

**“Blessed are the young, for they shall inherit the National Debt”- Herbert Hoover**

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## Parma Hospital Announces Plans To Integrate With University Hospitals

by CJ Sheppard

University Hospitals (UH) and Parma Community General Hospital (Parma Hospital) have signed a letter of intent to officially explore an integration that will add Parma Hospital to the University Hospitals health system. “We completed a very comprehensive process to evaluate potential organizations that could best support our mission to provide the highest quality of personalized health care to our patients and the communities that we serve,” said Terrence G. Deis, President and Chief Executive Officer of Parma Hospital. “It is our belief that University Hospitals is most compatible with that mission, our medical staff and the commitment to remain a vital resource for our extended communities.”

University Hospitals will work closely together with the Parma Hospital medical staff to ensure that their patients continue to receive the highest quality personalized care. It is anticipated that UH will bring investments and new services

as a major benefit to the new agreement including expanding the presence of UH Rainbow Babies & Children’s Hospital that currently provides neonatal care at Parma Hospital. UH, with its nationally recognized academic medical center – UH Case Medical Center – will also provide strong clinical research, leading-edge technology, innovative practices and initiatives that will complement and grow Parma Hospital’s highly regarded medical programs.

Additional commitments will bring programs from internationally recognized centers of excellence such as UH Seidman Cancer Center. “Parma Hospital is a vital anchor institution in the communities that they serve,” said Thomas F. Zenty III, UH’s Chief Executive Officer. “We are honored to have the opportunity to support and share in their mission to provide the highest quality patientcentered care and to join with them and their physicians in advancing the vision of valuedriven, affordable care.”

Parma Hospital employs  
**continued on page 8**



*The facade on the Parmatown Plaza strip*

## A Preview Of The Shoppes At Parma

by Jeannie Roberts

Phillips-Edison executive Roy Williams told Parma City Council that turning Parmatown Mall into The Shoppes at Parma could take three or four years and cost about \$70 million. He also estimated

still thousands of details to work out, though, in this complicated project. But recently released architectural renderings offer a sneak peek at what is to come. “It’s a significant investment and a project of considerable size, magnitude

strict and the port authority. Work has already begun on six out-lots along W. Ridgewood Drive and the Parmatown Plaza strip.

People are beginning to wonder and dream about how it might turn out. Parma residents are excited to see the work that has begun - there are cordoned-off areas, construction vehicles and actual piles of dirt in the parking lot. Initial phases of development are confined to the Parmatown Plaza strip and the out-lots. When the entire project is done, though, Williams says the property will be “pedestrian friendly.” He added that The Shoppes at Parma will have less indoor store space than the current Parmatown Mall incarnation, but that will be supplemented by the out-lot buildings. Overall, Williams said, the Shoppes will be a mixture of retail, restaurants and office space.

What seemingly everybody wants to know is what stores will be in the new Shoppes at Parma. Williams said Phillips-Edison isn’t ready to divulge that information yet, saying they will do so only after the tenants have signed a lease. He did say that JCPenney, Dick’s, Walmart and Marc’s will remain as anchor stores.

Williams has gotten quickly up to speed with what Parmatown Mall once meant to the city and residents. “We respect that and we want the community to have this type of connection with the shopping center for many generations to come,” he said.



*New exterior entrance to The Shoppes at Parma*

that in addition to 700-800 construction jobs, the project could eventually add about 2,000 retail and office jobs.

Good news. There are

and complexity,” Williams said. Phillips-Edison is exploring financing options that include partnering with the city, the county, the school dis-

## Gather Family/Friends for West Creek Conservancy’s Second Annual “Tails for Trails” Dog Walk-a-thon.

by Dave Lincheck

This year's event will be held on Satur-

day, August 24, 2013 on the trails of the new West Creek Reservation, starting at the

Keystone Shelter, located on West Ridgewood Drive, between Broadview and State Road in Parma.

Everyone is welcome to participate with or without a canine. The registration fee is \$20 per dog, \$30 for 2 or more dogs and humans are free. Participants are invited to obtain pledges and/or donations. All donations will help West Creek Conservancy’s efforts to protect land and build trails in our community. For every \$20 raised in pledges, you will receive a ticket for a chance to win a 19” LED Flat Screen TV.

Registrations are now open at <http://2013tailsfortrails.eventbrite.com/> or contact West Creek Conservancy at 216-749-3720 ext.10. Sign in will start at 10:00 am and the walk will begin at 11:00 am with an optional one or three mile walk. Following the walk, participants will celebrate with refreshments, vendors, demonstrations by Parma K9 unit, and raffles.

To register and download pledge forms or to obtain more information on the event, please visit [www.west-creek.org](http://www.west-creek.org).



*Canines and humans will raise funds for conservation as they walk the new trails at West Creek Reservation at Tails for Trails on Aug 24*



# Parma Business

## The President’s Corner

by Sean Brennan,  
Parma City Council President

As a follow up to last month’s column, I want to thank Congresswoman Marcy Kaptur and Congressman Jim Renacci for adding their names as co-sponsors to H.R. 543 – The Blue Water Navy Vietnam Veterans Act of 2013, after I contacted them about the bill. Thanks to them, we are getting closer to protecting the rights of our Vietnam Vets who did not serve on land, but are still suffering from the harmful effects of exposure to Agent Orange as a result of their service to our nation. Please contact Congresswoman Kaptur at [www.kaptur.house.gov](http://www.kaptur.house.gov) or (800) 964-4699 and Congressman Renacci at [www.renacci.house.gov](http://www.renacci.house.gov) or (330) 334-0400 to thank them for supporting our Vets through this excellent legislation. To keep an eye on the legislation please visit <http://beta.congress.gov/bill/113th-congress/house-bill/543>.

Recently, I installed two more rain barrels at my home for a grand total of three. I did this for several reasons. First, my flowers and plants love rainwater! I am always amazed at the growth and blooms I get with rainwater, as opposed to treated water. Next, I am doing my part to divert storm water (and the harmful things carried by it) from entering our sewers and streams during storm events. Further, I will save money on my quarterly water bill

and save precious treated water for better uses. Finally, I am planning to take advantage of the stormwater fee credits being offered by the Northeast Ohio Regional Sewer District (NEORS D).

As you are probably aware,



Parma City Council President Sean Brennan and Congresswoman Marcy Kaptur discuss legislation.

NEORS D now charges a quarterly stormwater fee. The monies collected from this fee are being used to address stormwater related challenges, including flooding, polluted waterways, erosion problems, etc. in our region. The amount one pays is based upon the amount of impervious surface, such as the driveway or roof, on one’s property. Customers of the Sewer District

can receive a credit of 25% off of their stormwater fee by taking steps to control stormwater, such as installing rain barrels, creating rain gardens, reducing impervious surfaces, etc. To find out more about stormwater fees and credits visit <http://www.neorsd.org/stormwaterprogram.php> or call 216-881-6600.

If you are interested in install-

ing a rain barrel, I invite you to attend the upcoming rain barrel workshop sponsored by the City of Parma and being conducted by the fine folks at the Cuyahoga Soil and Water Conservation District. The workshop will take place in the beautiful, new Stewardship Center in the Cleveland Metroparks West Creek Reservation right here in Parma on September 12 from 6:30 pm to 8:30 pm. The \$60 cost of the workshop includes the rain barrel that you will leave with at the end of the presentation! To reserve your spot and to find out more visit <http://www.cuyahogawcd.org/RainBarrels.htm> or call 216-524-6580, ext. 22.

I hope that you find this month’s column informative and helpful. As always, if you have suggestions for future columns, please feel free to contact me at (440) 885-8091 or [councilmanbrennan@sbcglobal.net](mailto:councilmanbrennan@sbcglobal.net).



