

## **Groundbreaking For Ukrainian Heritage Park**

#### by Dniel P. McCarthy

On Sunday August 22, a Groundbreaking Ceremony was held in Ukrainian Village at the future site of what will be Ukrainian Heritage Park. This eagerly anticipated event took place as the result of the efforts of many dedicated individuals, especially all of the members of the United Ukrainian Organizations Of Ohio, which represents over fifty Ukrainian organizations throughout the state. The event was well attended, with a large, enthusiastic crowd overflowing into State Rd. in front of the future park site. Like all events in Ukrainian Village which I have had the pleasure to attend, this one was as meticulously planned as any other. Any group planning any event anywhere can learn a lot from the folks in Ukrainian Village- they really know how to celebrate the moment; nothing ever seems to be left to chance, and their hallmark is clock-like efficiency. Even the weather seemed to cooperate, as what seemed to be imminent rain subsided just in time, and the sun actually started to show itself as the ceremony began.

Besides city officials in attendance, there were numerous clergy present, in order to bless the site, which they did in a fashion that is truly an amazing visual and audio experience. Music is obviously

### Parma Mayor And Wife

a large part of the Ukrainian culture, and what a treat it was to see and hear the vocal chorus that was assembled to accompany the clergy members throughout the blessing ceremony, lifting their unified voices in celebration. I was thinking to myself as they sang "we are so very lucky to have this unique culture concentrated right here in the middle of our city". Next to me was an elderly gentleman dressed in a military uniform with a patch that indicated he had taken part in the Ukrainian resistance during World War Two, and the smile on his face as he watched and listened showed just how far these Ukrainian people have come and what they have been through in order to celebrate a triumphant day such as this.

Masters of Ceremonies were Roman Fedkiv and Maria Kvit-Flynn, who is the Vice President of the United Ukrai-



*Council President Chuck Germana Speaks To The Assembly During Groundbreaking Ceremony For Ukrainian Heritage Park* 

nian Organizations of Ohio. Reverand John Nakonachny officiated the religious part of the ceremony, speaking in both English and Ukrainian to the assembled crowd, many who were dressed in the very colorful native Ukrainian fashions that were evident all over Ukrainian Village. City officials in attendance

were Council President Chuck Germana, and Community Services and Economic Development Director Eric Tollerup. Mayor DePiero was scheduled to attend, but instead was in attendance at an event of even more importance, that of the birth of the DePiero Family's first child! Council President Chuck Germana spoke elo-

quently as he conveyed the wishes of the entire community for the success and happiness of Ukrainian Village as they enjoy their growth and prosperity here in the City of Parma. Community Services and Economic Development Director Eric Tollerup was recognized by officials from Ukrainian Village as being one of the most important individuals behind not only the creation of this park, but also of the formation of Ukrainian Village itself. Knowing this little known fact myself, and of so many other activities he has been involved in concerning the quality of life in our city, I would say that Eric Tollerup is a true unsung hero, in my opinion.

The official dedication of Ukrainian Heritage Park will take place during 2011, and we will be there for what is sure to be another fun, inspiring, and heartfelt celebration by the **continued page 2** 

#### Parma Mayor DePiero Comments

### On The Passing Of Former Mayor James W. Day

#### by Jack Marschall

Parma Mayor Dean DePiero says former mayor James W. Day leaves a legacy of progress and partnerships established during his relatively short tenure as the city's political leader. James Day passed away earlier today at Parma Community General Hospital.

"Mayor Day was in office from 1962 to 1967," said Mayor said Parma City Council President Chuck Germana. "He will be missed."

As mayor, James Day helped obtain the Crile Veterans site and the Coast Guard 32 acre site on York Road which ultimately led to the creation of the Western Campus of Cuyahoga Community College. Mayor Day was also instrumental in securing 52 acres of land in 1952 to be set aside for what is now Parma Community General Hospital, eventually including the Parma Justice Center and the PSE Credit Union. In addition, Day worked towards the development of the YMCA site and Parmatown Mall on Day Drive, the street lined with local businesses that bears his name. The former Nike Park on Pleasant Valley Road was previously been renamed James W. Day Park.



#### weicome First Child



Parma Mayor Dean DePiero's wife, Kathleen, is pictured with the couple's newborn baby, Blake Andrew. Blake was born Sunday, August 22. He came into the world weighing 8lbs 8oz. Blake, mom and dad are doing great. This is the couple's first child. DePiero. "In those five years, Jim Day never stopped expanding, improving and building the state's seventh largest city into what we see before us today. He was an innovator and a positive force for Parma. He was a good, personable individual who will be missed by friends, family and our entire community."

Prior to becoming mayor, James Day served as a Parma City Councilman for eight years and was a member of the Parma Zoning Board. He was Chairman of the Building, Planning and Zoning Council Committee.

"I always admired Mayor Day for his insight and vision," "Jim Day's impact on our community extends across northeast Ohio," said Mayor DePiero. "He was with Higbee's after he left office, and Former Parma Mayor James W. Day (left) is pictured with his brother, Harvey (right)

he persuaded the company to buy a piece of the Cuyahoga riverfront in 1972. Jim's vision helped to create what is now Settler's Landing."

James Day had served several years as Fundraising Chairman for Padua Franciscan High School in Parma. He was also honored with a Lifetime Achievement award from the Parma Area Chamber of Commerce.

Funeral arrangements

are being handled by Busch Funeral and Crematory Services, 7501 Ridge Road, where calling hours will be held Saturday and Sunday. Mass of Christian burial will be celebrated at 11 a.m. Monday, August 30, at St. Anthony of Padua Catholic Church, 6750 State Road. Mayor Day will be buried in Holy Spirit Cemetery located behind Holy Spirit Byzantine Catholic Church on West 54th St.

### **Parma Observer**

## **Strategic Plan Update**

#### by Kevin Brennan

The Parma City School District's Facilities Committee, which is a subcommittee of the district wide Strategic Planning Committee, was charged with the task of gathering and analyzing data on the current

### **Connecting Communities Business Expo & Taste Of The Towns**

#### by Lisa Zaremba

The Parma Area Chamber of Commerce will join forces with the Garfield Heights Chamber to host the "Connecting Communities" Business Expo & Taste of the Towns on Thursday, September 16, 2010 from 2:00 PM to 7:00 PM at the Holiday Inn on Rockside Road in Independence.

The Expo will feature local business and exhibitors along with area restaurants who will be offering samples of their food, and of course there will be some great door-prizes from the vendors. This year's event is sponsored by Arendas Insurance, Axelrod Buick/ GMC, CertaPro Painters, Cuyahoga Community College - Western Campus, Marymount Hospital, Philomena's Restaurant, Renewal by Andersen, and Valpak of Cleveland.

We will showcase the vendors from 2:00 – 5:00pm and we've also added a Mega Mixer from 5:00pm – 7:00pm to give businesses a chance to network. Our last Mega Mixer was very successful. We had over 300 guests in attendance and Chambers from over 20 different cities were represented. It was a great chance for people to meet and talk with others they might not otherwise connect with.

One of the many benefits we offer our members is not only networking opportunities but also affordable marketing and promotional venues to showcase their businesses. When we were approached with the idea of partnering with the Garfield Heights Chamber by their Executive Director Mary Stamler, and their Expo chairperson Pauline Ruminski, we knew it was a win-win situation for both Chambers, our members and the community as a whole.

For more information about the Business Expo & Taste of the Towns MEGA Mixer Event contact me at the PACC, 440-886-1700 or email Lisa@ parmaareachamber.org

### Ukrainian Heritage Park

#### continued from page 1

community within a community that is Ukrainian Village. One year after the dedication of Ukrainian Village in Parma, this vibrant location is shaping up to be one of the more interesting places in the Greater Cleveland Area, and I feel that it is only a matter of time before other people in other neighborhoods begin to come here to find out what it is that the residents in Ukrainian Village have done and are doing that makes this place stand out. Hurray for Ukrainian Village!

website at www.parmaobserver to view a video of this important event!

