Then we have a single payer system similar to what operates in Canada and many European nations where the government acts as the health insurance company while the health care providers are all independent business entities. This single payer system is Medicare which for fifty years has insured the nation's oldest (over age 65) and sickest (being eligible for social security disability benefits two years or with end stage renal disease). Medicare is funded through payroll taxes while we are working and from the general revenue system. Medicare benefits are uniform across the nation and Medicare adjusts its reimbursements based on regional health care costs. Many public hospitals usually report that as much as 60% of their patients are on Medicare.

Then there is the system of private individual and employer health insurance plans. Benefits as well as claim procedures with private health insurance plans are all over the map. While the VA health system and Medicare are regulated by the federal government, all private health insurance is regulated by the fifty states. Some companies only operate in one state and coverage doesn't cross state lines. Most Americans get their health insurance through the private health insurance system which is comprised of competing private companies, some are non profits but most are for profit corporations. For a private health insurance company, there is the additional cost of operating a business with shareholders and every aspect of a business. Most companies are good, but there are always some bad apples in the bunch that see paying for health care as a profit center rather than actually improving the health of the nation.

Finally there is Medicaid, which is a government state and federal health program designed to serve the poor. Some states run an excellent Medicaid program. Medicaid is a life saver and offers quality health care services to the most needy in the country. But in most states, Medicaid is a program that is usually the first to be cut and sometimes onerous regulations and requirements are imposed on Medicaid

patients as well as very low reimbursements to Medicaid providers. Dental care in Ohio is a perfect example. The people who write the rules for Medicaid in Ohio don't feel that dental care is an essential health benefit so their reimbursement rate for dental care is so ridiculously low that very few private dentists accept Medicaid payment and Medicaid patients. As a result most Medicaid patients seldom see a dentist or if they do, it is usually a crowded and understaffed public clinic.

The lack of coordination as well as the different hodge podge of programs makes for additional administrative costs for all medical providers that increases the cost of health care for everyone while delivering no improvements in our health. Many hospitals employ more people handling patient claims and billing than they employ doctors and nurses combined. Complying with the myriad of state and federal laws and regulations affecting health care and health insurance has spawned a cottage industry of consultants and specialists. All those people don't work for free. They have to be paid from someone and the costs of all this is added to our nation's health care bill.

Asset Corner #71

continued from page 7

Visit their web site www.cbsconnects. org to learn more about this initiative and how you can participate/get involved.

The Collab's Mobile Food Pantry is scheduled this month for Thursday, Nov 12th. This, plus a host of other programs/services (i.e.: Parenting Partners, Teach Me To Read, Project MORE, the Discovery Center programs), are just some examples of PCSD/Collab programs needing sponsors and/or volunteers. To find out more, give the Collab a call at 440-887-4873 and/or visit the district's web site at www.parmacityschools. org and type the name of the program in which you're interested into the "Search this site" box located in the upper right hand corner of the home

There are only 10 more Fridays till Christmas and many families in the Parma City School District are in need of holiday assistance. The Collab is once again asking businesses, organizations, and volunteers to adopt a child/children and purchase 1-3 presents per child, so that every child can have holiday cheer on Christmas morning! If you're interested in adopting, contact Megan Droza by email at

drozdam@parmacityschools.org or phone at 440-843-3900 with the preferred age and gender of your adoptee. They'll try to have a wish list out before Black Friday! If you have any questions, please feel free to ask!

In keeping with the "Community Values Youth" topic of this issue, show your support of our SPECIAL kids by attending the 2nd Annual American Special Hockey Association sponsored game between the Cleveland Rockin' Wildcats and the Parma Senior High hockey team at 8:40 p.m. on Saturday, November 21st at the Ries Rink, 5000 Forestwood Drive in Parma.

SHARE YOUR ASSET BUILD-ING IDEAS AND/OR THOUGHTS ABOUT THE DEVELOPMENTAL ASSET CONCEPT BY VISITING THE "ASSET CORNER" FACEBOOK PAGE. I'M LOOKING FORWARD TO HEARING FROM YOU.

Visit www.parmacityschools. org/character and www.search-institute.org/assets for more information about the 40 Developmental Assets and ideas for helping young people build them. Or go to http://www.parentfurther.com for great assetbased parenting tips, tricks, activities, and ideas.