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## Mayor Paul Cassidy 1919-2013

by Mike Byrne

Longtime Mayor of Parma Heights Paul W. Cassidy passed away on Wednesday, July 10, 2013. He had served the community as mayor for 43 years and, after his retirement from that office, continued on as magistrate of the mayor’s court for nine years. He will be remembered for his unfailing devotion to faith and family, his unabashed pride in his Irish heritage, his courage, honesty, loyalty, selflessness and patriotism. He touched so many people and I feel fortunate to have been one of them.

Cassidy began his long and distinguished service to the City of Parma Heights when he was elected to Parma Heights City Council in 1953 and was then named the Law Director in July, 1954. He was elected Mayor of the City of Parma Heights in November of 1957, a position he held continuously through December, 2000, as he guided the community’s growth from rural hamlet to modern suburb.

Cassidy was born on May 30, 1919, the third of six children, in Pittsburgh, Pennsylvania, and the family moved to Cleveland’s Glenville area in 1928. He graduated from Cathedral Latin School in 1935 at the age of sixteen, went on to attend John Carroll University and enter the Cleveland Marshall College of Law in the fall of 1938. Cassidy married Elise A. Romano in August, 1942, and they have four children: Maureen Foran (Richard), Michael Cassidy



Mayor Paul Cassidy 1919-2013

(Lindsey), Patricia Kyle (Chuck), and Steven Cassidy; 12 grandchildren: Patrick Foran (Kristen), Daniel Kyle (Jessie), Maureen Kyle MacDougall (Mark), Kara Schwabauer (Matt), Michael Foran, Margot Tomer (Adie), Anne Kyle, John Cassidy, Meghan Foran, Alexandra Russo, Bridget Kyle and Jillian Cassidy; and two great grandchildren: Dylan Patrick Kyle and Michael Cormac Foran.

Cassidy entered the Army Air Corps in February 1942, and was a navigator stationed with the 447th Bomb Group at Rattleston, England from November, 1943, to August, 1944, where he flew 28 missions over occupied Europe during World War II, was the lead navigator on the first Daylight Air Raid on Berlin;

and was awarded the Distinguished Flying Cross with oak leaf cluster, the Air Medal with four oak leaf clusters and the European Theater of Operations with three battle stars.

He returned from the war to finish law school and was admitted to the bar in 1947. He was a candidate for Congress in the 20th District of Ohio in 1950, was called up in Army Reserves during the campaign and in September of 1950 was stationed at Porter Air Force Base, Greenville, South Carolina.

Cassidy returned to Cleveland in August of 1951 and moved his law practice to Parma in 1952. He was a founder of the Parma Bar Association and its first President, a founder of the Parma Community General Hospital and served as its General Counsel for 42 years, a founder of the Parma Heights Library, the Foreman of the Cuyahoga County Grand Jury during the 2001 Summer Term, a member of “Convening The Community” for the Cleveland Art Museum, founded the Greenbrier Community Theater, which was later privatized and named the Cassidy Theatre in his honor, was a Trustee of the Cleveland Bar Association from 1973 to 1976 and was a member of the Ohio Public Defender Commission.

According to Ripepi Funeral Home, in lieu of flowers, contributions may be made to Parma Hospital Healthcare Foundation, 6681 Ridge Road, Parma OH 44129; or St. Ignatius High School, 1911 West 30th Street, Cleveland OH 44102.

# Parma Community General Hospital

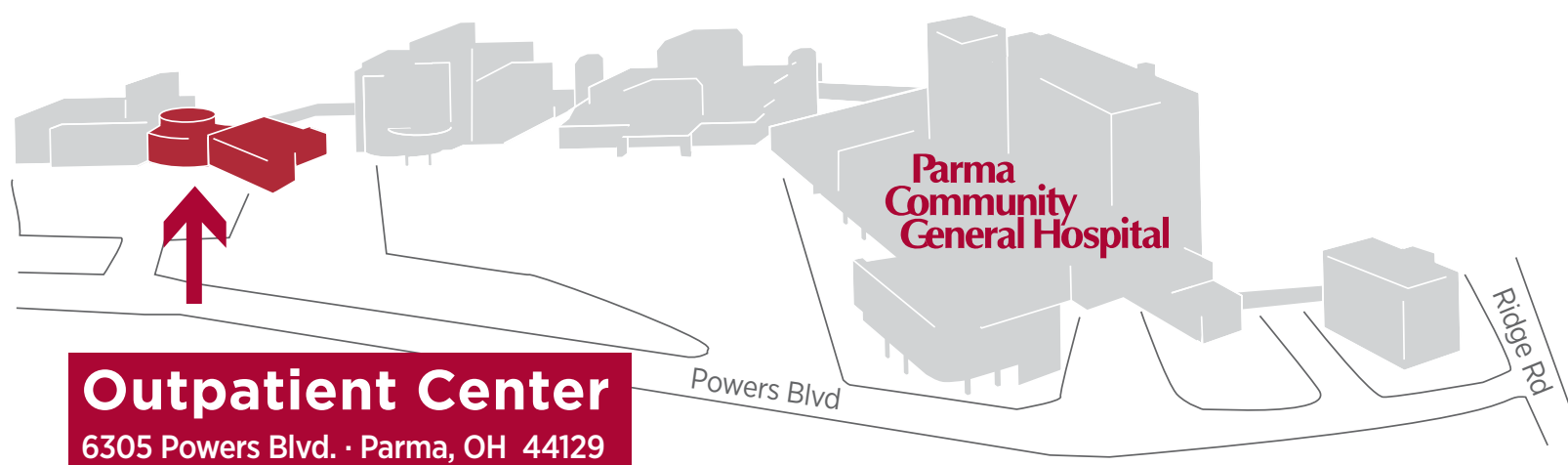
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# Parma Health

## Fresh, Healthy Summer Cooking Featured At Aug. 15 HealthiHer Event, Farmers' Markets

by CJ Sheppard

On August 15, Parma Community General Hospital's HealthiHer presents "Spice Up Your Summer," an event at Maria Gardens in North Royalton featuring cooking with fresh herbs and a 20 percent shopping discount for all who attend.

From 6-8 p.m. at the garden center at 10301 W. 130th, the experts at Maria Gardens will explain how to plant, cultivate and prepare fresh herbs. Parma Hospital Dietitian Becky Hakenson will provide a cooking demonstration while discussing the different herb combinations that complement foods and help reduce sodium in the diet. All guests will receive a potted herb and extra shopping time at Maria Gardens, as the store extends its hours and offers a generous 20 percent discount just for HealthiHer members.

The event is just \$10 and is exclusively for members of HealthiHer, Parma Hospital's program promoting

good health in women. Membership in HealthiHer is free and includes benefits such as: reduced-price health screenings, advice from trained health and wellness coaches, a complimentary nutritional analysis by a registered dietitian, members-only e-newsletters and discounts on all classes at Parma Hospital's Health Education Center.

To register, go to [www.parmahospital.org/programsandclasses](http://www.parmahospital.org/programsandclasses) or call 440-743-4900.

As you gather your ingredients for those fresh and healthy summer meals, don't miss the Farmers' Markets held outside the main entrance of Parma Hospital every Tuesday afternoon all summer long. Choose from a wide variety of local vendors in the shaded covered patio outside the front doors. Products will include seasonal fruits and vegetables and pasture-raised beef, pork, chicken, turkey and eggs. Markets will take place every Tuesday through September 24 from 11:30 a.m.-3:30 p.m.