### Your choice for quality short-term rehabilitation

Providing quality health care services for seniors since 1953, we are pleased to offer short-term rehabilitation services and programs.



state of our facilities and how they meet the current and future needs of our students. The committee was given the task of reporting their findings to the Board of Education in January of 2011.

Their findings will include a list of potential scenarios that will highlight the pros and cons that would occur as a result of closing different buildings. The committee will consider many factors such as logistics, building and educational compliance issues, building upkeep, educational and environmental factors, budget restrictions, transportation and current as well as projected enrollment.

New superintendent Dr. Jeff Graham said that without knowing yet what buildings could be affected, if any, the public should not be surprised if the district continues to downsize. Three elementary schools have closed in the past two years and there is a need to continue to evaluate building usage.

"In order to be fiscally responsible and educationally sound, we need to continue to look at how we conduct business through unbiased lenses. If the scenarios provided by the Facilities Committee offer options that allow us to provide a quality education to our students while spending less money, then we have the responsibility to the community to consider those options."

Graham emphasized, "Far too often, when people struggle with a problem, they start with a solution in mind. I can assure you that is not the case here. The committee's work is in its early stages, no decisions have been made, and they are not attempting to justify a predetermined solution. We're in the information-gathering stage at this time. Although I cannot promise a specific outcome, I can assure you there will be honor in the process."

Beginning in October 2009, the district used grant funding to conduct a comprehensive review of all phases of the district's operation. Committees whose members included local residents, business leaders, school administrators, teachers, support staff and students, were formed to study seven separate areas:

> Academics Business Services Communications Facilities Finances Safety and Security Youth Engagement

Dr. Graham and the Board of Education will be reviewing the initial work done by each committee and reacting to the suggestions. Dr. Graham said, "The decision to close a school can be heart-wrenching, but a decision not to close a school when there is declining enrollment and economic necessity, would be irresponsible not only to the tax payers, but also for our students. While the immediate effects of closing a school may certainly be painful, the long-term effects can be beneficial to everyone as it frees up resources for academics that otherwise would be spent on facilities, utilities and staffing that may not be needed. It is the district's responsibility to make sure we look at this issue from all sides and involve the community as much as possible."



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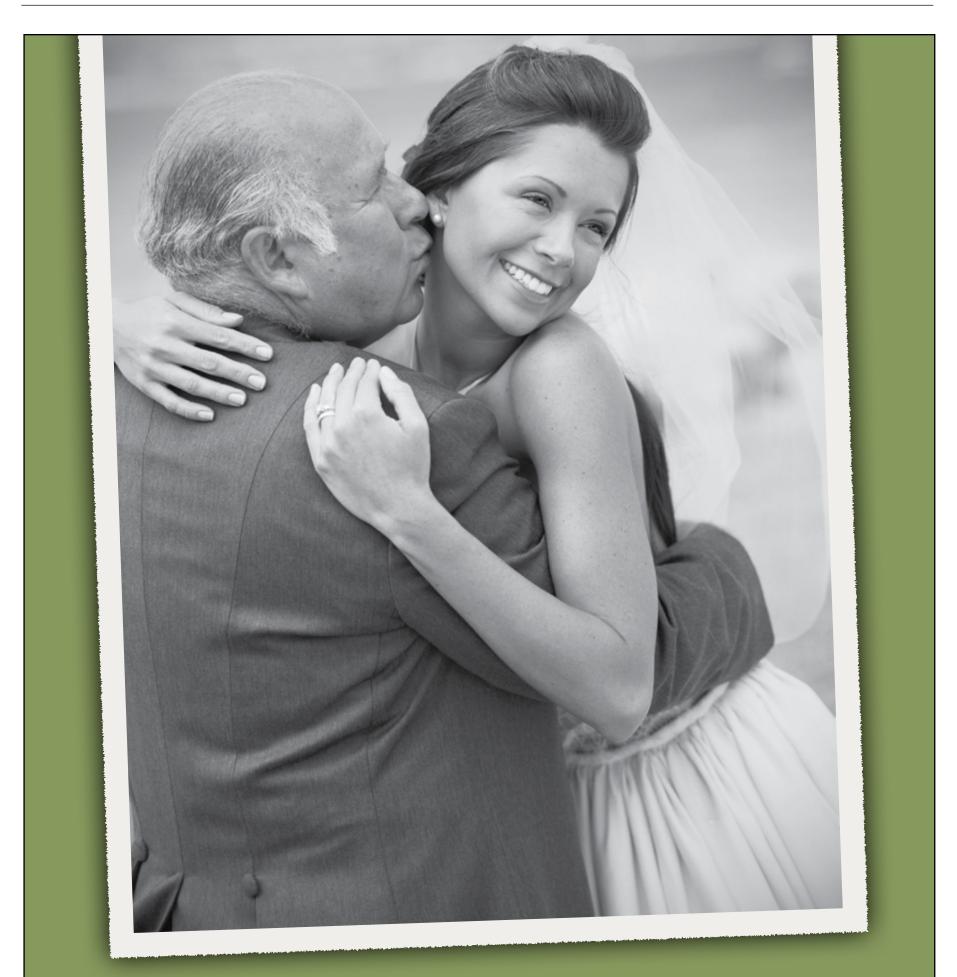
**Design and Production** AGS Design

**Advertising Sales** Paul Woods 216-315-5307



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## TOM WAS PREPARED TO GIVE HIS DAUGHTER AWAY. BUT NOT FOR A STROKE.

Getting around the house. Getting back to work. Just getting out of a chair. These are the typical concerns many patients deal with after suffering a stroke. But Tom's worry was even bigger. He had a fast-approaching date to dance with his daughter that he simply couldn't bear to miss.

Luckily, he came to the Acute Rehabilitation Center at Parma Hospital, the accredited and award-winning unit where patients regain functional independence with a higher success rate than the national average. Renowned for personalized programs designed around each individual patient, Parma Hospital incorporated the care of just the right therapists, psychologists, nurses and others into Tom's therapy which we made sure included a few special steps. Because, honestly, we couldn't bear to have him miss the big dance either.

At Parma Community General Hospital, we believe that treating you better begins with knowing you better. Parma Community General Hospital To us, it's all vital.

440-743-3000 l www.parmahospital.org

## **Parma Health**

# **Cox Offers Access To NFL RedZone**

#### by Katie Sheridan

Cox Communications announced today that this football season, customers will not only have access to more than 500 football games in crystal-clear high-definition, but now they can add NFL RedZone to their lineup for only \$39.99 per season.

NFL RedZone, produced by NFL

Network, whips around every NFL game on Sunday afternoons delivering touchdowns and the most exciting moments as they happen. When a team goes inside the 20-yard line, fans see the crucial plays live. NFL RedZone keeps fans up-to-date in real time switching from game to game with live look-ins, highlights, fantasy statistics

### **Do You Have The 2.5% Property Tax Reduction Benefit?**

#### by Sean Brennan

In my nearly seven years on Parma City Council, I have worked diligently to ensure that my constituents are aware of the many money saving programs available to them. This has become especially important during the past several months in light of the economic downturn. One little known and little understood benefit is the 2.5% property tax reduction that every resident who resides in an owner occupied dwelling in the state of Ohio is due. Granted, most of us receive this benefit already, as it is normally taken care of at the time of the transfer of real estate. However, in my tenure I have found that some residents are not receiving the benefit. To find out if you are receiving your benefit, simply go to the County Auditor's website at www.auditor.cuyahogacounty.us and complete a search for your property or call the Auditor's Real Estate Services Department at 216-443-7089. If it is found that you are not receiving the benefit, you will be asked to complete an application. To be eligible, you must own and occupy your home as your principal place of residence on January 1 of the year you file for the reduction. In future articles, I plan to make you aware of other benefits you may be missing out on.