AUTUMN ALMANAC

Hospice Of The Western Reserve Annual Meeting Nov. 17 To Focus On Storytelling

by Laurie Henrichsen

Residents of Parma, Parma Heights, Middleburg Heights, and the surrounding southwest suburbs are invited to join Hospice of the Western Reserve staff and volunteers at the nonprofit agency's 37th annual meeting, "Tell Your Story," on Tuesday, Nov. 17, 5 to 7 p.m., in the Cleveland Convention Center Ballroom, 300 Lakeside Ave. Admission is free; complimentary valet parking will be provided. Keynote speakers are Ivan Schwarz, President and CEO of the Greater Cleveland Film Commission, and award-winning actor, director, and producer James Madio, well known for his role as Sgt. Frank Perconte in the award-winning HBO miniseries, "Band of Brothers." Complimentary hors d'oeuvres, beer, and wine will be served at 5 p.m.; the evening's program begins at 5:30 p.m. Registration (requested) is available online at hospicewr.org/story or by phone at 216-383-5291.

This year's theme, "Tell Your Story," shines a spotlight on the deeper work of hospice and the significance of story-telling plays in communicating values, memories, and traditions. "Everyone wants to be remembered. Storytelling provides an avenue to creating a lasting legacy that will live on and be treasured by loved ones and future generations," said Bill Finn, President and CEO of Hospice of the Western Reserve. "We're



Actor James Madio is well known for his role as Sgt. Frank Perconte in the HBO miniseries, "Band of Brothers."

honored that two of Hollywood's master storytellers – the Greater Cleveland Film Commission's President and CEO, Ivan Schwarz, and two-time 'best actor' award winner James Madio – will be joining us to provide rare glimpses into their craft and to share their personal insights."

Hospice of the Western Reserve has a few special surprises in store this year. "Forget what you thought you knew about annual meetings," Finn said. "This one will be very different. The call to serve and commitment we all share will be dramatized in a way we think will be inspiring and entertaining. We encourage everyone in the community interested in learning more about our work to join us."

Pinot Noir For Turkey Carves!

by Christian Fitzharris

What's wrong with the trees?! They seem to be infected with some sort of disease which makes their leaves yellow and fall! Disgusting. Should I apply ointment or salve? This, surely, is a mark of fall and means we are approaching "Turkey time!" There is one important thing to remember when pairing wine to Thanksgiving dinner. No matter how well cooked, turkey is a dry meaty dish which requires tasty liquidity to make it rise to perfection! Gravy is okay, but wine makes a turkey fly! Which wine should you choose? A Pinot Noir is a fine choice. The juicy flavor aromas of red fruits like raspberry strawberry and red cherry make a nice addition to turkey or cranberry sauce while the earthier flavor notes of mushroom and "forest floor" match the brown gravy and potato elements of any harvest dinner table. (For the curious, "forest floor" is an actual aroma marker for Pinot Noir's wet oakiness which resembles a downtrodden wet oak-filled forest floor.) Pinot Noir is one of the most adaptable red wines for pairing with food. The juicier ones match many food flavors while the slight oakiness can pair with truffles or mushroom

sensations.

One of the most common Pinot Noirs you will encounter in the United States is made by Mark West. Mark West Pinot Noir has an ABV of 13.5%. It's aged for eight months in French and Hungarian oak. It's light, full of red fruit notes, and a fine pairing for many foods without breaking the bank. Average cost: \$10.99. And the beauty is finding this wine at most of your neighborhood corner stores. Another treat of the season that many home wine connoisseurs are waiting for is the newest vintage of Beaujolais-Nouveau. Beaujolais is vinted and bottled in the Beaujolais region of France and is made with the gamay grape. It is a fruity red wine which is food friendly and released annually with much fanfare in France. Beaujolais Nouveau day is November 19th. Its release is celebrated with fireworks, music, and festivals. Under French law, the wine is released at 12:01 a.m. and enjoyed as the first of the season. The most popular Beaujolais in this region is produced by Georges Duboeuf. This year's release has an ABV (alcohol by volume) of 12% and sells for about \$10-11 a bottle.