2012 MP9K Runners at The Cleveland Zoo

## 4th Annual Race For Maggie's Place (MP9K) To Be Held October 12

by Tricia Kuivinen

Runners of all levels and families who love the Cleveland Zoo are invited to lace up their sneakers and run/walk in support of pregnant women served by The Zechariah House in Cleveland. The 4th Annual Race for Maggie's Place, presented by Spectrum, will kick off at 8:04 a.m. at the Fulton Road entrance of the Cleveland Metroparks Zoo on Saturday, Oct. 12. All event proceeds benefit The Zechariah House- a nonprofit, faith-based hospital-ity home for pregnant women who may be alone, homeless or facing other difficult circumstances. The 4th Annual Race for Maggie's Place will include both 9K & 5K races on a Hermes-designed course inside the Zoo, and a 1-Mile Fun-Run/Walk for Families. Post-race family picnic will follow at the Primate Pavilion. Each paid

Race registration includes one all-day Zoo admission ticket, redeemable on Race day. Register online at [www.race4maggiesplace.com](http://www.race4maggiesplace.com); online & pre-event registration closes Friday, Oct. 11 at noon.

- Events:
- 7:00 a.m. Packet Pick-Up/Same-day Registration
  - 8:04 a.m. 9&5 K Runs (Babies arrive late!)
  - 9 a.m. 1M Fun Run/Walk for Families
- Costs For 9K/5K Runs & 1Mile Walk:
- \$20 before August 12
  - \$25 before October 11
  - \$30 on race Day at the Zoo
  - \$60 Family Rate (all events, up to 4 persons; \$10 each additional person, mail-in only).

## Friends of Parma Theater

by Wayne Mesker

As part of our continuing effort to raise funds for the mission of Friends Of Parma Theater and to spotlight some of the types of programs we plan to bring to the Community when that mission is accomplished we would appreciate your support at our next Special Event on Sunday August 18th from 3:30pm until 9:30pm at the Rock City Tap House ( formerly the Hive ) 5324 State Rd Parma, Ohio.

Dinner & A Show w/ Frank (Damion Fontaine ) & Dean (Scott Brotherton).

Tickets are \$25 ea. / 2 for \$40 in advance

\$30 ea. / 2 for \$50 at the door- Tickets can be reserved by calling Wayne Mesker @ 216-316-2379 or E-mail: [parmatheaterfriend@gmail.com](mailto:parmatheaterfriend@gmail.com)

Need name , phone number , e-mail if available & number of tickets



Friends of Parma Theater at the St. Charles Carnival during July.

Price includes choice of "Dinner Selection" from "Special" Menu, includes non-alcoholic beverages, draft beer & "Well" liquor.

Doors open at 3:30 P.M.  
Recorded music during dinner / Courtesy of Worldstock Entertainment  
Dinner from 4 P.M.- 6P.M.

Cash Bar after 6 P.M.  
Show starts at 6:15 P.M.  
Proceeds to benefit Friends Of Parma Theater

<https://www.facebook.com/events/201245199999496/>

## Youth Rowing In Cleveland



by Anne Hribar

Cleveland Scholastic Rowing Association (CSRA), Cleveland's oldest existing rowing club for high school students, is currently preparing for the upcoming fall rowing season. Striving to be a premier competitive junior rowing program, the mission of CSRA is to provide a competitive rowing experience to positively impact the mind, body, and spirit of young athletes in the Greater Cleveland community. Our rowers are comprised of girls and boys from numerous high schools and communities throughout the Cleveland Metropolitan area. Rowers train for three-four regattas per season in Ohio

and surrounding states in crews of four to eight as either a novice or varsity member. If you have an interest in being on the great Cuyahoga, please contact us to visit the boathouse and learn more about the unique sport of rowing and its scholarship opportunities. We even encourage you to try out the sport to get a feel for it before committing through registration. Not yet in high school? Please inquire about our Learn-to-Row programs designed for students in the seventh and eighth grade. Further details can be found soon on our website at [www.csrarowing.org](http://www.csrarowing.org). Questions may be directed to: Lauren Raycher at [LRaycher@newark.com](mailto:LRaycher@newark.com).

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# Parma Schools

## ASSET CORNER

Visit the "Asset Corner" on Facebook. Share your Asset building ideas.



What All Kids Need to Succeed 40 Developmental Assets



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PCSD  
PARMA CITY SCHOOL DISTRICT

## Asset Corner #44

by Gene Lovasy

**Show Kids You Care: Send Them A Letter Or Postcard.**

**Developmental Assets – 40 individual assets in 8 Categories....**

Since schools will be starting this month, for a change of pace, I thought I'd share with you a piece I came across in **Search Institute's ParentFurther web site (www.parentfurther.com)....**

**Preparing Young Children for School:**

Preparing kids for school is a challenging, but necessary task for parents. All parents want their children to do well in school, but starting school is a huge milestone in a child's development, and not every parent knows how to help their kids with school success. Even if your children aren't yet in school, you can still have a positive effect on their education and prepare them for school success. Your child's educational experience in preschool or kindergarten will be better if he or she is well-prepared to start learning. By using some of the strategies below, you can ensure that your child is equipped to begin her or his academic career.

**Everyday Tips:**  
Support Early Literacy: Read to your child every day. As she grows older, ask that she read to you. Always keep plenty of books around (on shelves and bedside tables, in the car, and anywhere else you spend time) and make regular trips to the library for more.

**Do:** Add variety. Ask your librarian for suggestions on a variety of books and music that might be suitable for your child and encourage early literacy. Expose him to many different types of reading and listening.

**Turn Learning Into Play:** Young children love to count, name colors, and find letters of the alphabet in funny, unexpected places. Help your child find them on billboards, shampoo bottles, cereal boxes, and other places. Even things like the ABC game can help your child's early literacy and learning skills.

**Explore Your Options:** If you choose to enroll your child in a preschool, visit several local schools with your child. Talk to teachers, students, and parents about how they like the program, if it's been successful in preparing their students, and whether they would recommend it to others.

**Be a Role Model:** Model your own ongoing learning—read regularly, talk to your child about what

you're learning on the job, and consider taking a community education class to show that learning is a life-long activity.

**Socialize:** Make playdates with other parents of preschoolers, or find out if your local library or community center offers free events for young children. Spending time with other children will help your child's social and emotional development and prepare her for the school environment, and spending time with other parents will prepare you for being involved in your child's school and education.

**Do:** Start saving for college: There are many ways to make college affordable. Even the smallest savings can add up if set aside regularly over a long period of time.

**Make Learning Fun:** You can incorporate learning into your child's day in many ways—try using music, puzzles, early literacy books, blocks, and games to add variety to your child's day. Many of these activities include educational content.

**Do:** Bring kids to different places to stimulate learning. Taking a trip to the beach to play in the sand, going to a playground on the other side of town, or visiting a children's museum are all ways to engage your child intellectually.

**Stay Involved:** Parent involvement in school is important, even in preschool. Talk to your child's preschool teacher (or child-care provider) regularly about his educational and social development. Many preschools offer developmental assessments, which can also provide insights on your child's development.

**Do:** Attend open houses and other school events as often as possible to help your child begin bonding to the educational system. By being involved in schools, parents show great support for their children and their children's education.

By beginning your child's education early—even before he/she begins school—you'll be preparing her for success. If you're intentional about including educational experiences in your family's everyday life and being involved in your child's school, you will be setting your child up for a successful educational career through the establishment of your child's literacy and a commitment to learning. For additional, related information visit the ParentFurther web site at [www.parentfurther.com](http://www.parentfurther.com).

**ASSET RELATED NEWS**  
I For the forth year in a row, the

Collab and CBS Partner KIKS Office & have teamed up to provide backpacks filled w/school supplies for at least 400 deserving kids in our school district. For details on how you can help call Phil Kish at 440.884.8000.