### "Going Green" Is Not Just A Trend



"Going Green" is not just a trend, but a responsibility shared by all to make our planet a better and cleaner place to live. Parmatown Mall implements environmentally friendly practices in our every-day operations and we want to share this with our community & shoppers.

We will be putting together a Going Green Campaign that will include press releases, mall signage, etc. friendly low wattage lamps

- Use of natural lighting in the mall
- Practice proper waste disposal
- Recycle waste disposal
- We minimized indoor foliage to reduce water consumption

and a chance to see every important play. Cox Advanced TV customers who subscribe to the Sports and Information Pak will have to the option of adding NFL RedZone to their lineup. NFL RedZone is also available to Cox Business customers for \$X.

"Cox offers a great value for football fans this season with the option of adding NFL RedZone to their existing Advanced TV Pak," said Jeff Staats, marketing manager at Cox Cleveland. "Plus, customers can see more than 500 games in crystal clear high-definition without paying additional HD programming fees."

Football games including a mix of both pro and college are available on channels like CBS, NBC, FOX, ABC and cable networks like ESPN, ESPN 2 and NFL Network. NFL Network offers every preseason game and eight Thursday Night Football games. Cox also carries exciting local high school foot-

## Start! To Us, It's All Vital

*by CJ Sheppard* 

More than 200 walkers representing Parma Community General Hospital were among the estimated 9,000 participating in the Start! Heart Walk downtown on August 21. The Parma Hospital team included President & CEO Terrence G. Deis, Chief Financial Officer Barry Franklin and team captain Dave Miller, manager of

ball action on Cox Channel 45 and On DEMAND on Cox Channel 1.

Cox offers additional benefits like local channels in every package at no additional cost and FREE standard cable service including popular sports networks on additional TVs with no need for equipment. Plus Advanced TV customers who subscribe to the Sports and Info Pak have access to NFL Network On Demand - including NFL Replay – with extended highlights from every single NFL game played that week.

Added Staats, "With HD programming at no additional charge, free additional outlets and tons of free On DEMAND programming - including NFL Network On Demand, Cox continues to be a great value for entertainment and communications in the Cleveland market."

Customers can call 216.535.3696 to add NFL RedZone.

### Cardiovascular Services and coordinator of the hospital's efforts to raise

nearly \$20,000 towards research and education about America's most predominant disease. Employees and physicians brought spouses, children and even their dogs to participate in the walk, which kicked off from Mall C on a pleasantly cool morning.



A large contingent of the more than 200 walkers from Parma Community General Hospital gathered before the Start! Heart Walk 2010 in downtown Cleveland.

Below are a few of the current green activities we practice:

- · We offer mall-wide cardboard recycling
- · We use earth-friendly cleaning products
- Our Mall lighting consists of eco-

 Holiday decor including the large Christmas tree has been converted to LED

We are looking to improve this campaign as we move forward with our revitalization plan. If you have any suggestions please feel free to send them over. We are open to reviewing all idea, large or small!





A family affair for many, like De'Jarnira Carlisle of the Radiology Department, and her husband, Adrian, of the Emergency Department, who brought their granddaughter, Darionna, along..



Physicians like Timothy Gallagher, MD. David Miller, second from left, organized the Parma Hospital team.



(from left): Barry Franklin, chief financial officer; Terrence G. Deis, president & CEO; and Kevin Zupancic, director of Pharmacy and Lab.

### **Parma Schools**







## Asset Corner #9

#### by Gene Lovasy

Developmental Assets – 40 individual assets in 8 Categories....

September's (and May's) Asset Category: Commitment to Learning It's September already & a new school year is underway. So, now's the perfect time to re-visit one of our four Internal asset categories: Commitment to Learning. The assets associated with this category include:

**#21 Achievement Motivation** – Kids are motivated to do well in school;

**#22 School Engagement** – Kids are actively engaged in learning;

**#23 Homework** – Kids do at least one hour of homework every school day;

**#24 Bonding to School** – Kids care about their school;

**#25 Reading for Pleasure** – Kids read for pleasure three or more hours per week.

I reviewed this category along w/ its individual assets a couple of issues back (Observer Vol 2 Issue 5 available for download from the paper's web site, www.parmaobserver.com). And, since last month's column focused on the External assets of Support, Empowerment, Boundaries and Expectations, and Constructive Use of Time, I thought a discussion of the Internal asset categories would be appropriate.

Trust their judgment and they will too....

Young people are wonderful to be around. Not only do we have the opportunity to watch them grow up and mature, their words and actions often inspire and motivate us to be better people as well. But spending time with young people can also be frustrating, especially if you feel like the lessons you're teaching and the values you're trying to instill are falling on deaf ears. Be patient. Part of growing up is learning to be your own person with your own goals, dreams, values, and beliefs. By creating a supportive and caring foundation, you can allow the young people around you to do and be their best. Internal Assets include the second four asset categories that make up Search Institute's 40 Developmental Assets, the qualities, experiences, and relationships that help young people grow up healthy, caring, and responsible.

#### Here are the facts:

Research shows that young people need to internalize certain values, skills, and beliefs to embrace, enjoy, and contribute to the world around them. Search Institute has identified the following internal assets as crucial for helping young people grow up healthy: Commitment to Learning, Positive Values, Social Competencies, and Positive Identity.

#### Tips for building these assets:

Young people learn by example and repetition. Model and explain how your own behavior upholds the values and beliefs you—and your family—have. Encourage a lifetime commitment to learning by reading, attending lectures, and supporting education. Instill positive values by caring for others, and being honest and responsible. Develop social skills by interacting with a variety of people in different situations. Finally, help young people develop positive identities by allowing opportunities for them to hold leadership positions.

#### Also try this:

In your home and family: Regularly give your child jobs and responsibilities to grow her or his own competencies, including projects around the house and service and educational projects. Take turns planning activities to do as a family.

In your neighborhood and community: Make a point to participate in intergenerational activities with extended family and other neighborhood adults and families.

In your school or youth program: Work with parents, teachers, board members, students, and others to create a list of shared values for your school or youth program. Post the values and integrate them into lesson planning, external communications, and rules.

#### Visit www.parmacityschools.org/ assets or www.search-institute.org/ assets for more information about the 40 Developmental Assets and ideas for helping young people build them.

Developmental Assets<sup>®</sup> are positive factors within young people, families, communities, schools, and other settings that research has found to be important in promoting the healthy development of young people. From Instant Assets: 52 Short and Simple E-Mails for Sharing the Asset Message. Copyright © 2007 by Search Institute<sup>®</sup>, 877-240-7251; www.searchinstitute.org. This message may be reproduced for educational, noncommercial uses only (with this copyright line). All rights reserved.

Who are the Asset Builders in our community? The Parma Area Family Collaborative coordinates all types of programs & services for our kids & families. Programs like the recent Movie Night at Byers Field, soliciting groups to help provide kids w/backpacks & schools supplies, coordinating a local Coats For Kids drive, linking families to needed area resources to include coordinating the efforts of area businesses, civic/ service organizations & the faith-based community as required. The Collaborative is truly an unique resource – our own local First Call For Help.

### **Backpacks Are Filled And Ready For School**

#### by Lynn Stutzman

Over 600 Parma City School (PCSD) students are now prepared for school thanks to local churches and businesses in our communities. On August 14th five local congregations provided families in PCSD with school supplies. The churches involved in this awesome outreach were All Saints Episcopal, Bethel Temple, New Life Fellowship, Parma Baptist and Parma Christian. The congregations not only hosted their site and volunteers to distribute items to the students, but also shopped and filled the backpacks according to grade-level needs. Many of the churches also received numerous donations from its congregational members to help meet the needs of our students. On August 28th, Immanuel Assembly of God will be providing a back to school outreach to families during their Wild, Wild West annual event. If you have any new school supplies to donate, please contact Immanuel Assembly of God in Middleburg Heights. Donations are greatly appreciated for this largely attended event and the numerous children in need of school supplies. Huntington Bank partnered with Salvation Army, whom graciously donated the backpacks filled with first day needs. Huntington staff also took time to volunteer to distribute the backpacks at the various outreach sites. In addition, Tri-C West donated drawstring bags for upper level students and



Toy- R-Us Parma location provided drawstring bags for pre-school children.