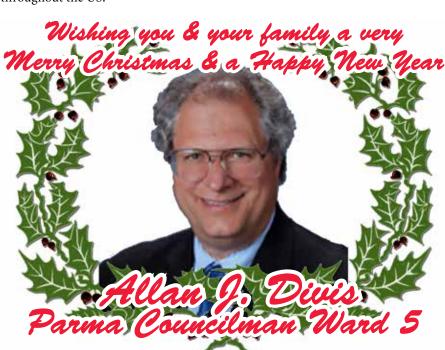
Two Unique Hockey Families Meet For The 2nd Annual Game To Learn And Grow Together

by Lisa Neumeyer

On Saturday morning, while most are sleeping, recovering from a week of school or work, our athletes are on the ice ready for practice. They are the Cleveland Rockin' Wildcats, a hockey team composed of children and adults ages 7-40 years old that have developmental or physical disabilities.

This team is coached by Julie Nadar and Mark Doubrava. Each week, they practice for games, including local and out-of-town competitions. The team skates in Lakewood as part of the American Special Hockey Association, a non-profit organization that encourages league games. Players from St. Ignatius volunteer their time assisting the team with hockey drills and teenage socializing. Coach Doubrava's son, Jason, a recent Parma Senior High graduate "enjoys ice time, talking to people, and travelling to the out- of-town games." The Rockin' Wildcats are practicing for their upcoming game against the PSH Varsity Redmen. The Redmen head coach, Joe Gaudino, has scheduled a game against the Wildcats on Nov. 21, 2015, at 8:40 p.m. in the City of Parma's Ries Rink.

On Saturday, Nov. 21 at 8:40 p.m., come out to Ries Rink located at 5000 Forestwood Drive in Parma and watch the PSH Redmen Hockey team face off against the Cleveland Rockin' Wildcats. Admission is free. Donations will be accepted to support the Wildcats ASHA team. Keith Grahl, Luke's dad, encourages everyone to witness this heartwarming exhibition on ice. Anyone interested in the program should contact Mark or Julie at Cleveland RockinWildcats@aol.com or visit the Cleveland Rockin' Wildcats page on Facebook. The American Special Hockey Association gives people of all ages and abilities a chance to learn and grow by playing hockey. There are currently over 50 ASHA programs in more than 30 cities throughout the US.



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Parma Art Scene

Artists Of The Month

Joe Federico

by Kathryn Mabin

Parma is home to a great many talented individuals, artists, and craftsmen, both professional and amateur, who specialize in a variety of mediums. This article is the fourteenth in a series which will showcase a Parma area artist and introduce you to many of your talented neighbors.

Joe Federico

Joe Federico graduated from Padua High School in 1999. After Padua, he attended Cleveland State University where he majored in Communication, and minored in Marketing. In 2000 he joined the Parma-based Great Lakes Wood Carvers, which meets at the Donna Smallwood Activities Center. His interest in wood carving began when he was in the Boy Scouts and he earned his merit badge carving wooden neckerchief slides at summer camp.

Besides woodcarving, he collects sports cards, autographs, comic books, and movie memorabilia. Those passions have translated into his business American Treasures. Inspired by movie characters, he has carved Elwood Blues from the Blues Brothers, Casper the Friendly Ghost, and Stuart the Minion. Joe stated that Stan Starry Jr., President of Great Lakes Wood Carvers, has been instrumental in honing his skills as a



carver.

As a fan of amusement parks, Joe chose the Universal Studios Theme Park as his theme for a Christmas display in the window of Country Stove and Patio. Joe researched train displays and found that he would be the first to use the Universal Studios theme. He traveled to the park three years ago and took numerous photos of buildings, characters, and studied the layout of the park. Everything in the display is a current, retired, or a licensed property miniature of Universal Studios. The buildings are all custom made and each one took two to three months to

The train is a Lionel Harry Potter O scale. You'll see Harry Potter, Hagrid, E.T., Bumblebee and Megatron from Transformers, the Grinch from Dr. Seuss, Beetlejuice, and Back to the Future DeLoreans. There's Optimus Prime, Gremlins, Ghostbusters, Simpsons, Krusty the Clown, the Engineers from Polar Express, Santa, and Jake and Elwood Blues, too. Plus so much more!