**I Immanuel Assembly of God** on W. 130th is hosting their 4th annual **Wild Wild West** extravaganza on **Saturday, September 7th**. Call 216.676.0252 for details and/or if you'd like your group/organization represented. Proceeds to benefit students at Ridge-Brook, Parma Park, Pleasant Valley, Brook Park Memorial & Big Creek Elementary schools. This is a huge local event w/upwards of 1,000 people attending. Mark your calendars now.

- **Repeating some important information from last month....**

**Check out & LIKE the Parma Area Family Collaborative's Facebook page** for up-to-date information about their **Little Free Libraries**, the **Summer Free Lunch** program, Summer Dayz, their **Community Garden**, the **Mobile Food Pantry**, the **Clothing Center** and MyCom Youth Leadership/P.A.T.C.H. activities. Add the link to your Favorite Places &

## Consider Mediation For Community And Family Disputes

by Alisa Boles

According to Mary Brotzki, Mediation Advocate for Cleveland Mediation Center (CMC), mediation is a way for two parties to discuss a conflict with a neutral third party and work together to create solutions to resolve their issues. It is a confidential way to communicate where no one is blamed. In mediation, everyone has a chance to talk confidentially about what they think is happening. They then can work together to develop a plan for reducing future conflict.

Ms. Brotzki runs the Community and Family Mediation program at CMC. Types of community issues that can be mediated through this program include neighbor issues such as property, fence and noise disputes. Landlord/tenant issues including lease violation, eviction and back rent

visit often. You can also keep abreast of Collab/MyCom offerings by visiting their page on the Community section of Parma City Schools web site – [www.parmacityschools.org](http://www.parmacityschools.org).

Also, Collab events and activities are now being listed on the **Cuyahoga County Events calendar**. Go to [www.cuyahogacountyevents.com](http://www.cuyahogacountyevents.com) and click on the "Newsletter Sign Up" link on the top right hand corner of their home page. Complete the form and take advantage of the ability to tailor the Calendar based on your specific interests. Click "Submit" & you'll begin receiving the calendar every Monday. If you'd like to post an event for your own organization simply click on the "Post an Event" tab....if you're a non-profit, it's free; if a for-profit, there's a nominal charge.

For more information regarding Developmental Assets and about programs & services offered by Community Ambassadors, visit their web site at [www.comamb.org](http://www.comamb.org).

**Share Your Asset Building Ideas And/Or Thoughts About The Developmental Asset Concept By Visiting The "Asset Corner" Facebook Page. I'm Looking Forward To Hearing From You.**

Visit [www2.parmacityschools.org/assets](http://www2.parmacityschools.org/assets) or [www.search-institute.org/assets](http://www.search-institute.org/assets) for more information about the 40 Developmental Assets and ideas for helping young people build them. Or go here <http://www.parentfurther.com/> for great asset-based parenting tips, tricks, activities and ideas.

have also been successfully mediated through this program. Types of family issues that can be mediated include issues between spouses or custody and visitation issues. Issues between parents and their children have also been successfully mediated as have issues between siblings. Even adult siblings can benefit from mediation when trying to resolve conflicts such as care of elder parents.

Cleveland Mediation Center is located just west of downtown in Ohio City catty-corner from the West Side Market at W. 25th and Lorain. For more information about Community and Family Mediation, call Ms. Brotzki at (216) 621-1919 ext. 108. Info about other programs and services offered at CMC can be found at <http://cleveland-mediation.org/>.

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Inspiration



From the Annual Harvest Festival at Stearn's Homestead in 2012

## Stearns Homestead Farmers' Market In Full Summer Season

by Debbie Sillett

The Stearns Homestead Farmers' Market is now open for the summer through October 5th. Come out and enjoy our assortment of vendors featuring Cecilia's Sweet Treats with her variety of baked goods, Wildtree Oils offers a array of certified organic healthy grapeseed flavored oils, sauces and packaged meals for anyone who might have special dietary needs and more, The Bread Lady Bakery offers a variety of fresh baked breads that will go well as a meal with any of the produce or fruit you would select from Don Anna Farms, John Cossel Farms or Stearns Homestead Farm Markert and S & R Produce. You will also enjoy homemade items from Crafty Ladies and Scentsational Soaps to brighten up your home and bath, Fresh the Deli/ Butcher will entice you with a broad assortment of organic meats, home-

made sausage, sandwiches, bison and much more. Just Nutrolls/Poppyseed rolls is a must have to go with your coffee from Buckeye Coffee Roasters with their wide range of flavors of fresh ground coffees. For all the right containers to keep your summer bounty in you will need to stop and visit Go Green Tupperware, and for light summer time desserts and snacks you can stop by the Cake Let Candies and Sweet Lorraines Treats booths.

The Farm Market is open every Saturday from 9 am to 1 pm and the RTA does stop right in front. Senior coupons are accepted. Free Parking is adjacent to the field. Bring the family for a tour of the homestead and visit the animals and the museums and the country store. Please visit our website: [www.stearnshomestead.com](http://www.stearnshomestead.com) for upcoming events or call 440-882-6234.

## Parma Heights Welcomes Ohio Flags Of Honor

by Mike Byrne

This year, the city's Weekend in the Commons Celebration will bring a deeper meaning to the concept of community with the presentation of the Ohio Flags of Honor, courtesy of the Ohio Flags of Honor Foundation. This memorial display honors the men and women from throughout our state that paid the ultimate price protecting our freedom in the service of our country in Iraq and Afghanistan.

The Opening Ceremony for the display will be held on Friday, August 9th at 7:00 p.m. with the posting of the Flags of Honor. They will remain on display in the Greenbrier Com-

mons in front of the library building until the Closing Ceremony for the display on Sunday, August 11th at 12:00 p.m.

The Flags of Honor features over 550 United States flags, with over 250 of them representing the brave Ohioans that lost their lives. Individual flag poles are inscribed with each service member's name. Additional information is available at the Ohio Flags of Honor Foundation's website [www.ohioflagsofhonor.org](http://www.ohioflagsofhonor.org).

I ask all our residents and members of the surrounding communities to join us as we remember and honor our Fallen Heroes.

## I Believe

by Daniel Taddeo

All that truly matters in the end is that we loved. Appreciate and enjoy today rather than dwell on yesterday and tomorrow.

Better to have loved and lost than never to have loved at all. Children have no business having children. Check with those that have!

Don't compare yourself to others. You have no idea what their journey is all about. Each person should have a formula that defines his or her limitations.

Envy is a waste of time. We already have all we need. Feed our souls and we will never go hungry.

Forgive everyone everything. Get rid of anything that is not useful, beautiful or joyful. God loves us because of who God is, not because of what we are.

However good or bad a situation is, it will change. If you don't ask, you don't get.

If we all threw our problems in a pile and saw everyone else's, we would grab ours back. In one minute, hour, day, month or year(s), will this matter?

Make the most of life now. Most of us trip over the small stuff. No one is in charge of our happiness except us.

Our children get only one childhood. Make it a good one. Life is not fair, but it is still a very precious gift.

Life is too short to waste time hating.

Love is patient, kind, helpful, trusting, and persevering. Love is not boastful, arrogant, envious, hateful, or resentful. Pay off your credit card(s) every month.

Sometimes people just want us to be there, listen and understand. There is no real purpose to life without God; otherwise, it is all about "me." There is nothing so inevitable as changes in our lives.

Unavoidable priorities are spiritual, family, neighbors, health, work, education, money and material comfort. We are not only to receive God's grace for ourselves, but also we must dispense it to others.