Local businesses also supported the back to school initiative. Staples on Brookpark donated numerous binders, American Eagle Parmatown staff donated supplies, Key Bank donated over eight large boxes of supplies collected from employees and Renaissance church donated additional backpacks and supplies. PCSD Parma Area Family Collaborative is very appreciative for the support and collaboration that our students receive from our churches, businesses and community partners. This opportunity was made possible through donations and grant funding. It was the second year for the back to school outreach and it would not be possible without donations, hard work and coordination of our local congregations and its members. Thanks again for helping PCSD students to be prepared for the start of the school year and ready to learn.

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### **Parma Civic Groups**

## What's Right? What's Wrong?

#### by Daniel Taddeo

What determines which road you travel on your journey of life? What guidelines do you follow to navigate your own personal life and that of your children, and that influences how you conduct yourself with other people? What is your moral compass? Everyone subscribes to someone, something or some kind of god or gods (philosophy) to determine what's right and what's wrong for them: academics, atheism, capitalism, communism, humanism, money, polytheism (many gods), power, popularity, narcissism, various religions, secularism, success and witchcraft, to name a few. What one serves is his or her "god".

Do you really know the right way to live? Our culture would have us believe that each individual is the ultimate authority of what's right and what's wrong, rather than following what has been proven to be right in the past. If someone you trust informs you that something is poisonous, for example, wouldn't it make sense to investigate it first before using it in some way? Just as following natural laws protects us from physical harm, following moral laws shields us from much of life's needless suffering and permits us to live meaningful lives. People require and need sound standards to make good moral choices. In order to achieve this, after a lifetime of contemplation, inquiry and comparison, my personal choice is The Holy Bible, specifically the Ten Commandments. These have proven to be the best way for me to determine right from wrong. In my opinion, they are applicable to everyone.

These laws need to be brought to the attention of as many people as possible, but not forced on anyone, except those involving murder, libel, and theft. Situations require that each person thinks and decides which moral compass he or she chooses to follow and be prepared to live with the consequences.

### **Kiwanis Award**

by Joe Germana

Brian Shaffer of Twinsburg, Ohio received the "David B. Gillespie Award" at the 93rd annual Ohio Kiwanis District Convention in Sharonville, Ohio on August 14th. Pictured with Brian is his wife Kelly who presented it to him at the local Division 24 Meeting at the Busch Community Room in Parma on August 19th. The "Gillespie Award" is the highest honor bestowed by the Ohio District Governor for outstanding statewide work with "Service Leadership Programs" including the Key Leader weekend workshops, Key Club in High Schools, Builders Clubs in Middle Schools and, Kiwanis K-Kids in elementary level schools. Kiwanis is a global organization of 600,000 community volunteers in 80 countries with an emphasis of service and leadership training to children. Brian has also served this last year as Lieutenant Governor of the 24th Division of Kiwanis representing 425 local members with local chapters in Berea, BrecksWhat a privilege it is to live in America where we have the freedom of choice.

Many argue that the Ten Commandments may have been applicable thousands of years ago but certainly not today. The truth is that these laws have provided wisdom through the ages and are as applicable today as they were when first given to Moses and the Nation of Israel thousands of years before Christ. They are the very foundation of our moral code in determining right from wrong conduct. James Madison said, "We have staked the whole future of American civilization not upon the power of government- far from it. We have staked the future of all of our political institutions upon the capacity of each and all of us to govern ourselves, to control ourselves, to sustain ourselves according to the Ten Commandments of God.

The Ten Commandments can be divided into two groups. The first four tell us how to love God. The remaining six tell us how to love and enhance our relationships with one another. God spoke these words saying:

1. You shall have no other gods before me. No deity real or imagined is to rival the one true God; not worshipping one's interest, time, talent, treasure.

2. You shall not make for yourself an idol. Do not worship false gods: carved images, sculptures, statues, pictures, culture and trends, because God is invisible and worshipped in spirit. An additional danger is that this example will be transmitted through parents, to their children and to those of future generations.

3. You shall not take the name of the Lord your God in vain. Do not curse, swear or show lack of reverence for the name of God.

4. Remember the Sabbath day by keeping it holy. "Six days shall you work, but the seventh day is a sabbath to the



Lord your God." It's a day of rest and spiritual rejuvenation. Also, this is a matter of exercising self-discipline. If people aren't content working six days, chances are they won't be content working seven.

5. Honor your Father and your Mother. Parents must teach their children to respect, honor and obey them. they can't and won't do it on their own. Parents need to realize that they represent God in their children's eyes and try their best to live lives worthy of their children's deepest respect and reverence. It is imperative that children be taught obedience to their parents.

6. You shall not murder. Do not inflict loss of life by illegal means. Jesus raised this commandment to a new level when he said, "You shall love your neighbor as yourself." When we fail to do this, we commit mental murder.

7. You shall not commit adultery. As a married person, do not commit acts of sexual unfaithfulness. Adultery "murders" a marriage. Fornication (sexual intercourse before marriage) is becoming epidemic among young people in today's society. Unfortunately, there is overt promotion by the culture of such behavior, enticing all to engage freely. This doesn't make it right. Society is paying a terrible penalty for breaking these moral laws: divorce, childre3n without love and guidance of both parents, abortion, unwanted children, sexual diseases, poverty, and more. Illicit sex before marriage is a wrong done to the future marriage and violates the commandment, just as adultery committed after marriage. God's laws are always for our own good and the good of those around us. When not obeyed, negative consequences are not far behind, especially for those who believe we reap what we sow.

8. You shall not steal. Do not take anything without permission that doesn't belong to you. This includes such things as cheating, fraud, false advertising, dishonest labor, and not treating others the way you want to be treated.

9. You shall not give false testimony against your neighbor. Do not be disloyal toward another by distorting the truth with intent to deceive. A lie by any other name is still a lie; white lie, black lie, half-truth, distortion, deception. Many people think it's OK to lie as long as nobody knows about it. This is like falling and breaking a bone and telling others that it didn't happen. The bone is still broken.

10. You shall not covet. Do not feel eny (especially painful envy) for possessions or relationships that belong to others, to the point that they control you rather than the other way around. since coveting is not illegal, people are free to choose. when desire and envy are not kept in check, they become our gods and supersede the God of the Bible. Those who take coveting to an extreme are seldom (if ever) satisfied.

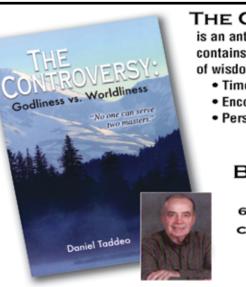
The Ten Commandments are a combination of civil (legal) and moral laws. Commandments Six, Eight and Nine are civil laws enforced by the State. The other seven are moral laws followed by believers of the Bible but not enforced by the State. It doesn't make one category any less or more important than the other. This has become commonly known as "Separation of Church and State."

Jesus remained detached from politics (worldliness) "Render unto Caesar the things of Caesar and unto God (Godliness) the things of God." He was the first and only one to convey separation of Church and State and the United States became the first nation to actually practice it. History records that no other nation ever subscribed to separation of Church and State; they all left a trail of ruin, havoc, persecution, destruction and devastation.

Jesus summed up the Ten Commandments in one word- LOVE. When asked of all the commandments, which is the most important, he answered, "Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor (any person with whom you come in contact) as yourself. There is no other commandment greater than these. (Mark 12:30-31) God's promise is that those who live by these commandments will be blessed and be a blessing to to others. The choice is between Godliness and worldliness. "No one can serve two masters." It's like trying to go in two different directions at the same time- you

Brian & Kelly Shaffer Receive Kiwanis Honors

ville, Broadview Heights, Brooklyn, Brunswick, Independence, Middleburg Heights, Nordonia Hills, North Royalton, Parma, Parma Heights and Strongsville. For more information contact Public Relations Manager Joe Germana at 440-882-2012. end up going in circles and never reach your destination.