The display setup begins mid-November and will be finished just prior to Thanksgiving. Bring the family to view this charming holiday display, lovingly created by Joe Federico at Country Stove and Patio, located in the

front window at 6669 Royalton Rd in North Royalton. Store hours are Monday/ Thursday 10 a.m. – 8 p.m., Tuesday/Wednesday/Friday 10 a.m. – 6 p.m., Saturday 10 a.m. – 5 p.m., and closed on Sunday.

If you are an amateur or professional artist, living in the Parma area, or know of someone who is, and would like to be featured as an artist of the, please contact me by email at kathrynmabin@ att.net.

Fine Arts & Crafts Show At UH Parma On Nov. 17-18

by CJ Sheppard

Start your holiday shopping early at the Parma Hospital Auxiliary's Gallery of Gifts, their biggest fundraiser of the year. The arts and fine crafts show takes place Tuesday, Nov. 17 from 10 a.m. – 6 p.m. and Wednesday, Nov. 18 from 8 a.m. – 4 p.m. in the Auditorium of University Hospitals Parma Medical Center.

Artisans and crafters will offer jewelry, accessories, holiday florals, and ornaments as well as ceramics, wall art, and pet items. Bakery and chocolates will be for sale, and a raffle will feature items donated by the artisans and crafters. Admission is free.

"The Auxiliary exists to serve the patients and enhance the healing environment of the hospital," says Jill Kusmierek, Manager of Volunteer Services. "In all our interactions with visitors and patients – whether as greeters in the waiting rooms, transporting patients, or staffing the Healing Grounds coffee shop or the Gift Shop – we try to positively impact the patient experience."

In 2014, the 348 members of the Parma Hospital Auxiliary volunteered 46,323 hours in 40 different areas of UH Parma Medical Center. The Auxiliary donated \$76,000 to the UH Parma Medical Center last year, purchasing wheelchairs and walker bags, funding scholarships for student volunteers, and providing complimentary Plain Dealer newspapers.



November Art News

by Kathryn Mabin

Rudy's Strudel & Bakery Competition

Rudy's Strudel & Bakery is proud to announce the future installation of a mural on the north side of their shop, located at 5580 Ridge Road in Parma. The 15 x 15 foot completed mural will be very visible to southbound traffic traveling on Ridge Rd. The competition is open to the public and there are no residency requirements. The winner will receive a \$500 stipend.

For details and an application, check out Rudy's Strudel & Bakery on Facebook, Polish Village on Facebook, or email kathrynmabin@att.net.

Rudy's Baking Classes

Baking is also an art form, and that is especially true at Rudy's Strudel & Bakery. They are hosting two baking classes just in time for the holidays. Learn to make strudel (just like Mama's) on Thursday, November 5, 2015, at Rudy's Strudel & Bakery. Doors open at 5:30 p.m., class begins at 6:00 p.m., and the cost is \$30. On Thursday, November 19, 2015, learn to make nut roll. By the way, babushkas are optional!

Call 440-886-4430 to register or stop in at Rudy's Strudel. The classes are filling up fast!

Parma Area Fine Arts Council's Fall

Schedule of Classes

On Wednesdays, from 4:30 p.m. to 6:30 p.m., Sean Mabin, licensed for K-12, teaches youth ages 7 to 18. His Art Exploration class offers students the opportunity to explore a variety of arts, crafts, and mediums with a certified instructor. Cost is \$8.00 a session and supplies are included. Also on Wednesdays, from 7:00 p.m. to 9:00 p.m., Michelle Behal teaches adult acrylics and mixed media, and Emery Bogardy teaches watercolor. Beginners are welcomed. Adult classes start at \$10 for a two hour session. Classes are held at the Smallwood Activities Center, 7001 W Ridgewood Drive in Parma. Discounts are available for members.

For details, call 440-888-4514, or stop in, speak with the instructor, and preview the class.

Donna Smallwood Activities Center Lobby

The Parma Area Fine Arts Council has a display of work from various member artists on display in the lobby showcase of the Donna Smallwood Activities Center, located at 7001 W. Ridgewood Drive in Parma. Works from Michelle Behal, Emery Bogardy, Anthony DeMarco, Kathy Kijek, Craig Lindsley, Kathy Mabin, Sean Mabin, Debbie Newell, Donata Rahne, Stan Starry Jr., and Jane Zampedro are on display.



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For more information, or to schedule a tour, call 440-842-2273



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