We are more inclined to follow our own deeply cherished desires or long-entrenched attitudes than the word of God. We can move a ton of bricks, a few at a time. We must unlearn what we learned if it does not make sense now. We need to focus on what we can do, not what we cannot do. When in doubt, just take the next small step. When in doubt, tell the truth. When we are wrong, promptly admit it.

Self-reflection is always a good exercise. What I believe is a work in progress, not limited to these statements and subject to change. What do YOU believe?

## Beginning And Ending Of A Day

by Ruth Revecky

The sky was becoming alive with Quiet light and hushed colors of silver Grays, soft pinks, pale yellows, and Timid blues.

They seemed to sweep across the sky Like Monet's paintbrush.

Birds were beginning to twitter, Sheltered by the crisp new leaves of The glorious birth of spring.

Plump robins hopped about on the Damp, new grass. Frequently stopping, They cocked their heads and listened For the movement of the awakening and Unsuspecting earthworms.

Then the sun's stretching fingers Began to snatch the racing white Clouds flying by, placing them hither And thither in outer space.

Squirrels began to hurry and scurry, Hoping to discover a stray acorn or Two.

Doors began to open and close while Humans began to hurry down the road, Never glancing at the beauty of the Morning sky. They, of course, were far Too busy.

As the day slowly waned, the sky Darkened to the deepest depths of the Ocean.

Birds and squirrels were quietly Nesting in the leafy branches of a Swaying tree.

Then the humans began to return to Their Homes--doors, once again, began To open and close.

Sadly, they never bothered to glance At the sky. Alas! they had missed the Glowing moonlight, the millions of Blinking five-pointed stars, and now And then a zooming and descending Flaming shooting star!

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# Parma's City Beat

## Flocks Of Flamingos

by Kathryn Mabin

Flocks of Flamingos have been sited entering the Parma area. Polish Village's Flamingo Fever!, has created a frenzy among artists and local residents alike. Most have commented on the sense of nostalgia these creatures bring forth, like manicured lawns, children at play, and fond memories of their youth.

Deadline for the entries and designs was July 24, 2013 for the first time ever Parma Public Art Exhibit. No age or residency restrictions for the applicants prompted many to apply. Whole families have entered, making this a fun family project. Deadline for the completed flamingos is August 9, 2013. Shortly thereafter the embellished plastic flamingos will be on display at various locations throughout Parma. Co-Chairs Terri Snider and Kathy Mabin have been overwhelmed at how this event has taken flight. Many locals have called to volunteer their services to Polish Village, a community development organization, and to Friends of Parma Theater, a group of volunteers dedicated to restoring and re-purposing the Parma Theater into a multicultural arts center. Over 30 artist applications were received. Applicants are both amateur and professional

artists. The applicants have received their flamingos and are in the process of completing them. Local businesses are being contacted to display them all throughout Parma. A banquet/auction will be held in October as a culmination to the event. One hundred percent of the net proceeds will benefit Polish Village, and help to fund those programs that make Polish Village a community to be proud to live in.

The City of Parma is undergoing a suburban revitalizaion with The Shoppes at Parma, new businesses entering the community, and the recently announced renovation of the old fire station on Snow Road by the Southwest Italian American Club, as well as the beautification projects ongoing all around the City. Polish Village is the downtown corridor to Parma. Support your local businesses, and make a difference in your community by volunteering.

Details will follow next month on where to locate and view the completed flamingos, as well as details on the upcoming banquet/auction. Lots of fun and excitement are in store. Flamingo Fever! Soon to be at an establishment near you!



## Southwest Italian-American Club To Renovate Former Fire Station

by Jeannie Roberts

Old World Parma will add an Italian social club to the ethnic flavor of its neighborhood. Parma's former Fire Station #1, at 7504 Snow Road, has been leased to the Southwest Italian-American Club with terms for ownership after five years.

City officials are supportive of the project for both economic and historical reasons. The new occupant allows a city property with historical significance that has been vacant for six years to be returned to being a productive property.

Neighborhood residents are apparently supportive of the project as well, judging by the reception the new owners have received from neighbors dropping by to say "welcome."

"This neighborhood's residents, along with Councilwoman Debbie Lime, have worked hard to establish an identity for Polish Village and Old World Parma," Mayor Tim DeGeeter said. "The Southwest Italian-American Club is an ideal fit here."

This latest development has been years in the making – the City, with Council's approval, transferred the property in 2009 to the Parma Community Improvement Corporation (PCIC). That was the first step in aggressively marketing the property to keep it viable, in the neighborhood and off the demolition list.

The Southwest Italian-American

Club's (SIAC) was the last in a line of inquiries into the property – previous interested parties ended discussions when they determined that the monetary investment to bring it up to code was not viable for them. The SIAC came forward approximately four months ago and agreed to all terms.

Last month, the SIAC signed a lease agreement with the PCIC and agreed to bring the building up to building code standards within five years. The cost of doing so is estimated at \$250,000. In the meantime, the lease cost is \$1 per year. If the building is not up to code within five years, ownership reverts back to the PCIC. If the property meets building standards, it will be permanently transferred to the SIAC.

The structure needs a litany of repairs - roofing, electrical upgrades, waterproofing, extensive plaster repairs and a new HVAC system is on the list. Additionally, the SIAC agreed to maintain the Tudor exterior of the building and will maintain full insurance on the property.

"The Italian-American Club is engaged in charitable causes, and has agreed to be cognizant of being part of a neighborhood and wants to be a good neighbor," Lime said. "This is a big win-win. I look forward to seeing it fully repaired and restored to viability in this part of town."

## Celebrate Summer!

by Kathryn Mabin

Sidewalk Chalk Drawing Event  
11212 Snow Road Saturday - August 10, 2013 10:00AM to 12:30PM  
Refreshments (hot dogs & drink)  
MYCOM - Youth Group Bake Sale

Parma Area Fine Arts Council and Parma Area Family Collaborative are combining efforts to present Celebrate Summer!, a sidewalk chalk drawing event. Participants will have the opportunity to express themselves on sectioned off areas of the driveway at Hanna, using sidewalk chalk. Moms, Dads, and children are all welcome to participate.

Parma Area Fine Arts Council has been serving the community

for over 50 years, bringing art in various forms, through its offering of free art shows, very affordable classes, annual arts scholarship, and participation in various other events within the community. Their main focus is arts education and family entertainment for the community.

Parma Area Family Collaborative was created to build a stronger and more connected community by nurturing youth and strengthening families. They offer numerous programs of interest to families to suport their mission. Stop by and join in on the Free Family Fun!

## Now That's Funny?

by Julia Cindric





Perspective

# The Law of Unintended Consequences, A Law That Is Not Subject To Repeal Or Judicial Review

by Lee Kamps

There is a law that cannot be legislated nor judged by the supreme court. That is the Law of Unintended Consequences and I believe that those cave man caucuses that passed those restrictive abortion laws fail to understand that law.

When legal abortions become almost impossible to obtain or there are too many roadblocks to getting a legal (and safe) abortion; people will seek out illegal abortions. When abortions were illegal, there were no regulations or safeguards. Nor were there any restrictions on just when an abortion could be performed.

Late term ("partial birth") abortions are quite rare. Not only could they kill a viable fetus and pose ethical questions for the doctors and health care personnel; but there is significant

risk to the mother as well. In a regulated situation, late term abortions are only done where the fetus is non viable and carrying it to term may endanger the mother. Very often when there is a non viable fetus, it spontaneously aborts and the result is a miscarriage. That is why late term abortions are seldom performed and usually with some compelling medical reason. Usually if carrying the fetus to term endangers the mother and the fetus is viable, labor is induced or a C - section is performed and the child is delivered prematurely. Modern neo natal units can save many premature infants who would not have survived when Roe v Wade was decided.