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### Seven Hills

## Love Thy Neighbor: Wildlife

#### by Lucy McKernan

Earlier this year, I witnessed the killing of a raccoon by a Seven Hills police officer. Believing this animal to be healthy, as well as knowing the circumstances surrounding the incident, I concluded it was a cruel and unnecessary act.

Regardless of your personal belief about wildlife/animals, what every homeowner and person should know -- and likely does not know -- are facts regarding "nuisance" wildlife trapping, including costly fees associated with repeat nuisance trapping/removal.

"Trapping of 'nuisance' wildlife often leads to wild animal babies being unintentionally orphaned," says Katherine McGill, founding member of the National Urban Wildlife Coalition.

"Any animal nesting around your house is likely a mother with young. It is critical not to separate a mother from her young, as the babies will starve to death and cause foul odors inside your house," McGill says.

Trapping isn't just deadly. Frequently, homeowners and businesses wind up paying more due to additional service calls. Trappers are notorious for not telling customers to cap chimneys and close off other entryways by spending a few bucks now to save hundreds later. And these are really simple deterrents anyone can learn about and implement in less than half a day.

Trapping also increases traffic accidents. According to McGill, "While it may seem a humane solution to trap and relocate a wild animal [not legal in Ohio, but homeowners actually are permitted to release wildlife back on their own property. The caveat is, you need to first make certain all animals have been humanely removed and all entryways closed off. Otherwise, a high mortality rate among relocated animals is the all-too-frequent result. Most relocated animals try desperately to search for home (or their babies) and end up being hit by cars or run out by resident animals."

Since the incident I witnessed, in addition to expressing concerns to council and the mayor's office, as well as attending a council meeting and sending informative wildlife handling tips to the city, the Seven Hills police department rewrote its official wildlife policy. This is a good start, but it reads so that each call or complaint still relies on "officer discretion." And officer discretion is exactly what caused the death of what was very likely a healthy, innocent animal deemed as "nuisance" by neighbors and the police, so more is needed. This is where your due diligence comes in. For instance, "It's vital to know it's not unusual for raccoons to be seen by day (often mother raccoons with nursing young forage day and night); one should not assume this alone is a sign of rabies," says Laura Simon, field director, Urban Wildlife Program. Ms. Simon has worked with raccoons for over 25 years. She authored a book on rabies-vector-species handling protocols that is used by state agencies throughout America.

According to Simon, "Killing healthy raccoons in springtime can actually create a human safety risk."

Also, according to the Fund for Animals, it's normal to see raccoons out and about during the day. That's because foraging mothers and young -- sometimes even those abandoned as a result of inhumane trapping -- are known to frequent porches, yards and other human habitat. You may even observe them "singing," or begging, or otherwise "uncharacteristically" unafraid. The March 9 case I witnessed involved a raccoon that, according to at least one police department employee, simply did not want to leave the porch area-- which doesn't explain how it came to be shot dead at least 40 feet from said porch area (or any structure), under a tree, and in the middle of the yard.

NONE OF THESE BEHAV-IORS INDICATE ILLNESS, RABIES, DISTEMPER, ETC. You are simply witnessing a wild animal acting normal within your human-made boundaries, boundaries existing only in our species-centric minds. McGill says, "Wildlife habitat gives way to our urban sprawl every day, forcing wildlife to adapt with great resourcefulness. The increased reports of wildlife sightings indicate to ethical experts that humans are obviously being accepted as part of their habitat now."

Back to our community. Modeled after the City of Eastlake's policy number 310.17 "animal complaints" -- created last year after an outraged resident complained after witnessing police officers there shoot a raccoon and left it half alive and gasping in a dumpster while trying to get back up -- Seven Hills policy also includes the recommendation that officers advise callers/complainants contact dispatch for trapper info. Knowing that "professional" trappers of raccoons, skunks and other "nuisance" wildlife routinely gas, drown and not always quickly or painlessly kill the animals, and that virtually no police department is adequately trained in humanely handling



all nuisance wildlife calls, homeowners need to know they are better suited to make life-and-death decisions by being proactive along every step; don't just look the other way after calling police or trappers. This life and death matter is on you, every step of the way.

To my knowledge, and to the knowledge of the League of Humane Voters in Ohio, none of the trappers registered with Seven Hills would be considered "humane" -- not by anyone's stretch of the imagination. Add to this the fact that our very bottom of the barrel state wildlife agency refuses to allow releasing wildlife anywhere except your own property (and they don't even want us to know that, along with greedy, inhumane trappers). Add to this, the Ohio Division of Wildlife also does not allow raccoons, deer and certain other wildlife to be rehabbed, not even by very knowledgeable, educated, even licensed, rehabbers; yet, they cooperate with trappers and other money-makers by giving them carte blanch decision making power over the lives of millions, if not billions, of wild animals in our state alone! Fact is, you are allowed to release professionally trapped animals on your own property, making certain all animals have been removed and entryways closed off -- and it's cheaper than repeat trapping fees!

If you really want to be sure, and save some big bucks, McGill says, "The easiest way to remove wild babies is with assistance from the mother, and she will do that for you (and move on) with a little effort and patience. If she is killed or relocated, she can not. A human's ability to access those babies, dead or alive, often results in doing more structural damage than you feared the mother animal would cause." conflict. A reputable trapper or 'pest control company' knows this, and a red flag is up if they do not explain options beyond taking an animal away."

Contact a wildlife rehabber that is bona fide and checked out. "They can likely refer you to a reputable company if they can't talk you through handling the issue safely yourself," says McGill.

And just in case you have fears concerning rabies, consider there has not been a positive case of raccoon rabies in all of Ohio for over a year. And the last human case of rabies in Ohio was 1970!

If there has not been a case of human rabies in Ohio in forty years, and rabies from raccoons in Ohio (hence, no chance of any pets, etc. becoming bit and infected), then isn't it time the City of Seven Hills remove its giant "WANTED" raccoon poster (not surprisingly, donated from the DOW) from the police dept. lobby? The poster is four times larger than all the felon pictures!

Peaceful solutions are the only answer. In fact, consider the Public Trust Doctrine (PTD), recently invoked in five national wildlife officials' recommendations for sweeping changes in all state wildlife agencies; a very big deal indicating major change is on the way. PTD essentially asserts that all of wildlife belongs to everyone. So, next time your neighbor or anyone else tells you to mind your own business, and that they can do anything they want to an animal because it's on their property, remind them of the PTD. In fact, wildlife fit into that neat little category of being exempt from property boundaries.

If any wild animal "belongs" to any one individual, or MINORITY, SPECIAL INTEREST group of individuals, such as the seven percent of the population that hunts, or the other segment that profits off murdering these innocent creatures such as trappers, the PTD is inherently violated.

PTD recommends four paradigm shifts, one of which is to form a diverse group of stakeholders, because most states -- and Ohio is one of the worst, especially regarding deer -- are mired in special interest stakeholders, namely, hunters and trappers. Ever wondered how seven percent of the population manages to lord it over the majority, and all God's other creatures? From my perspective, all non-human species deserve even more protection, because they are the most vulnerable among us.

McGill says, "There are numerous methods to humanely resolve conflicts and coexist with urban wildlife. Besides, removing a wild animal simply lights a vacancy for another to move in . . . Eliminating the attractants, properly sealing entrances or creative modifications can resolve almost every

You can read the rest of this article online at http://parmaobserver.com



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### **Parma Heights**

## It's A Small World

#### by Gary Griffith

Did you know that I own a 1966 Pontiac GTO, a 1967 Chevelle SS 396, two 1969 Chevy Novas (1 stock, 1 modified dragster), a 1966 Penske racing Corvette, two motorcycles, two world famous dragsters called the 'Little Red Wagon' and the 'Hemi Under Glass', and about forty other cars, trucks, and vans and all of them are sitting in my basement? Did I mention that all my vehicles range in the scale of 1/24 – 1/8? Yep, I am a model builder enjoying the miniature world.