But when abortions are pushed back underground, there are no regulations on late term abortions or any abortions at all. The unintended con-

sequence of those restrictive abortion laws may be that many women will seek out an illegal abortion on their own where there are no regulations or safeguards.

Another unintended consequence of the defunding of Planned Parenthood may be more abortions than before. Under the law no government funds can be used to finance abortions. So all the abortions performed by Planned Parenthood are financed through their private donations and no government funds are used. What the government funds are used for are the family planning services and low cost or free contraceptives that are mostly directed to low income women.

The loss of those government funds could cause many women to be removed from their programs and many centers to close. The results of that could be that many low income women and families would no longer be receiving the family planning and low cost contraceptives. This could

result in more unwanted and unintended pregnancies which could result in more abortions.

What would make much more sense would be to promote adoption rather than abortion. There has been a severe shortage of adoptable infants in the United States. It is so bad that many families unable to have their own children often have to adopt infants from foreign countries. To someone who may be overwhelmed or not ready to face the responsibilities of a child, adoption is a great alternative. Adoption agencies do a good job of screening adoptive families and the child can be placed with a loving family. Somehow all this gets lost in all this anti abortion debate.

The Law of Unintended Consequences is like the Law of Gravity. It is not subject to repeal or judicial review. It is also self enforcing. But it is there no matter what. When ideology and political posturing are more important than actually legislating sane laws, the Law of Unintended Consequences will take over.

## Better Than The Real Thing

by Brigitte Gerard

Even though the Strongsville teachers' strike ended a few months ago, it has left a lingering bitterness in the community, like an artificial sweetener's aftertaste.

The Strongsville substitutes were treated like we were the problem. The real problem was full-timers' greed. If greed makes you work harder and smarter, so you can earn and achieve more in life, that's great. If greed turns you into a demanding bully, that's monstrous.

Substitutes were never the bad guys, just the whipping boys. That isn't unusual. In a nutshell, our job is to run a classroom with a business as usual attitude, to the best of our ability. We work in the same tough situations that full-timers face: wild, disorderly kids, ineffective administrators, apathetic staff, prima dona parents, and undisclosed special needs students. Subs work hard to implement their educational and administrative duties, teaching, coaching and encouraging students to do their best, and then go home at the end of the day. People don't think much about any of this unless they have a complaint.

Subs get bullied. Little bullies throw desks, chairs and punches. Big bullies throw things at substitute teachers' windshields on the freeway, throw chunks of asphalt at glass doors where people are meeting to find ways to end a strike, secretly post substitutes' pic-

tures online in an effort to blackball them for future teaching assignments, and yell vulgar names and questions like, "How does it feel, wrecking kids' lives?"

We performed our jobs with professionalism and integrity. We kept our students focused on their work, helping them to be on time, courteous and cooperative with us. These are my usual requirements of students, regardless of why I'm subbing. Most of our students lived up to this admirably, which was hard, because the strike took its toll on them, too.

I had some great experiences working in Strongsville, but I'm skeptical about going back to the classroom. I get the same problems with none of the benefits of full-time teaching. I've paid into the same retirement system, but I'll never get to use any of my pension money. Full-timers can buy service credit, allowing them a more generous pension, which my contributions make possible. I don't want to pay another penny to finance someone else's retirement.

Personally, I'm more than a little soured on substitute teaching. We're not second-rate educators, even though we're treated like we are. We won't bring a second-rate attitude to work; that's as contagious and unwelcome as pink eye and strep throat. Bad attitudes lead to strikes. We're better than that. With or without teaching, we've got class.

## Parma Hospital Announces Plans To Integrate With University Hospitals

continued from page 1

2,000 Northeast Ohio residents and has more than 500 physicians on its medical staff. Its care extends far beyond its six founding cities of Parma, Parma Heights, Brooklyn, Brooklyn Heights, Seven Hills and North Royalton. Becker's Hospital Review consistently names Parma Hospital as among the top 100 best-community hospitals and Consumer Reports named them among the top three safest hospitals in Northeast Ohio.

University Hospitals employs 18,000 Ohio residents and its health system includes 10 hospitals and 20 outpatient health centers located throughout the region. UH Case Medical Center is one of only 13 hospitals in the country to rank in 12 of the U.S.News & World Report specialties for best outcomes in complex medical cases. UH's internationally

recognized Rainbow Babies & Children's Hospital consistently ranks among the best children's hospitals in the nation.

Mr. Deis said an evolving health care industry has made it more challenging for independent hospitals throughout the country to prosper and grow. "As an independent hospital, we – like many other independent hospitals – have faced increasing challenges and cost pressures that have made our mission more difficult to fulfill," said Mr. Deis. "The possibility of this integration is exciting and holds an opportunity for significant and positive investments ensuring our long-term viability. As one of the most forward-thinking health care systems in the country, University Hospitals will provide extraordinary benefits immediately and for years to come." The evaluation process is expected to last several months and hospital leadership anticipates reaching a final agreement by the end of this year.



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## Perspective

# Clowns To The Left, Jokers To My Right . . .

by Lucy Mckernan

Recently, I spontaneously attended another Seven Hills caucus meeting. When I walked through the front door, 18 to 20 angry residents, several of whom led me to believe I could not walk down the hall or gain access to the meeting – deceived me by telling me they were there because they “really care about the deer.” The ringleader insisted I sign the sign-in sheet 30 feet from the meeting entrance. She put her hand atop my shoulder, cocked her head to the side, looked at me with puppy dog, soft eyes and asked, “Why are you here?” When I explained that I had no idea any discussion of deer was on the agenda, and that, yes, I do care about the deer, she angrily shot at me, “I was just saying that, to find out your position on the issue. We hate the deer, and want hunting!” It was mere chance I went that night.

Not one to argue with 20 deer haters, I left, then returned 10 minutes later, followed by some allies. Here’s what happened:

Upon entering caucus, the ringleader comman”deer”ed the meeting for well over 10 times the normally permitted time.

At the end of her diatribe, which included that she has friends who hunt who would love to come here so they don’t have to go to southern Ohio, she said, “We don’t want to hurt the deer; we just want to stop them from eating our plants.”

Caryl Lecznar asked for a raise of hands to see how many attending were residents; most were. Then she went on to explain that when I filled up the room with protesters in February, I brought mostly non-residents. Upon hearing this, an anti-deer man with the lynch mob said that people who don’t live in Seven Hills had no business coming here to protest deer hunting. He said this immediately after both Lecznar and the ringleader admitted that they have friends from other areas who want to bow hunt here.

Bentkowski challenged their “logic,” citing mounting evidence that lethal methods do not reduce browsing. Did these killers know that one of the

allies they pointed at and made uncomfortable is the son of the man who designed the very building in which they sat? I wonder if the freakishly tall man who kept snapping at me and my friend, “I’m ashamed of you” knew this.

Numerous insults were hurled my way; I said nothing, but videotaped the entire tirade. At the end, when I tried to speak, was repeatedly interrupted and was not permitted to refer to hunters as “knuckleheads.” It’s okay to mercilessly slaughter sentient beings, violate freedom of speech, and break all the rules, but it’s not okay to use the word “knuckleheads.”

### Facts:

Police dispatch and other city records spanning the past 2.5 years revealed over 65% of dispatch calls yielded mostly dogs at large, dogs barking and nine moderate to serious dog attacks over a 2.5 year period – NOT deer complaints or accidents. The postal service actually threatened to stop delivering mail to East Dartmoor because of attacks. Dogs are NOT the problem; caretakers who REPEATEDLY AND WITHOUT BEING FINED OR PUNISHED allow their dogs free roam on Pleasant Valley during rush hour at major intersections are.

Most every deer call to dispatch related to residents’ backyards; interesting, considering the same method of research for N. Royalton, found 90% were where one would expect, in or near the street. Why are so many deer in Seven Hills found dead in the BACK yard? H-m-m.

There are poachers. Lecznar said it herself; there have been over 45 deer killed here. Deer have been found suffering and/or dead with arrows through them on Gale Drive, Maplevue and other areas. Crossview and Rockside, a poaching hot spot, was actually investigated by the Division of Wildlife, which no doubt stood to profit from fines. No dispatch records indicated this, so it appears the city did nothing about it, in spite of a resident finding a hunting blind and blood trails in the woods there – not 100 feet from thousands of daily commuters.

One unnamed resident on Parkgate Oval has requested a “permit to kill.”

With virtually every day for 2.5 years seeing calls to dispatch regarding some animal complaint or another, how is it that there are both six-week and two-month gaps with no calls?

One Hillside Road call involved a beheaded fawn. A fawn.

The February 2013 meeting saw Division of Wildlife “biostitute” Geofrey Westerfield repeatedly admitting NO lethal method has effectively controlled deer populations anywhere, and that every community faces unique challenges regarding deer-human conflicts. Yet, Westerfield, in a private meeting with Lecznar and the rest of council said, “There was no good way to ‘thin the herd’ except for actually hunting them.” Why the complete contradiction? The Ohio Division of Wildlife is desperately attempting to maintain its dropping 50% annual revenue through deer permits and licenses by increasing urban/suburban hunting.

Lecznar and the juvenile, hateful, deluded ringleader at the July meeting admitted they want to allow BOW HUNTING AND ONLY BOW HUNTING here. Knowing that one quarter of a million deer are killed annually in Ohio, and that it has done nothing to control their numbers, what makes anyone of these losers think that a cou-

ple of knuckleheads in Seven Hills will make a difference?

The biggest complaint from Lecznar’s survey was browsing; there were 200 survey responses -- out of 13,000 residents. Based on this, and bolstered by the lynch-mob mentality at last week’s meeting, Lecznar intends to put forth a proposal sometime in September, when council resumes meetings.

North Royalton leaders voted down killing. Broadview Heights residents repealed an ordinance. These people know that hunting causes egregious emotional harm to the majority of peace-loving people, and death and horror to the sentient beings with families of their own who’ve nowhere else to go. Remember this when you vote. Remember that deer don’t care about party lines or property boundaries. The Public Trust Doctrine claims that wildlife belongs to everyone; we have an equal stake, and I for one will not be threatened and bullied -- especially as a protector -- anymore.

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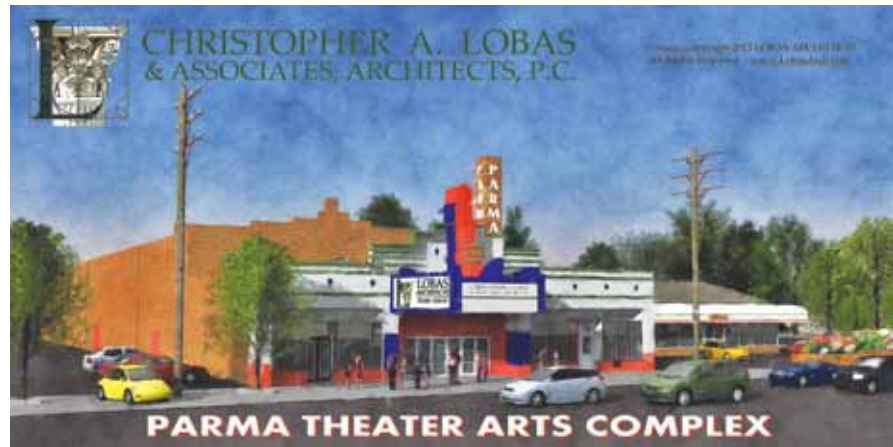
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Parma Observer



This rendering represents what the Parma Theater and surrounding area could look like.

The Parma Theater:  
A Cinema And A Sense Of Place

by Christopher Lobas

The populous Cleveland suburb of Parma, Ohio once held its downtown, present before any mall or civic buildings ever defined it, in its geographic center, at the cross streets of Snow Road and Ridge Road. At this nexus one still finds a tudor-esque two-story storefront building, another set of shops of similar vintage across the way, a bustling floral boutique, and a modern church with a campanile. Also, there is a theater. An Art Moderne theater, built in 1936, with its original streamlined details and decorative metal panels hastily removed and cheaply replaced with synthetic stucco in the 1980s. A victim of ever-expanding multiplexes, the Parma Theater sunk into a commercial decline and had closed on September 9th of 2012. Arsonists set fire to it on November 16th. The owner has since collected his insurance money, and the unknown firestarters were never brought to justice. Now the theater is vacant, but numerous hands are staking claim on its territory. At this crossroads our story begins.

The fateful story of a forgotten movie theater might well be told by way of analogy...to a forgotten film. The film, "Alice in The Cities" was an early gem by German filmmaker Wim Wenders. Wenders was king of the "Road Movie," in which traveling characters would strive for greater, deeper meaning within themselves and a "sense of place" in the settings they encountered. Wenders would go on to direct "Paris, Texas," "Wings of Desire," and "Kings of the Road." But the 1974 film "Alice in den Stdten" (its German title) is particularly poignant and relevant to our story, as it describes a traveler encountering places that are on the verge of placelessness.

The traveler and lead character is Philip Winter, a German journalist who was entrusted by his publisher to write an article about the landscape of the United States, the American "scene." He is driving about taking polaroids of the ubiquitous gas stations, chain restaurants, motels, blank flat-roofed modernist buildings, and the repetitive commercial signs. The sameness is an assault on his intellect and he is stultified, blinded by boredom, and as he is unable to write, misses his article deadline.

We return to our theater in Parma, which at this time is still a very strong interest for developers, who seek to utilize the site for all manner of uses,

including fast food restaurants and chain drugstores. (It should be noted that the nearest fast food joint is three hundred fifty feet away, and no less than four chain drugstores are within a two mile radius).

Basically, all fast food restaurants and drugstores are without character. They look exactly the same. They provide the same basic services. If Parma receives an additional one of either, no one is going to get any service they do not already have, much less any inspiration. Were our hero journalist Philip Winter to visit Parma, an additional Burger Doodle or Drug-O-Matic would provide no literary epiphany about the people, the territory, the spirit of place, of Parma. Rather, he would experience existential ennui, great despair, and no article would be written.

In our film, "Alice in the Cities," Mr. Winter goes back to his home continent, and eventually his home country. He finds a renewed sense of connection, and his path becomes intertwined with that of other individuals. The places he visits have character and depth, and he rises to a challenging occasion to act in a caring, and even heroic way.

Parma has already begun a heroic transformation. Recently, civic leaders have identified neighborhoods for their predominant ethnicities, and have chosen to celebrate this with all manner of parades, events, decorative banners, murals, and activities. Ukrainian Village and Polish Village are two examples, and each have restaurants and grocers and representative businesses. Perhaps others are in order, too.

So how does the Parma Theater find its place? The theater, at this moment, could very well be leveled and replaced with a rectangular glass box with counters and cash registers and aisles upon aisles of antiseptic solutions and laxatives. Exactly like every other drugstore.

But this City deserves better. It is in a multicultural suburb, a family oriented city, a town that is bustling with new families, and a place founded to be as beautiful as its namesake, a town in the Emilia-Romagna province of Italy (which also, incidentally, possesses a lovely theater).

Artists cry for a real theater, one for dramatic productions as well as film. Parma has never truly had a city arts center, and at time of this writing the number of real galleries in the city is somewhere between zero and one.