Model building is an exciting, fulfilling, and affordable hobby. By visiting local hobby shops or looking at the on-line stores, you will be amazed by the different types of models and subjects that are available. There are automotive, buildings, farm equipment, boats/ships, airplanes, figures, and even outdoor scenery and doll houses. There are models created out

### Parma Hts. Offers Fitness Classes

by Tom Moran

The Recreation Department will be offering a Beginner's Yoga class for adults consisting of eight (8) sessions for \$50. Classes will be held on Wednesday evenings from 7 PM-8 PM beginning Sept. 22. There will also be martial arts (a combination of karate, judo and jujitsu) classes for children ages 6-12 from 6 PM-7 PM and ages 13-18 from 7 PM-8 PM. Classes will be held on Thursdays beginning Sept. 23rd for eight (8) weeks at a cost of \$50. Class sizes are limited for both programs.

All programs will be held at N.E.O. Soccer in the Greenbrier Commons (6200 Pearl Rd.). You will need to register for classes at Parma Heights City Hall (6281 Pearl Rd.) Monday-Thursday, 9 AM-Noon or 3:30 PM-4:30 PM. We accept check or cash only, no debit/ credit cards. If you have any questions, call 440.884.9600 extension 37.

Tom Moran is the Recreation Director for the City of Parma Heights.

## License To Be Rude?

#### by Brian O'Donnell

As a native Parma resident returning from a work related change of residency out west, I found myself in the unique position of needing to swap my out of state drivers license for a new Ohio issued license. I stopped in the Chevy Boulevard BMV location after work on a Monday afternoon. Upon entering, I realized that half of the office was closed. I entered the door that was open and saw that I was one of only three customers in the office at that time. I went right to the clerk at the service desk, as there was no line and no one being currently waited on, and I informed the person behind the desk that I wanted to change my Nevada license to an Ohio license. I was immediately told in a discourteous way that I was in the wrong office. She told me that she deals with reinstatement cases only and that the office that I needed was next door, and was closed on Mondays. When I asked for information regarding the transaction that I hoped to have done, I was told "I have know idea what you need, I only deal with license reinstatement." "Well are there any paperwork or pamphlets you could give me explaining the process?" I asked. "I only deal with reinstatements, you'll have to come back tomorrow." I was floored by this response from this person. She spoke to me in a tone and manner that seemed to project that she was proud of her indifference and blissfully ignorant. After all, I was in an Ohio License Bureau posing a question about obtaining an Ohio drivers license. I was not seeking advice on open heart surgery, or the best way to keep my tomato plants insect free. Suddenly, an obnoxious telephone encounter with a customer service rep in India seemed like a pleasure when compared to dealing with this insolent government employee. Although I was appalled and upset, I did not ask for a manager or confront this most unhelpful and uncaring worker. I simply left the office and called my old friend Dan Hughes.

Dan is a firefighter in a Cleveland suburb who also happens to be the proprietor of another area license bureau. Dan seemed to know the information that I needed right off the top of his head. I would need my out of state license, my social security card or a notarized copy of my birth certificate. With these documents I would be able to take a 40 question test concerning Ohio driving laws and regulations. I would need to answer at least 30 out of 40 questions correctly. After completing the test on the computers located at the Chevy Boulevard location, I could then go to any license bureau with my old license, social security card, and proof of my new Ohio address, and be issued a new Ohio driver's license. Dan's location is on Olde York Road in Parma Heights, in the shopping center located across from the Police station. His office can issue new plates, and tags for vehicles, and with proper identification and paperwork he can also issue Ohio State ID cards and driver's licenses. Unfortunately, he is not able to administer testing, nor can he perform title and registration work. What Mr. Hughes does provide is helpful, friendly customer service. Something that seems to be lacking at the Chevrolet Boulevard location. In all fairness, upon returning to take my test I was treated fairly of plastic, wood, metal, even cardboard and paper. There are even models that use match sticks as a building medium (I have to try one of those!). I can safely say that every interest is covered in the miniature world.

Model kits come in an assortment of sizes (scales) such as 1/100th, 1/24th , 1/8th and so forth. The larger the scale, the larger the model. There are also four different building levels; level 1 requires no glue or paint (Snap kits), level 2 requires paint and glue and usually less than 100 parts (Easy Build), level 3 (most common) has more than 100 parts and requires paint, glue, and a little more patience and planning than the other two levels. Level 4 is the most challenging and can have an excess of 300 parts and may take over a year to build. The skill level four is not a local commodity. Although you will find them in local hobby shops, usually these kits are a special order item that easily cost \$100 - \$1,000.

Building a re-creation of something that interests you opens up a whole new world. You will find yourself doing research to make the model look as close to the real object as possible. You will start being creative by adding your own personal touches and increase the level of detail. Building an automotive model? How about adding spark plug wires or battery cables? Working on a model of a brick building? Add wooden window frames using match sticks, or put a crack or two in a window or sidewalk. You are only limited by your imagination (which puts me at a loss). The secret of an attractive model is in the details, bringing out the available details by painting or adding items that will make it look authentic.

and in a friendly and timely manner. However, the bad taste that I had in my mouth from my initial visit had not disappeared.

When I obtained my driver's license in Nevada, I don't recall being treated rudely at all. Does the Ohio Department of Motor Vehicles have standards of customer service performance that they expect their employees to live up to? Is it really so difficult just to treat every customer with the respect that a member of the public who pays your salary And that is the goal, looking as realistic as possible.

I Have to warn you that model building can become time consuming and somewhat addictive. But it can also become frustrating at times. You will need patience and more patience. There will be times when the model seems to have become impossible to build, or the parts just don't fit right. That is normal. Did I mention that building models will sharpen your logic and troubleshooting skills? It all becomes easier with experience and time. But save yourself some aggravation and make sure your first model is within your building skills. Start with an easy build (level one) and slowly work your way up the levels. If you think you will enjoy the modeling hobby, you have to buy models that interest you when you see them. They go out of production quickly and may not be available again for many years. An example is the models that I am currently working on are reproductions from the 1970 - 1980 time frame.

Did I spark an interest? I hope so. Although model building is not for everyone, you should at least give it a try. You will discover that it can be very rewarding and give a strong sense of accomplishment. But where do you start? Try visiting your local hobby shop and look around. Talk to the owners and ask questions. You will find that model building attracts some very friendly people that make you feel like you are part of a group and always have the time to talk modeling and provide any suggestions and help that you may need.

As they used to say to little Mikey, "Try it, you'll like it".

deserves? So perhaps that worker who was so happy to be unhelpful to me on my initial visit may want to drop in on Dan and his staff and see what customer service is all about. I also urge all citizens of the tri city area to patronize that location. Dan and his staff will be happy to answer your questions and help you with your transactions, even if the transaction are not handled by his office. He might even help you with advice about your tomato plants.



# Sports

# Joe The Coach- My View On Sports

#### by Joseph L. Finding

My thoughts for this month's article I suppose reflect these very hot days that our Parma area kids are putting in to get ready for this year's football season. I do not mean just the players, but also band members, cheerleaders, flag or pom-pom girls, and any others that I may have missed. My heart is with you, because I too put in all of those hot days during high school and my four years at Kent State University, but the big difference is that I didn't have to pay to participate all the way through high school, college, and try-outs that I had post-college.