Worldstock's City/Entertainment Beat



Paula Nelson & her amazing band

by Wayne Mesker

Once upon a time there were Rock Concerts at Byers Field with headliners like Peter Frampton & the James Gang. It has also come to my attention that in 1971, Mayor John Petruska "pulled the plug" on a scheduled Deep Purple concert at Pleasant Valley Lake for fear of a dreaded "Hippie Invasion", apparently he didn't want a ParmStock on his hands. Let's see how "Ready" you are to support Top-Quality musical events featuring amazing touring artists supported by "Local" acts. Although the Father Of Woodstock, Artie Kornfeld is a dear friend & ParmStock may someday be a reality, for now we will start on a smaller scale. Locally-based Worldstock Entertainment has painstakingly developed relationships with some "Legendary" artists as well as some up & coming artists, their agents & management. At times we have the chance to bring them in, when they're touring this area of the country. We received a call from our friend Brandon, manager of the Paula Nelson Band & are bringing them here for two Parma shows

on August 20th & August 21st . <http://paulanelsonband.com/thenews.cfm> Tuesday August 20th, they will be an addition to the scheduled Open Mic night at the Rock City Tap House . <http://www.rockcitytaphouse.com/> Wednesday August 21st they will be the featured headliner for Bike Night @ BrewCo Parma . <https://www.facebook.com/pages/Brew-Co-Parma/32727677378438> Additional "Local" supporting acts TBD.In deference to the the hard-working music fans of the area, there's no cover charge for either of these shows but donations will be accepted to help the efforts of the Friends Of Parma Theater . <https://www.facebook.com/FriendsOfParmaTheater> Prove to Worldstock Entertainment & both of these venues that you are willing to support these type of shows & we pledge to continue to bring them to you ! They say Cleveland Rocks,well let's show them that Parma rolls!

<https://www.facebook.com/ParmaRolls>

Could an Arts Center truly flourish in Parma, Ohio? One could well envision a studio with well-crafted designs, artistic works of invention and inspiration, and a string of galleries expanding to the soon to be vacated Parma-Ridge branch library. This could be an Arts District, a place for Friday night gallery walks. The theater may well receive a proscenium stage, with dramatic sets

and lighting, talented actors, musicians and bands, and practicing choirs.

Tell me what you think:  
Christopher Lobas  
[chris@lobasarch.com](mailto:chris@lobasarch.com)  
Tell the City of Parma what you think:  
Mayor Tim DeGeeter  
[mayorsoffice@cityofparma-oh.gov](mailto:mayorsoffice@cityofparma-oh.gov)

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# Parma Observer

## Each Day Of Life Is Sacred

by Patty Knox

All human life is sacred, including elderly life. In a series of experiences during the past month, I have personally observed instances of ageism that compel me to warn others of a growing trend. To be honest, it's not new. I remember being fresh out of college on a new job, hearing the younger people "break me in" to the workplace by giving me their opinion of other employees. "Deadwood" was the term many used. "Management should get rid of all of the deadwood, the gray-hairs. They're not as good as they were when they were younger. They can't remember things. They're not as strong, so we always have to help them. What good are they? The deadwood ought to be fired and put out to pasture."

My father endured jeers and insults from younger coworkers the last ten years before retirement. "Why don't you just quit, old man?" So did my father-in-law, who managed to work until he was past 70, just to prove he could. He knew it frustrated the young bucks who coveted his management position.

End-of-life issues heighten the sense of defining "What value is human life?" We have created "quality of life" as a concept to rationalize signing a "Do Not Resuscitate" order, consider when an elderly loved one's life is no longer worth living, and take a person's last breath out of God's hand and grip it firmly in our own hand. Be careful what you do – your children will do the same to you.

Between nursing homes, hospitals and hospices I've become familiar with, I have heard other people's family members say, looking for reassuring agreement, "My mother wouldn't really want that, would she?" Or, "Our dad wouldn't expect us to do all that, would he?" This is the single most important reason to draw up a will, so that your survivors know exactly what you would want them to do in the event that you are unable to tell them for yourself. Coma, dementia or other mental illness, or other debilitating diseases can render a person incapable of expressing or reasoning to help their family arrive

at an answer. Accidents come without warning. Families put their trust in the professionals to do what's best for their loved ones, but there are mediocre doctors who do only the bare minimum and don't deserve to be trusted. What seems best at an emotionally stressful time may look different from what you would want. Write it down, now. This is no time for the family members to agonize over what you might prefer. All of them may have your best interest at heart, and still have totally different opinions of the right decision.

Sadly, this society seems to be going in the direction of thinking that fragile elderly people are disposable. But that is contrary to the wishes of Creation. Garrison Keillor, on A Prairie Home Companion radio show, said, "Each day is a gift, a precious gift." I would go beyond that and say that each person is a gift, a precious gift. Every breath our Creator gives us is divinely ordained. Our elders deserve to be treasured.

Dad was a jewel, a precious gem in the family crown. He deserved to be treated as the valuable person he was,

every day of his life, every breath of life the Lord gave him. Mom taught us well as children, quoting the Biblical commandment, "Honor thy father and thy mother," whenever we didn't. As adults, we did our best to honor them every minute of their lives. They loved us despite our imperfections, but I believe now from their vantage point they know we did not take each day with them for granted.

Life is cause for celebration, and flavor is the element of food that is the difference between nutrition and celebration. It makes food palatable, and favorite food distinctive. Umami, a Japanese fifth dimension beyond sweet, salty, bitter and sour, describes the elusive butterfly of deliciousness. And it can be highly subjective. I adore chocolate. My husband can live without it. I can't live without Cleveland Ballpark Mustard. He prefers Screaming Yellow Mustard. What to do? !Vive la difference!

Intense flavors help senior citizens enjoy food more, and can help them avoid overly sugary foods. Aromas in

the house can also help encourage hunger in a senior. Easy recipes, what the Amish around Ashland call "wash-day" one-pot meals, involve long, low and slow simmering and let you get the housework done. Dad's favorite bean soup uses already-cooked bottled Great Northern beans. Depending on the quantity you want, start with one small onion, sautéed in a teaspoon of canola or olive oil until translucent or lightly browned. Add to a big saucepan and pour in one carton of low-sodium chicken broth (I prefer Kitchen Basics), one large smoked ham hock from the butcher at the grocery, and enough water to cover. This will make your kitchen smell like bacon! Bring to a boil, then reduce to a simmer and put a lid on it. Check every 20 minutes, adding water or more chicken broth if necessary. Once meat is tender and falling off the bone, remove hock and cut meat off, then mince and return meat to pot. Stir in a jar or two cans of cooked Great Northern beans. Heat until all ingredients are hot. Salt and pepper to taste, and add a shake of celery salt and a dash of Maggi or Worcestershire sauce for a meatier flavor. Keep soup on low with a lid until slightly thick. Enjoy.

## Parma Officials Endorsing Armond Budish For County Executive



Photo of Parma Officials endorsing Armond Budish for Cuyahoga County Executive. From left to right, Ward 7 Councilman Brian Brochetti, Ward 5 Councilman Alan Divas, Law Director Timothy G. Dobeck, State Representative Nick Celebreeze, Ward 3 Councilman Mark Casselberry, State Representative Armond Budish, Mayor Timothy J. DeGeeter, Clerk of courts Marty Vittardi, Ward 8 Councilman Scott Tuma, Treasurer Thomas Mastroianni, Ward 2 Councilwoman Deborah Lime. Not pictured- Council President Sean Brennan, Ward 5 Councilman Larry Napoli.

Dedicated in loving memory to Marie Knox

DOUGLAS KNOX

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Raju Modi, M.D.  
Director of Cardiology



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