I have been curious, so I spoke to the Athletic Directors from all of our public high schools, and I discovered that all of the high schools will field a football team this fall, and I think that's just great. I found out that the kids had to hold fundraisers in order to raise enough money for their teams. From what I gather, all will play a varsity schedule, but not all will be able to have a ninth grade team schedule. Only one team will be able to field a full schedule for freshman football, and I think that's too bad for the younger kids. The amount required for pay-to-play seems to differ from school to school. My personal view is that if they have paid to play then they should all share in the playing time equally. I am not going to mention the amount needed for each player because it differs from school to school, and I don't want anyone to be embarrassed in any one school. I also found out that only one of the schools will be able to field a full complement of fall sports, such as soccer, cross country, tennis, etc. Again, it's just my opinion, but hearing that really upsets me! There are just so many good kids that will be left out of playing entirely. I talked to a police officer recently, and he wondered just where do we think that these kids will be instead? I find it to be an embarrassment that the only school that will field a full complement of sports is in the area that usually votes our levies down.

I am a retired teacher/coach from another system for teaching, but I did coach for the Parma area schools, and mostly for no pay. All four of my children attended Parma area schools, where they did quite well, and all went on to college. Where will some of these kids who would like to participate in sports but can't afford it finally end up? The system is also cutting several academic programs, and that actually bothers me more than the cuts in sports. Yes, I am a Senior Citizen, but I'll be darned if I won't vote for a levy. Hell yes there has to be a better way to fund our schools, but first you have to get the deadbeat Supreme Court off of their butts and find the answers. I want to personally thank the school system for letting seniors into events for free, but I will probably be paying. From what I can see of the schedule, Normandy High School will play Madison High School at Byers Field on August 26, Parma High School will play Midpark High School at Byers Field on August 27, And Valley Forge High School will play North Olmsted High School in North Olmsted on August 27 also.

P.S. Please share your feelings about this with me- I would love to hear from you. coachjoe61@cox.net

## Stearns Homestead: A Unique Asset

#### by Debbie Sillett

The Homestead's having a wonderful summer with a growing interest. Lots of folks are coming to the farmers' market and the other events and exclaiming " I've lived here all my life and never knew this was here! WOW!" But what a lot of people are also not aware of now is about all of the dedicated people that have kept this treasure for the community going over the years. Our museums have been staffed over the years by volunteers to help keep the history of early Parma pioneers and its later rural community alive so that future generations can understand why and how this foundation of settlers was important, as well as seeing how they lived and worked through the seasons on a farm.

This farm is a real working farm in the middle of the city as much as is possible. But it has changed a bit since Mr. Earl Gibbs last had cattle grazing in the pastures. Now the pastures serve as a haven for a Horse Rescue program called REINS. The volunteers on this farm work to teach and involve children and adults with programs about the feeding and care of horses, chickens, goats, native American turkeys, sheep, rabbits and all the wildlife that abounds here. For all the programs that we wish to continue though, we need more volunteers to come and help.

If you have an interest in local history we could use a hand in putting our collections on computer, and in setting up displays throughout the seasons. Also, we need interested people to do tours of the houses for all the school groups that come by. If you can, we need help to acquire grants and funding, and website or public outreach. We need construction help and



materials for fixing a roof from 1855, several kinds of fencing and installation. A horse trailer is needed now to help transport the animals to different local events and the rescue program. We need help getting our cabin refitted with sewer, plumbing, lighting, tables, and cabinetry so that we can expand our programs to the public. If you are a woodworker, or in the metal

restoring trades, we have old farm machinery that needs work. If you can offer help dredging our pond or replacing trees for shade for the animals and the grounds, we would sure appreciate hearing from you. It will be because of the community that this jewel continues to shine. Please see our website at www. stearnshomestead.com for more contact information.

aneo





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### **Parma Cares**

### Caregiver's Kitchen: Balancing Nutrition With Changing Taste

#### by Patty Knox

Dad is frustrated these days. He can't always express what he's thinking, as the words come out garbled or in no way that makes sense. It is hard to watch him sputter and stutter while trying to get his thoughts out. As the disease rages on, it is clear that he realizes he is losing the ability to communicate. This is to be expected, a normal symptom of Alzheimer's. Steel yourself for it, smile and nod your head as though your cared for is making perfect sense. It will put them at ease again, and that is what matters most.

Dad has some rare days where he can talk about recollections with absolute clarity, but they are getting fewer and farther between. He only remembers World War II era and earlier, and only recognizes Mom, who went home to the Lord three years ago, when shown their wedding photo. Anything more recent, even complete family photos, seem to mystify him as he doesn't remember that we are all family. Rather than frustrate him further, we answer any questions he has patiently and try not to upset him by contradicting any erroneous notions.

It's enough for us that sometimes Dad remembers our names, & that he recognizes us and is happy to see us. His smile is almost heartbreaking. Even though my sister Jan is much younger than I am, we are similar height, body shape and hair color, so it's easy for Dad to confuse us for each other. We

# ALOHA! Seniors Enjoy A Day At The Islands At Their Annual Luau

#### by Judy Martins

Two hundred seniors, in their island finery, gathered at the Donna Smallwood Activities Center in August for their festive Annual Hawaiian Luau! The Center was positively "hanohano" with beautiful Hawaiian decorations, as were the merrymakers in their grass skirts, mumus, wild island shirts, colorful leis and crowns of flowers.

Their senior vaudeville dance group, The Raisin' Canes, gave hula demonstrations and led them in song and dance to "Tiny Bubbles," "Ukelele Lady" and "Lovely Hula Hands, which brought smiles and applause in response to the colorful luau show. After some lively solo numbers, the Canes led everyone in a Hawaiian chain dance with pom-poms, maracas and bubbles, ending in lines for the delicious island lunch. They hugged, sang and danced away the afternoon to the music of Eric Nolkamter. The seniors love the music and love to dance! They whirled to the waltz, swing, tango and Latin dances so popular now, and lively line dancers circled the floor. Those who weren't dancing were tapping their toes, singing and enjoying the island atmosphere and the beautiful melodies. After a delicious dessert and bowls of punch, many happy party goers were awarded prizes-lovely centerpieces and extra special raffle gifts. A truly fun and exciting way to spend a summer afternoon! The Smallwood Center hosts a dance on the second Wednesday of every month. Everyone is anticipating the gala party and dance on September 15th celebrating the 45th anniversary of the Center. It will feature a delicious lunch and dance music by Mike Jacobs. On October 13th is their Octoberfest with dancing to the music of Frank Cardone. November 10th brings the annual Turkey Trot with music by Glen Toth and December 8th is the Christmas Gala at St. Vladimir's Church with music by Al Battistelli. Advance tickets are required for these parties, and may be purchased at the Center. You can

buy single tickets or reserve tables for your group and look forward to a fun and exciting day filled with good food, good music and wonderful company!

If you are over 55 years of age, come to the Center any weekday between 8:00 and 4:00. Located at 7001 West Ridgewood Drive, it's behind City Hall, just up the hill at the first light east of Ridge. All seniors are welcome! JoAnn Mason, Director of the Center, or one of the friendly, capable staff will be happy to show you around. Join them for lunch every weekday at noon, and take part in any of the many fun and informative activities on the schedule every day! They offer line dancing, group singing, pinochle, bridge, chess, pool, computer classes, support groups, conversation groups, quilting, crafts, senior exercise, Wii leagues, Bingo, parties, dances, trips, advice on health coverage and programs available to seniors, and so much more. They are even starting a band! There are special days for free blood pressure and health screenings and interesting and informative presentations by many senior-related providers. They also offer home delivered meals and bus transportation programs. (Call 440.885.8143 for bus details) Stop in let that slide, rather than correct him. The blessing is that he still usually realizes that we're not strangers. He used to always recognize the grandkids, but his grandson Paul found himself kicked out on the porch one day when Dad, halfway through the afternoon, suddenly forgot who he was while I was out grocery shopping. Thank God for cell phones! I was able to return quickly and help Dad to understand that it was OK, Paul is my son & his grandson. Then he wanted to know who I was! When I pulled out my driver's license to show him (my maiden name is listed as my middle name), he finally relaxed and believed me, even though he still insisted that he had no children.

Dad has no doubt that he is King of his Castle, and keeps his own hours. I can remember hearing my Mom say, "You know how stubborn your father is!" Dad refuses to go to sleep until my brother Donny comes home from work, even though Donny works second shift. Dad lives for when Donny gets home, delighting in the manly companionship of watching TV together. Dad loves CNN, because he uses the closed-captioning to help figure out what's going on in the world. He has salty comments for various politicians he dislikes. We just go along with whatever he says. It makes him happy.

Late night bites for the guys are part of the ritual. Dad's TV tray had better not be empty, or I'm in trouble! Trying to find something nutritious that will

still be a finger food size snack takes some subterfuge to disguise some midnight veggies. Bumper crop zucchini is still everywhere. But Dad doesn't like to chew anymore, and he's a choke risk. Plus he doesn't want to eat anything that isn't sweet, & he loves chocolate. (If not watched carefully, he'd polish off a whole Whitman Sampler in one sitting!) What to do? Zucchini Chocolate Chip Sweet Bread is a way to disguise the green tribble & get its fiber and nutritional impact into your caredfor, chased by a cup of decaf coffee or tea. Perfect for breakfast, treat or dessert, it is also one that you can enjoy or serve to visitors.

Zucchini Chocolate Chip Sweet Bread

Grate 2 cups zucchini (yes, the skin, too; dark green means big nutrition! watch your knuckles and your fingernails), add 3 cups flour, a pinch salt,  $\frac{1}{2}$ teaspoon baking powder, 1 teaspoon baking soda, 1/2 teaspoon cardamom, 1/2 teaspoon nutmeg, 1 cup chocolate chips (milk or semi-sweet, your preference) and stir to combine. In a separate bowl, beat 3 eggs or equivalent amount of Egg Beaters, 1 cup applesauce, <sup>1</sup>/<sub>2</sub> cup sugar, 1 teaspoon vanilla. Add to zucchini & stir. Pour into 5 small foil loaf pans filling only 3/4 full (unless you like scouring) & put on middle rack of preheated 350 degree oven 'til a toothpick inserted comes out clean, from 30 to 45 minutes. Let cool, turn out of pan, & slice with a serrated knife. (This freezes well. Wrap and freeze the other 4 or give as gifts.) Enjoy.

Thank you for reading, & good health to you. Please send comments or questions to alzheimerannie@yahoo.com or write to me c/o The Parma Observer.



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and pick up a copy of their 28-page monthly newsletter/magazine, The Center Line, for a complete listing of lunch menus, calendar of daily activities, party and trip listings, local events and great articles for seniors! Also, be sure to visit their colorful, musical website at www.smallwoodcenter.com. Stop in any weekday between 8:00 and 4:00 to meet old friends and make new ones. You'll be so welcome—and you'll be so glad you did!

Have a little spare time? The Smallwood Activities Center always needs volunteers! If you'd like to be part of this helpful, friendly group, please call 440.885.8800 for more information, or to ask any questions about this outstanding facility for seniors.

Judy Martins, Editor "The Center Line"

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### Parma Observer

## **Call Out The Hounds**

by Daniel P. McCarthy

Be it ever so humble, there are few things more All American than the beloved hotdog. What would a day spent watching America's Game be without at least one hotdog, perhaps smothered in Stadium mustard? When we find something to be spectacular, we don't shout "hamburger", or "pizza" do we? Cleveland has always been underrepresented when it comes to hot dog establishments, in my opinion. During my life in Parma, I don't recall even one hot dog joint, so I'm happy to say that now we have at least two: this article will focus on one of those.

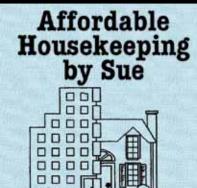
As you drive on West 130th. St. past Southland Shopping Center, across the street is a smaller strip shopping center, and in the middle of the parking lot you will notice a tiny, colorfully decorated building. Don't be deceived by the tiny size of this place- this is the one and only Hounds Hot Dogs (so far). Gus Likos and his wife Teresa started this business in 2009. It has been nothing but hard work, as running a small local business always is, but the benefits of that struggle are already obvious to behold, as a steady stream of customers pull up to this delightful drive-up eatery, and they all drive away with the look of sheer anticipation on their faces.

Gus insists on selling only allbeef hotdogs, and for those who don't know, there is a major distinction between "beef hotdogs" and all-beef hotdogs. Just try a "beef hotdog" and compare it to an all-beef hotdog, and the difference will be obvious. So much more is on the menu here. There are Polish boys, Italian sausage with grilled onions and peppers, Gyro with homemade tzatziki sauce that you just won't believe. Soup, chili, multiple side dishes, beverages, and even old fashioned ice cream- they've got it all! Something else which is unique is that they feature daily specials which change from month to month. On a Wednesday for example, you can experience a Jumbo Pulled Pork Sandwich with potato salad for a paltry \$5.75. I could go on and on. Because of the small size of their



the cucumbers in the gyro sauce to the kind of mustard on the all-beef hotdogs, incredible care goes into every aspect of what they sell. The proof of how effective this wise strategy is became obvious to me when I witnessed one customer after another drive up to the double windows, and every one of them greeted Gus and Teresa like they were family. Every customer seems to have their favorite item; Melissa from Parma told me that her husband, a truck driver, goes completely out of his way on his route during lunch just so he can get the Italian sausage (let's hope his boss is not reading this).

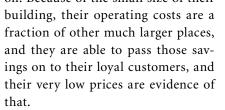
Like most immigrants who come to the United States, Gus has an extremely interesting story. He was born in Piraeous, Greece, a port city near Athens. It seems that his parents owned and operated a legendary Greek/French restaurant in



Africa, and when a dictator took over the country, they were forced to flee, literally with the clothes on their backs. They came to America, where they had to start all over again from scratch. Gus moved here in 1973, and he studied engineering at Tri-C. His cousins were already established in the hot dog business in downtown Cleveland, where they operated many hot dog carts. Gus became involved then, and before you know it, many years passed and he was fully committed to the business.

Hounds Hot Dogs is a truly local business, my favorite kind of business to promote in this hyper-local paper, and you can be assured that when you spend your money here, you are eyeball to-eyeball with the owner, the quality of the food is just spectacular, and the money that you spend will not be whisked away to some far off corporate headquarters, but more rather will stay here where it can do the most good for our community. We are indeed very fortunate to have small businesses like this in our own community, and it has been my extreme pleasure to support them, and I urge you to do the same. The address is 6851 W. 130th. St., and they are open until 7:00 p.m. They can be reached at 216-235-7085.





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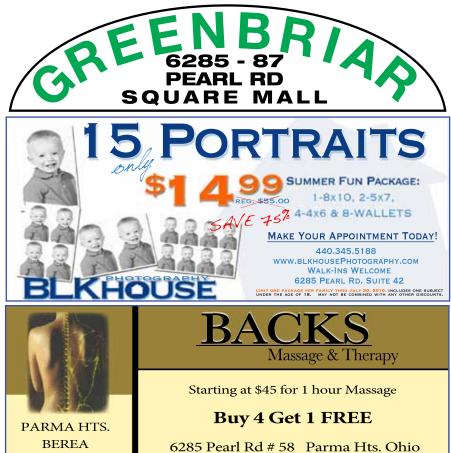
lding, their operating costs are a ction of other much larger places, l they are able to pass those sav- s on to their loyal customers, and ir very low prices are evidence of t. First and foremost, they are olutely obsessed with the quality he ingredients in their food. From	Homes, Kitchens, Baths, Bed, Family, Dinning, and Living Rooms Or at your business Pet Services Available (216) 407-4463 (216) 475-6503 cleaningbysue@att.net
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### Parma's Dogs Take A Swim



Parma celebrates the closing of Walter's Grove Pool with their annual Doggie Swim, which allows the dogs to swim in the pool with their owners. I always love this fun event for dogs and their owners. Good work Parma City Hall and Rec Dept..

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